

2023 CATALOGUE



Superior Quality Enzyme-linked Immunosorbent Assays

Manufacturing Innovative IVD for the World Since 1973

#### Introduction

DBC was founded in 1973 by a partnership of medical doctors with the initiative to research, develop and market quality radioimmunoassay kits and reagents. As technology in the field progressed, the founders of DBC recognized the need to develop simple and non-isotopic kits for our customers. With a strong research initiative, DBC successfully converted from RIA to the ELISA and LIA technologies of today.

We have been exporting our products to customers around the world for over 48 years. As a leader in the industry, it has always been our goal to offer a wide range of test kits and continually introduce new and unique products to the market place. It is our strong commitment to research and development that has enabled us to offer an everexpanding array of quality products.





This document contains information for all of our ELISA kits currently for sale. Click on a kit name in the Table of Contents to jump directly to that kit. Reference numbers listed on each page link to corresponding kits on our website www.dbc-labs.com.

Please contact us for any additional information about our products, or to learn how to order.



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### **DBC ELISA** Kits



| 3a-Diol G     17a-Hydroxyprogesterone     25-Hydroxyvitamin D  | CAN-P-400                                 |
|--|---|
| Adiponectin  | CAN-ALD-500<br>CAN-AD-208<br>CAN-ATG-4150 |
| B2-Microglobulin   | CAN-B-4300                                |
| C-Peptide  | CAN-CRP-4360<br>CAN-HCG-4120<br>CAN-C-240 |
| Dehydroepiandrosterone (DHEA)                                  | CAN-DHS-480                               |
| Estradiol Estriol, Free Estriol, Free Estrogens, Total Estrone | CAN-E-620<br>CAN-E-640<br>CAN-E-630       |

### Manufacturing Innovative IVD for the World Since 1973

| FerritinFollicle Stimulating Hormone (FSH)                      |                |
|---|----------------|
|   |                |
| Growth Hormone (hGH)  | .CAN-GH-4070   |
| Insulin-Like Growth Factor Binding Protein-1 (IGFBP-1)          | . CAN-IGF-4140 |
| Leptin  |                |
| Luteinizing Hormone (hLH)                                       | .CAN-LH-4040   |
| Plasma Renin Activity (PRA)                                     |                |
| Pregnenolone  |                |
| Progesterone Saliva   |                |
| Progesterone Serum  |                |
| Prolactin   |                |
| Prostate Specific Antigen, Free                                 |                |
| Prostate Specific Antigen, Total                                | .CAN-1P5A-4500 |
| Resistin  | .CAN-RSN-4000  |
| Sex Hormone Binding Globulin (SHBG)                             | .CAN-SHBG-4010 |
| Testosterone Saliva   |                |
| Testosterone Serum  |                |
| Testosterone, Free  |                |
| Thyroid Stimulating Hormone                                     |                |
| Thyroxine, Free (FT4)   |                |
| Thyroxine, Total (T4)   |                |
| Triiodothyronine, Free (FT3)                                    |                |
| Triiodothyronine, Reverse (RT3)<br>Triiodothyronine, Total (T3) |                |
| Trilodottiyi olillie, Total (To)                                | . UAI1-10-7220 |

















#### $5\alpha$ -Androstane- $3\alpha$ ,17β Diol Glucuronide

### $(3\alpha-Diol G)$

REF CAN-DG-460

ELIS

#### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50 µL of each calibrator, control and specimen sample.



Pipette 100  $\mu$ L of the conjugate working solution into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 150  $\mu L$  of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

**5α-Androstane-3α**, **17β-diol glucuronide** is a C19 steroid and is either abbreviated as  $3\alpha$ -Diol G,  $5\alpha$ -Diol G or simply,  $\alpha$ -Diol G. It is produced mainly as a metabolite of testosterone and dihydrotestosterone (DHT). It is largely produced in target peripheral tissues such as the skin, especially around hair follicles. The stimulation by large amounts of  $3\alpha$ -Diol G leads to excessive hair formation, notably where hair is not normally present in women.

In recent years the interest in the measurement of this steroid has increased among clinical investigators studying women suffering from idiopathic hirsutism.

Among the steroids known to be precursors for  $3\alpha$ -Diol G are dehydroepiandrosterone (DHEA), dehydroepiandrosterone sulphate (DHEAS), dihydrotestosterone (DHT), androstenedione and testosterone. Only  $3\alpha$ -Diol G has been shown to increase with hirsutism and decrease with treatment. This correlation has also been demonstrated in patients with polycystic ovarian syndrome (PCO).  $3\alpha$ -Diol G determinations have therefore proved to be a useful indicator in a variety of ways including monitoring the progress of treatment of idiopathic hirsutism and women with PCO.

Furthermore, diabetic patients (both men and women) under cyclosporine A therapy have shown increased  $3\alpha$ -Diol G levels, a side effect resulting in the appearance of hair in previously hairless areas.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of  $3\alpha$ -Diol G in the sample. A set of

2.5 2 1.5 0 0 0.25 1 3 10 50 3α-Diol G (ng/mL) standards is used to plot a standard curve from which the amount of  $3\alpha$ -Diol G in patient samples and controls can be directly read.

Typical calibration curve

#### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct  $3\alpha$ -Diol G ELISA kit is **0.1 ng/mL**.

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct  $3\alpha$ -Diol G ELISA kit with  $3\alpha$ -Diol G cross-reacting at 100%.

| Compound        | % Cross-Reactivity |
|-----------------|--------------------|
| 3α-Diol G       | 100                |
| Testosterone    | 0.2                |
| Progesterone    | 0.16               |
| Androstenedione | 0.14               |
| Cortisol        | 0.05               |

The following steroids were tested but cross-reacted at less than 0.01%: Corticosterone, Dehydroepiandrosterone, Dihydrotestosterone, Epiandrosterone,  $17\beta$ -Estradiol and Estrone.

#### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 0.87  | 0.07 | 7.8  |
| 2      | 6.86  | 0.49 | 7.2  |
| 3      | 21.26 | 1.29 | 6.0  |

#### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 0.98  | 0.10 | 10.4 |
| 2      | 7.05  | 0.46 | 6.5  |
| 3      | 20.92 | 2.26 | 10.8 |

#### **RECOVERY**

Spiked samples were prepared by adding defined amounts of  $3\alpha$ -Diol G to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                 | Observed<br>Result               | Expected<br>Results          | Recovery %                  |
|--|----------------------------------|------------------------------|-----------------------------|
| 1 Unspiked<br>+ 0.5<br>+ 5.0<br>+ 15.0 | 0.67<br>1.07<br>4.99<br>12.66    | -<br>1.17<br>5.67<br>15.67   | 91.4<br>88.0<br>80.8        |
| 2 Unspiked<br>+ 0.5<br>+ 5.0<br>+ 15.0 | 1.83<br>2.07<br>6.18<br>17.64    | 2.33<br>6.83<br>16.83        | -<br>88.8<br>90.5<br>104.8  |
| 3 Unspiked<br>+ 0.5<br>+ 5.0<br>+ 15.0 | 12.76<br>15.32<br>19.22<br>22.68 | -<br>13.26<br>17.76<br>27.76 | -<br>115.5<br>108.2<br>81.7 |

#### **LINEARITY**

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result            | Expected<br>Result        | Recovery %                 |
|------------------------|-------------------------------|---------------------------|----------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 6.24<br>2.83<br>1.55<br>0.74  | -<br>3.12<br>1.56<br>0.78 | 90.7<br>99.4<br>94.9       |
| 2<br>1:2<br>1:4<br>1:8 | 13.55<br>6.00<br>2.71<br>1.70 | -<br>6.77<br>3.39<br>1.64 | -<br>88.6<br>80.0<br>103.6 |
| 3<br>1:2<br>1:4<br>1:8 | 17.05<br>6.93<br>4.09<br>2.34 | 8.53<br>4.26<br>2.13      | -<br>81.2<br>96.0<br>109.8 |

#### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | Range (ng/mL)                       |
|--|-------------------------------------|
| Males  | 1.53–14.82                          |
| Females Premenopausal<br>Postmenopausal<br>Puberty | 0.22–4.64<br>0.61–3.71<br>0.51–4.03 |







## $17\alpha$ -Hydroxyprogestone ( $17\alpha$ -OHP)

7α-OHP)
REF CAN-P-400

#### **ASSAY PROCEDURE**





Bring kit components to room temperature. Mix gently by inversion. Prepare working solution.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 150 μL of 17α-OHP-HRP conjugate.



Gently shake the microplate by hand for 10 seconds.



Incubate for 1 hour at room temperature (without shaking).





Wash 3 times. Pipette 150 µL of TMB substrate into each well.



Gently shake the microplate by hand for 10 seconds.



Incubate for 15–20 minutes at room temperature (without shaking).





Pipette 50 µL of stopping solution into each well. Gently shake the microplate for 10 seconds.



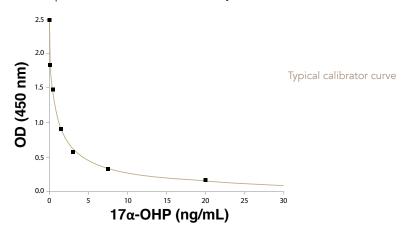
Read the plate on a microplate reader at 450 nm.

**17** $\alpha$ -hydroxyprogesterone is produced by the adrenal cortex and gonads. 17 $\alpha$ -OHP has little progestational activity, but has intense clinical interest because it is the immediate precursor to 11-desoxycortisol, which is produced by the 21-hydroxylation of 17 $\alpha$ -OHP. Measurement of 17 $\alpha$ -OHP is, consequently, a useful indirect indicator of 21-hydroxlase activity.

In congenital 21-hydroxylase deficiency, the most common variety of congenital adrenal hyperplasia (CAH),  $17\alpha$ -OHP is secreted in abundant excess. Measurement of  $17\alpha$ -OHP is therefore valuable in the initial diagnosis of CAH.

#### PRINCIPLE OF THE TEST

DBC's  $17\alpha$ -Hydroxyprogesterone ( $17\alpha$ -OHP) ELISA is a competitive enzyme immunoassay. Competition occurs between the antigen (present in standards, controls and patient samples) and an enzyme-labelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. After samples and conjugate have been incubated for one hour, washing of the microplate removes unbound materials and an enzyme substrate that generates colour is added. The enzymatic reaction is terminated by addition of stopping solution. The optical density, measured with a microplate reader, is inversely proportional to the concentration of  $17\alpha$ -OHP in the sample. A set of standards is used to plot a standard curve from which the concentration of  $17\alpha$ -OHP in patient samples and controls can be directly read.



#### SENSITIVITY

The limit of detection (LoD) was determined from the analysis of 60 samples of the blank and a low concentration sample in two independent experiments and it was calculated as follows:

 $LoD = \mu B + 1.645\sigma B + 1.645\sigma S$ 

Where  $\sigma B$  and  $\sigma S$  are the standard deviation of the blank and a low value sample and  $\mu B$  is the mean value of the blank. The LoD was determined to be **0.051 ng/mL**.

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the  $17\alpha$ -OHP ELISA kit with  $17\alpha$ -OHP cross-reacting at 100%.

| Steroid                 | % Cross-Reactivity |
|-------------------------|--------------------|
| 17α-Hydroxyprogesterone | 100                |
| Progesterone            | 1.7                |
| 11-Desoxycortisol       | < 0.25             |
| DHEA                    | < 0.25             |
| DHEAS                   | < 0.25             |
| Cortisol                | < 0.25             |
| Cholesterol             | < 0.25             |
| Pregnenolone            | < 0.25             |
| Pregnenolone-SO4        | < 0.25             |
| Prednisone              | < 0.25             |

#### **INTERFERENCE**

Serum samples with varying levels of  $17\alpha$ -OHP were tested after spiking with potential interfering substances at levels that exceed the highest found concentration in serum. To calculate the % of interference, results were compared to the same serum samples with no extra substances added. The following substances were tested and did not show significant interference in the assay: hemoglobin up to 2 g/L; bilirubin conjugated and free up to 10 mg/dL; triglycerides up to 5 mg/mL; rheumatoid factor up to 1.2 IU/mL; HAMAS 1.2 µg/mL.

#### **COMPARATIVE STUDIES**

The DBC  $17\alpha$ -OHP ELISA kit (y) was compared to a higher level test (RIA) (x). The comparison of 49 serum samples yielded the following linear regression results:

y = 0.83x + 0.13, r = 0.99

#### **PRFCISION**

Six samples were assayed in duplicate in 40 independent experiments ran by two operators during 10 days. The results (in ng/mL) are tabulated below:

| Sample | Mean     | Within<br>Run SD | Within<br>Run CV | Total<br>SD | Total<br>CV |
|--------|----------|------------------|------------------|-------------|-------------|
| 1      | 0.685061 | 0.026898         | 3.9%             | 0.107806    | 15.7%       |
| 2      | 4.30577  | 0.19803          | 4.6%             | 0.63436     | 14.7%       |
| 3      | 7.14774  | 0.27497          | 3.8%             | 0.86208     | 12.1%       |
| 4      | 8.64947  | 0.42710          | 4.9%             | 1.04203     | 12.0%       |
| 5      | 10.14976 | 0.39541          | 3.9%             | 1.37120     | 13.5%       |
| 6      | 15.0621  | 0.6751           | 4.5%             | 1.6217      | 10.8%       |

#### **LINEARITY**

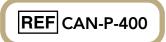
Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample | Observed Result | Recovery % |
|--------|-----------------|------------|
| 1      | 15.75           | -          |
| 1:2    | 9.14            | 116        |
| 1:5    | 4.03            | 128        |
| 1:10   | 1.69            | 107        |
| 2      | 13.55           | -          |
| 1:2    | 6.02            | 89         |
| 1:5    | 2.61            | 96         |
| 1:10   | 1.10            | 81         |
| 3      | 21.88           | -          |
| 1:2    | 12.66           | 116        |
| 1:5    | 5.54            | 127        |
| 1:10   | 2.55            | 116        |

#### EXPECTED VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group                    | N   | Median<br>(ng/mL) | 95% Confidence<br>Range (ng/mL) |
|--------------------------|-----|-------------------|---------------------------------|
| Children 3–12 years old  | 80  | 0.31              | 0.051–2.35                      |
| Children 13–17 years old | 80  | 0.72              | 0.13–1.85                       |
| Women < 40 years old     | 120 | 0.93              | 0.27-2.54                       |
| Women > 60 years old     | 120 | 0.43              | 0.094–1.02                      |
| Men 20–59 years old      | 240 | 1.60              | 0.37-2.87                       |





## 25-Hydroxyvitamin D [25(0H)D]

REF CAN-VD-510

#### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 25 µL of each calibrator, control and specimen sample. Pipette 150 µL of the incubation buffer into each well.





Tap the plate gently by hand for 10 seconds. Incubate at room temperature, in a dark place, for 60 minutes (no shaking).



Wash the wells 3 times with 300 µL/well of diluted wash buffer.



Pipette 150  $\mu L$  of the working conjugate solution.





Tap the plate gently by hand for 10 seconds. Incubate at room temperature, in a dark place, for 30 minutes (no shaking).



Wash the wells 3 times with 300 µL/well of diluted wash buffer.



Pipette 150 μL of TMB substrate into each well





Tap the plate gently by hand for 10 seconds. Incubate at room temperature, in a dark place, for 10–15 minutes (no shaking).





Pipette  $50 \,\mu\text{L}$  of stopping solution to each well. Tap the plate gently by hand for 10 seconds.



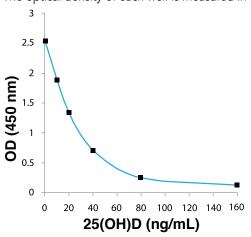
Read the plate on a microplate reader at 450 nm.

**Vitamin D** concentration in blood should be measured regularly to ensure that satisfactory physiological levels are maintained year round. Vitamin D is assimilated from food sources (both vitamin D2 and vitamin D3) or produced in the skin by sun exposure (vitamin D3). The body stores both vitamin D2 and vitamin D3 mainly in the form of 25-hydroxyvitamin D2 or 25-hydroxyvitamin D3 respectively. Therefore, the **best approach** to assess the physiological levels of vitamin D is to analyze the total concentration of **both** hydroxylated forms.

This kit measures the total concentration of both **25-hydroxyvitamin D2** and **25-hydroxyvitamin D3** (25(OH)D). The results are expressed in ng/mL.

#### PRINCIPLE OF THE TEST

DBC's immunoassay of 25(OH)D is a *sequential competitive assay* that uses *two incubations*, with a total assay incubation time of less than two hours. During the first incubation, unlabelled 25(OH)D (present in the standards, controls, serum and plasma samples) is dissociated from binding proteins such as vitamin D binding protein and binds to the anti-25(OH)D antibody immobilized on the microplate wells. A washing step is performed next. During the next incubation, the complex of 25(OH)D-biotin conjugate and streptavidin-HRP conjugate competes with antibody-bound 25(OH)D for antibody binding sites. The washing and decanting procedures remove any unbound materials. The TMB substrate is added next which reacts with HRP to form a coloured product. The intensity of the colour is proportional to the amount of immobilized HRP. Stopping solution is added next which stops the colour development reaction. The optical density of each well is measured in a microplate reader. The absorb-



ance values are inversely proportional to the concentration of 25(OH)D in the sample. A set of calibrators is used to plot a standard curve from which the concentrations of 25(OH)D in the samples and controls can be directly read.

Typical calibration curve

#### **SENSITIVITY**

The limit of detection (LoD) was determined from the analysis of 64 samples of the blank and a low value sample and it was calculated as follows: LoD =  $\mu$ B + 1.645 $\sigma$ B + 1.645 $\sigma$ S, where  $\sigma$ B and  $\sigma$ S are the standard deviation of the blank and low value sample and  $\mu$ B is the mean value of the blank.

LoD = 5.5 ng/mL of 25(OH)D.

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity using the Abraham method with 25(OH)D3 cross reacting at 100%:

| Antigen                   | % Cross-Reactivity |
|---------------------------|--------------------|
| 25 (OH)D3                 | 100                |
| 25 (OH)D2                 | 100                |
| 1,25 (OH) <sub>2</sub> D3 | 8.3                |
| 3-epi-25 (OH)D3           | 66                 |
| Vitamin D3                | < 1.0              |
| Vitamin D2                | < 1.0              |

#### INTERFERENCE

Interference testing was performed according to the CLSI guideline EP7-A2. Serum samples with varying levels of 25(OH)D were spiked with potential interfering substances at recommended levels and analyzed. Results were compared to the same serum samples with no extra substances added to calculate the % interference. The following substances were tested and did not show significant interference in the assay up to concentrations more elevated than the highest occurring levels: hemoglobin up to 7.5 mg/mL; bilirubin conjugated and free up to 200  $\mu$ g/mL; triglycerides up to 5.5 mg/mL; cholesterol up to 2.6 mg/mL; ascorbic acid up to 10 mg/mL, biotin up to 40  $\mu$ g/mL and caffeine up to 10  $\mu$ g/mL.

#### **PRECISION**

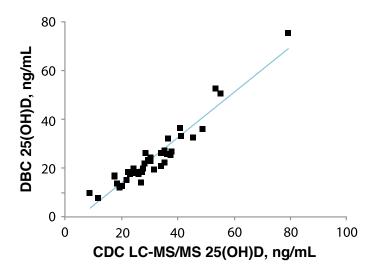
The precision study followed EP5-A3 and used a nested components -of-variance design with 21 testing days, two runs per testing day, and two replicate measurements per run (a 21 x 2 x 2 design) for each sample. Data was analyzed with a two-way nested ANOVA and summarized in the table below:

| Sample | Mean<br>(ng/mL) | Repeatability<br>SD | Repeatability<br>CV % | Within<br>Lab SD | Within<br>Lab CV % |
|--------|-----------------|---------------------|-----------------------|------------------|--------------------|
| 1      | 21.87           | 1.09                | 5.0%                  | 1.77             | 8.1%               |
| 2      | 36.57           | 1.01                | 2.8%                  | 3.17             | 8.7%               |
| 3      | 45.01           | 1.07                | 2.4%                  | 4.45             | 9.9%               |
| 4      | 60.25           | 2.82                | 4.7%                  | 6.21             | 10.3%              |

#### **COMPARATIVE STUDIES**

The DBC 25(OH)D ELISA kit (y) was compared to a higher level test (LC-MS/MS) (x). The comparison of 40 serum samples yielded the following linear regression results:

$$y = 0.93x - 4.68, r = 0.96$$



#### REFERENCE VALUES (SERUM/PLASMA)

As for all clinical assays each laboratory should collect data and establish their own range of reference values. Data presented here are from samples collected in Florida (USA) from putatively healthy Black, White and Hispanic individuals of both genders and between 20 and 60 years old. Population reference ranges for 25(OH)D vary widely depending on age, ethnic background, geographic location and season. Population-based ranges correlate poorly with serum 25(OH)D concentrations that are associated with biologically and clinically relevant vitamin D effects and are therefore of limited clinical value.

| N   | 25(OH)D Mean<br>(ng/mL) | 25(OH)D Median<br>(ng/mL) | 25(OH)D Range<br>(2.5 <sup>th</sup> –97.5 <sup>th</sup> percentile)<br>(ng/mL) |
|-----|-------------------------|---------------------------|--|
| 120 | 24.6                    | 23.5                      | 12.6–42.3  |

Results from the NHANES III study (1) yielded a mean of 30 ng/mL among 15,390 individuals.





## Adiponectin 5

REF CAN-APN-5000

#### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 50 µL of each calibrator, control and diluted specimen sample.



Pipette 100 μL of the monoclonal antiadiponectin-biotin conjugate into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash the wells 3 times.



Pipette 100  $\mu$ L of the streptavidin-HRP into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash the wells 3 times.





Pipette 150 µL of TMB substrate. Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 μL of stopping solution to each well.



Read the plate on a microplate reader at 450 nm.

**Adiponectin** is a hormone that modulates glucose regulation and fatty acid oxidation. It is secreted from adipose tissue and placenta into the bloodstream and represents 0.01% of all plasma protein. Adiponectin increases insulin sensitivity and decreases plasma glucose by increasing tissue fat oxidation.

Adiponectin concentrations correlate negatively with glucose, insulin and triglycerides (TG) concentrations, liver fat content and body mass index and positively with high density lipoprotein cholesterol levels, hepatic insulin sensitivity and insulin stimulated glucose disposal. Adiponectin levels decrease in patients with type 2 diabetes and in patients with coronary heart disease.

Adiponectin could be used as a marker for energy metabolism and body weight regulation, metabolic syndrome, type 2 diabetes, coronary artery disease, or atherosclerosis.

#### PRINCIPLE OF THE TEST

The principle of the adiponectin ELISA is a two-step sandwich enzyme immuno-assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for adiponectin is immobilized onto the microplate and another monoclonal antibody specific for a different epitope of adiponectin is conjugated to biotin. During the first step, adiponectin present in the samples and standards is bound to the immobilized antibody and to the biotinylated antibody, thus forming a sandwich complex. Unbound biotinylated antibody is removed by a washing. In the second step, streptavidin-HRP is added, which binds specifi cally to bound biotinylated antibody. Unbound streptavidin-HRP is removed by washing. Next, the enzyme substrate (TMB) is added. The colour intensity of the enzymatic reaction is directly proportional to the concentration of adiponectin. The absorbance is measured on a microplate reader at 450 nm. The concentration of adiponectin in samples and controls can be calculated from

of a plot of the standard

curve, either graphically or by using immunoassay software.

Typical calibration curve

Adiponectin (ng/mL)

#### SENSITIVITY

The limit of detection (LoD) was determined from the analysis of 60 samples of the blank and a low value sample and it was calculated as follows: LoD =  $\mu$ B + 1.645 $\sigma$ B + 1.645 $\sigma$ S, where  $\sigma$ B and  $\sigma$ S are the standard deviation of the blank and low value sample and µB is the mean value of the

LoD = **0.06** ng/mL of Adiponectin.

#### SPECIFICITY (CROSS-REACTIVITY)

The blank was spiked separately with 100 ng/mL of human leptin, human resistin, human TNF- $\alpha$  and IL-6 and 10 ng/mL of C-peptide. The signal obtained for each was compared to the signal of adiponectin at 10 ng/mL. % Cross-Reactivity = (Signal of substance tested/Signal of Adiponectin at 10 ng/mL) \*100

| Analyte   | Concentration (ng/mL) | % Cross-Reactivity |
|-----------|-----------------------|--------------------|
| Leptin    | 100                   | 0                  |
| TNF-α     | 100                   | 0                  |
| IL-6      | 100                   | 0.9                |
| Resistin  | 100                   | 0.1                |
| C-peptide | 10                    | 0                  |

#### **INTERFERENCE**

Interference testing was performed according to CLSI guideline EP7-A2. Serum samples with varying levels of adiponectin were spiked with potential interfering substances at recommended levels and analyzed. Results were compared to the same serum samples with no extra substances added to calculate the % interference. The following substances were tested and did not show significant interference in the assay: hemoglobin up to 0.25 g/L, bilirubin conjugated and free up to 85 μM, triglycerides up to 5.5 mg/mL and human serum albumin up to 60 g/L.

#### INTER-ASSAY PRECISION

Three samples were assayed 20 times each on the same calibrator curve. The results are tabulated below.

| Sample | Mean (µg/mL) | SD (µg/mL) | CV % |
|--------|--------------|------------|------|
| 1      | 6.59         | 0.36       | 5.5  |
| 2      | 11.92        | 0.55       | 4.6  |
| 3      | 36.82        | 2.75       | 7.5  |

#### INTRA-ASSAY PRECISION

Three samples were assayed in 20 different tests in the span of 20 days. The results are tabulated below.

| Sample | Mean (µg/mL) | SD (µg/mL) | CV % |
|--------|--------------|------------|------|
| 1      | 6.16         | 0.52       | 8.4  |
| 2      | 12.07        | 0.81       | 6.7  |
| 3      | 38.39        | 2.55       | 6.6  |

#### RECOVERY

Three patient serum samples were spiked by adding defined amounts of adiponectin to samples that were initially diluted 1:1000 in working dilution buffer. The results (in µg/mL) are tabulated below:

| Sample  | Observed Result                  | Expected Result              | Recovery %              |
|---|----------------------------------|------------------------------|-------------------------|
| 1 Unspiked<br>+ 5 μg/mL<br>+ 10 μg/mL<br>+ 20 μg/mL | 3.65<br>8.74<br>13.65<br>23.58   | -<br>8.65<br>13.65<br>23.65  | -<br>101<br>100<br>99.7 |
| 2 Unspiked<br>+ 5 μg/mL<br>+ 10 μg/mL<br>+ 20 μg/mL | 8.48<br>13.25<br>18.18<br>25.88  | 13.48<br>18.48<br>28.48      | 98.3<br>98.4<br>90.9    |
| 3 Unspiked<br>+ 5 μg/mL<br>+ 10 μg/mL<br>+ 20 μg/mL | 12.65<br>16.28<br>20.57<br>28.19 | -<br>17.65<br>22.65<br>32.65 | 92.2<br>90.8<br>86.3    |

#### LINEARITY

Three patient serum samples that were initially diluted 1:1000 were serially diluted further with working dilution buffer. The results (in µg/mL) are tabulated below:

| Sample                        | Observed Result               | Expected Result      | Recovery %           |
|-------------------------------|-------------------------------|----------------------|----------------------|
| Sample 1                      | 8.11                          | -                    | -                    |
| 1:2                           | 3.9                           | 4.06                 | 96.1                 |
| 1:4                           | 1.96                          | 2.03                 | 96.6                 |
| 1:8                           | 0.92                          | 1.01                 | 91.1                 |
| Sample 2<br>1:2<br>1:4<br>1:8 | 11.23<br>5.45<br>2.62<br>1.27 | 5.62<br>2.81<br>1.40 | 97.0<br>93.2<br>90.7 |
| Sample 3                      | 36.25                         | -                    | -                    |
| 1:2                           | 15.88                         | 18.13                | 87.6                 |
| 1:4                           | 7.53                          | 9.06                 | 83.1                 |
| 1:8                           | 3.73                          | 4.53                 | 82.3                 |

#### **COMPARATIVE STUDIES**

The DBC Adiponectin ELISA kit (y) was compared with a leading competitor ELISA kit (x). The comparison of 40 serum samples yielded the following linear regression results: y = 0.85x + 1.01, r = 0.98

#### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of reference values.

| Group     | N  | Mean (μg/mL) | 95% Confidence<br>Range (µg/mL) |
|-----------|----|--------------|---------------------------------|
| BMI < 25  | 50 | 9.7          | 3.4–19.5                        |
| BMI 25-30 | 50 | 7.1          | 2.6–13.7                        |
| BMI > 30  | 50 | 4.5          | 1.8–9.4                         |







### Aldosterone



**Diagnostics Biochem Canada** 

#### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare working solution.



Pipette 50 µL of each calibrator, control and specimen sample.



Pipette 100 µL of the aldosterone-HRP conjugate into each well.



Incubate on a microplate shaker for 60 minutes at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a microplate shaker for 20 minutes at room temperature.





Pipette 50 μL of stopping solution. Gently shake the microplate by hand to mix.



Read the plate on a microplate reader at 450 nm.

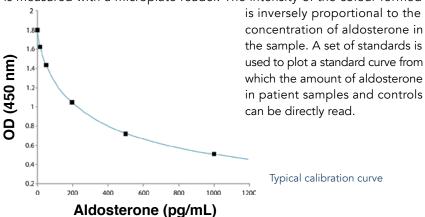
Aldosterone is a potent mineralocorticoid whose synthesis and release are controlled by the renin-angiotensin system of the body. Aldosterone promotes the reabsorption of sodium in the distal tubules of the kidney resulting in potassium secretion along with sodium retention, which controls the circulating blood volume. Chronic overproduction and secretion of aldosterone leads to hypertension.

> Measurement of aldosterone levels in serum in conjunction with plasma renin activity levels can be used to differentiate between primary and secondary aldosteronism.

| CONDITION               | SERUM<br>ALDOSTERONE | PLASMA RENIN |
|-------------------------|----------------------|--------------|
| Primary Aldosteronism   | High                 | Low          |
| Secondary Aldosteronism | High                 | High         |

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate wells. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured with a microplate reader. The intensity of the colour formed



Typical calibration curve

#### **SENSITIVITY**

The limit of detection (LoD) was determined from the analysis of 60 samples of the blank and a low value sample and it was calculated as follows:

LoD =  $\mu$ B + 1.645 $\sigma$ B + 1.645 $\sigma$ S, where  $\sigma$ B and  $\sigma$ S are the standard deviation of the blank and low value sample and  $\mu B$  is the mean value of the blank.

The Limit of Detection (LoD) was determined to be 9.1 pg/mL.

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with aldosterone cross-reacting at 100%:

| Steroid                | % Cross-Reactivity |
|------------------------|--------------------|
| Aldosterone            | 100                |
| Androsterone           | 0.01               |
| Cortisol               | 0.01               |
| Dihydrotestosterone    | 0.01               |
| 11-Deoxycorticosterone | 0.075              |
| Testosterone           | 0.009              |

The following compounds were tested and cross-reacted at less than 0.001%: Caffeine, Cholesterol, Cortisone and DHEAS.

#### INTERFERENCE

The following substances were tested and did not show significant interference in the assay: hemoglobin up to 4 g/L, bilirubin conjugated and free up to 125 mg/L and triglycerides up to 30 mg/mL.

#### INTRA-ASSAY PRECISION

Four serum and four urine samples were assayed 24 times each on the same calibrator curve. The results are tabulated below:

| Mean (pg/mL)  | SD (pg/mL)                      | CV %  |
|---------------|---------------------------------|---|
| 81.2          | 7.6                             | 9.4   |
| 284.5         | 25.9                            | 9.1   |
| 403.0         | 22.2                            | 5.5   |
| 529.5         | 36.5                            | 6.9   |
| Mean (pg/mL)  | SD (pg/mL)                      | CV %  |
|               |                                 |   |
| 41.2          | 5.1                             | 12.5  |
| 41.2<br>335.8 | 5.1<br>24.9                     | 12.5<br>7.4   |
|               | 81.2<br>284.5<br>403.0<br>529.5 | 81.2       7.6         284.5       25.9         403.0       22.2         529.5       36.5 |

61.4

865.8

#### INTER-ASSAY PRECISION

Five serum samples were assayed in 20 different tests in the span of at least ten days. The results are tabulated below:

| Sample | Mean (pg/mL) | SD (pg/mL) | CV % |
|--------|--------------|------------|------|
| 1      | 80.8         | 10.4       | 12.8 |
| 2      | 209.0        | 22.5       | 10.7 |
| 3      | 454.5        | 51.9       | 11.4 |
| 4      | 677.3        | 79.1       | 11.7 |
| 5      | 902.3        | 68.4       | 7.6  |

#### I INFARITY

Patient serum samples were diluted with Serum and Plasma Diluent. Patient urine samples were diluted with Urine Diluent after an initial dilution of 1:10 in Urine Diluent. The results are tabulated below:

| Serum<br>Sample        | Obs.<br>Result<br>(pg/mL)        | Exp.<br>Result<br>(pg/mL) | Recovery<br>%           | Urine<br>Sample        | Obs.<br>Result<br>(pg/mL)       | Exp.<br>Result<br>(pg/mL) | Recovery<br>%               |
|------------------------|----------------------------------|---------------------------|-------------------------|------------------------|---------------------------------|---------------------------|-----------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 241.8<br>127.8<br>65.0<br>31.6   | 120.9<br>60.5<br>30.2     | 105.7<br>107.6<br>104.5 | 1<br>1:2<br>1:4<br>1:8 | 320.1<br>178.7<br>92.8<br>34.1  | 160.1<br>80.0<br>40.0     | -<br>111.7<br>116.0<br>85.1 |
| 2<br>1:2<br>1:4<br>1:8 | 840.8<br>456.7<br>217.1<br>125.0 | 420.4<br>210.2<br>105.1   | 108.6<br>103.3<br>118.9 | 2<br>1:2<br>1:4<br>1:8 | 442.3<br>231.9<br>126.5<br>48.5 | 221.1<br>110.6<br>55.3    | -<br>104.9<br>114.9<br>87.8 |
| 3<br>1:2<br>1:4<br>1:8 | 1152<br>624.3<br>282.3<br>123.2  | 575.9<br>287.9<br>144.0   | 108.4<br>98.1<br>85.6   | 3<br>1:2<br>1:4<br>1:8 | 572.2<br>290.2<br>149.4<br>65.2 | 286.1<br>143.0<br>71.5    | -<br>101.4<br>104.4<br>91.1 |

#### **COMPARATIVE STUDIES**

The DBC Aldosterone ELISA kit (y) was compared with a leading competitor ELISA kit (x). The comparison of 42 serum samples yielded the following linear regression results: y = 0.84x + 3.50, r = 0.96

#### REFERENCE RANGES

As for all clinical assays each laboratory should collect data and establish their own range of reference values.

#### SERUM/PLASMA

| Group                       | N   | 95% Confidence Range (pg/mL) |  |
|-----------------------------|-----|------------------------------|--|
| Normal Salt Intake, Upright | 183 | ND-199                       |  |

#### URINE

7.1

| Group              | N  | 95% Confidence Range (µg/24 hr) |
|--------------------|----|---------------------------------|
| Normal Salt Intake | 42 | 2.8–13                          |







### Androstenedione

REF CAN-AD-208

#### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 µL of each calibrator, control, and specimen sample.



Pipette 100  $\mu L$  of Androstenedione-HRP conjugate.



Incubate on a microplate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150 µL of TMB substrate.



Incubate on a microplate shaker for 15–20 minutes at room temperature.



Add 50  $\mu L$  of stopping solution.



Read in a microplate reader at 450 nm.

**Androstenedione** is produced by the *adrenals* and *gonads*. As a result, the determination of the level of androstenedione in serum is important in the evaluation of the functional state of these glands. Androstenedione is a precursor of testosterone and estrone. Besides the adrenals, in females, the ovaries have been shown to be an important source of androstenedione. It has been reported that there is a fluctuation day by day of androstenedione during the ovulatory cycle.

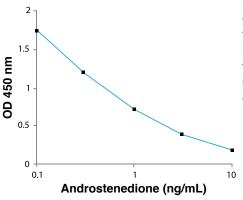
The principle production of testosterone in females is from the conversion of other related androgens, especially androstenedione.

An abnormal testosterone level in women should be accompanied by the estimation of serum androstenedione.

The use of serum testosterone determination in conjunction with the enzyme immunoassay of androstenedione can be used to determine if the source of the excess androgen production is adrenal or ovarian.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is



inversely proportional to the concentration of androstenedione in the sample. A set of standards is used to plot a standard curve from which the amount of androstenedione in patient samples and controls can be directly read.

Typical calibrator curve

#### **SENSITIVITY**

The limit of detection (LoD) was determined from the analysis of 64 samples of the blank and a low value sample and it was calculated as follows: LoD =  $\mu$ B + 1.645 $\sigma$ B + 1.645 $\sigma$ S, where  $\sigma$ B and  $\sigma$ S are the standard deviation of the blank and low value sample and  $\mu$ B is the mean value of the blank.

The Limit of Detection (LoD) was determined to be 0.04 ng/mL.

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with androstenedione cross-reacting at 100%.

| Steroid            | % Cross-Reactivity |
|--------------------|--------------------|
| Androstenedione    | 100                |
| DHEA               | 1.8                |
| Testosterone       | 0.2                |
| Estrone            | < 0.1              |
| Estradiol          | < 0.1              |
| Progesterone       | < 0.1              |
| 17-OH-Progesterone | < 0.1              |
| 5α-DHT             | < 0.1              |
| Cortisol           | < 0.01             |
| DHEAS              | < 0.01             |

#### INTRA-ASSAY PRECISION

Four samples were assayed 24 times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD    | CV % |
|--------|-------|-------|------|
| 1      | 0.083 | 0.006 | 7.1  |
| 2      | 0.832 | 0.051 | 6.2  |
| 3      | 3.28  | 0.193 | 5.9  |
| 4      | 9.36  | 0.927 | 9.9  |

#### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD    | CV % |
|--------|-------|-------|------|
| 1      | 0.528 | 0.046 | 8.7  |
| 2      | 1.534 | 0.149 | 9.7  |
| 3      | 5.905 | 0.457 | 7.7  |

#### **RECOVERY**

Spiked samples were prepared by adding defined amounts of androstenedione to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                 | Observed<br>Result               | Expected<br>Result      | Recovery %            |
|--|----------------------------------|-------------------------|-----------------------|
| 1.Unspiked<br>+ 0.75<br>+ 1.5<br>+ 3.0 | 0.882<br>1.589<br>2.521<br>4.522 | 1.632<br>2.382<br>3.882 | -<br>97<br>106<br>116 |
| 2.Unspiked<br>+ 0.75<br>+ 1.5<br>+ 3.0 | 1.527<br>2.466<br>3.666<br>5.756 | 2.277<br>3.627<br>6.027 | -<br>108<br>101<br>96 |
| 3.Unspiked<br>+ 0.75<br>+ 1.5<br>+ 3.0 | 0.585<br>1.268<br>1.878<br>3.471 | 1.335<br>2.085<br>3.585 | -<br>95<br>90<br>97   |

#### **LINEARITY**

Three patient serum samples were serially diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result               | Expected<br>Result      | Recovery %             |
|------------------------|----------------------------------|-------------------------|------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 2.317<br>1.220<br>0.615<br>0.329 | 1.158<br>0.579<br>0.290 | -<br>105<br>106<br>113 |
| 2<br>1:2<br>1:4<br>1:8 | 6.594<br>3.212<br>1.594<br>0.818 | 3.297<br>1.648<br>0.824 | -<br>97<br>97<br>99    |
| 3<br>1:2<br>1:4<br>1:8 | 7.456<br>3.588<br>1.835<br>0.963 | 3.728<br>1.864<br>0.932 | -<br>96<br>98<br>103   |

#### **EXPECTED NORMAL VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group   | N  | Mean (ng/mL) | Range (ng/mL) |
|---------|----|--------------|---------------|
| Males   | 20 | 2.0          | 0.4–3.5       |
| Females | 20 | 1.4          | 0.3–2.4       |







### Anti-Thyroglobulin

REF CAN-ATG-4150

#### **ASSAY PROCEDURE**



After all kit components have reached room temperature mix gently by inversion. Prepare the Wash Buffer Working Solution.





Prepare all specimen samples that will be tested. Pipette 100 µL of each calibrator, control and pre-treated specimen sample into assigned wells.



Incubate at room temperature for 30 minutes. Do not tap or shake the microplate, and avoid placing in intense light or air currents.



Wash the wells 3 times, each time with 350 µL/well of Wash Buffer Working Solution.





Add 100  $\mu L$  of the HRP Conjugate. Incubate at room temperature for 30 minutes. Do not tap the microplate and avoid placing in intense light or air currents.



Wash the wells 3 times, each time with 350 µL/well of Wash Buffer Working Solution.



Pipette 100 µL of TMB Substrate into each well at timed intervals (the use of a multichannel pipette is recommended).



Incubate at room temperature for 15–20 minutes (until calibrator F attains dark blue colour for desired OD). Do not tap or shake the microplate, and avoid placing in intense light or air currents.





Pipette 50  $\mu L$  of Stopping Solution into each well. Gently tap the microplate frame to mix the contents of the wells.



Measure the absorbance at 450 nm in all wells with a microplate reader, within 20 minutes after addition of the Stopping Solution.

Thyroglobulin represents the major protein found in the thyroid and is a dimeric glycoprotein of 660 kD. Thyroglobulin is produced by the thyroid gland and is involved in the storage and synthesis of thyroid hormones. It is a major autoantigen in autoimmune thyroiditis and is the precursor of T3 and T4. Although anti-Tg autoantibodies are found in conjunction with anti-TPO autoantibodies in the majority of cases of Hashimoto's thyroiditis, Graves' disease and Primary Myxedema, up to 1% of cases of hypothyroidism are associated with anti-Tg autoantibodies alone.

The frequency of thyroglobulin antibodies is approximately 70–80% in subjects with **autoimmune-thyroiditis**, including **Hashimoto's disease**, and approximately 30% in individuals with **Graves' disease**.

Anti-Tg autoantibodies are also associated with cases of mild hypothyroidism or hyperthyroidism, and are frequently found in patients with other autoimmune diseases such as Rheumatoid Arthritis, Pernicious Anaemia and Type I Diabetes.

#### PRINCIPLE OF THE TEST

The Anti-Tg ELISA is a two-step capture or 'sandwich' type immunoassay. Human thyroglobulin (Tg) antigen is immobilized onto the microplate. In the first incubation step, anti-Tg autoantibodies present in the specimen samples, calibrators and controls is bound to the immobilized antigen. Excess and unbound materials are removed by a washing step. In the second incubation step, anti-human-IgG HRP conjugate is added, which binds specifically to any autoantibodies that are bound to the immobilized antigen. Unbound HRP conjugate is removed by a washing step. Next, the TMB substrate (enzyme substrate) is added which reacts with HRP to form a blue coloured product that is directly proportional to the amount of anti-Tq autoantibodies present. The enzymatic reaction is terminated by the addition of the stopping solution, converting the blue colour to a yellow colour. The absorbance is measured on a microplate reader at 450 nm. A set of calibrators is used to plot a calibrator curve from which the amount of anti-Tg autoantibodies in specimen samples and controls can be directly read.

#### **SENSITIVITY**

The analytical sensitivity study was performed according to the CLSI EP17-A2 guideline. The Limit of Background (LoB), Limit of Detection (LoD) and Limit of Quantitation (LoQ) are summarized in the table below:

| Parameter | Anti-Tg (IU/mL) |
|-----------|-----------------|
| LoB       | 1.054           |
| LoD       | 2.061           |
| LoQ       | 3.4             |

#### **RECOVERY**

Low value samples and high value samples were mixed at different ratios. The measured values were compared to the expected values and the recovery % for each sample was calculated. The results are summarized in the table below.

|                   | Sample        | Measured<br>(IU/mL) | Expected (IU/mL) | Recovery % |
|-------------------|---------------|---------------------|------------------|------------|
|                   | 100% S1       | 40.8                | 40.8             | 100.0      |
|                   | 90% S1/10% S2 | 125.7               | 101.8            | 123.5      |
| Low<br>value: S1  | 70% S1/30% S2 | 281.1               | 223.7            | 125.7      |
|                   | 50% S1/50% S2 | 427.7               | 345.7            | 123.7      |
| High<br>value: S2 | 30% S1/70% S2 | 549.2               | 467.6            | 117.4      |
| value. 32         | 10% S1/90% S2 | 612.6               | 589.6            | 103.9      |
|                   | 100% S2       | 650.6               | 650.6            | 100.0      |
|                   | 100% S3       | 38.2                | 38.2             | 100.0      |
|                   | 90% S3/10% S4 | 120.0               | 117.1            | 102.5      |
| Low<br>value: S3  | 70% S3/30% S4 | 264.9               | 274.7            | 96.4       |
|                   | 50% S3/50% S4 | 396.0               | 432.4            | 91.6       |
| High<br>value: S4 | 30% S3/70% S4 | 503.6               | 590.0            | 85.4       |
| value. 34         | 10% S3/90% S4 | 687.6               | 747.7            | 92.0       |
|                   | 100% S4       | 826.5               | 826.5            | 100.0      |

#### **COMPARATIVE STUDIES**

The DBC Anti-Tq ELISA kit (y) was compared against a competitor's ECLIA method (x). The comparison of 65 serum samples yielded the following linear regression results:

y = 0.8282x + 10.138, r = 0.90

#### **PRECISION**

The precision study was performed according to the CLSI EP5-A3 quideline.

The experimental protocol used a nested components-of-variance design with 12 serum samples, 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a 10 x 2 x 2 x 2 design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(IU/mL) | Within<br>Run SD<br>(IU/mL) | Within<br>Run CV<br>% | Between<br>Run SD<br>(IU/mL) | Between<br>Run CV<br>% | Total<br>SD<br>(IU/mL) | Total<br>CV<br>% |
|--------|-----------------|-----------------------------|-----------------------|------------------------------|------------------------|------------------------|------------------|
| 1      | 45.6            | 1.5                         | 3.3%                  | 3.13                         | 6.9%                   | 3.5                    | 7.7%             |
| 2      | 100.4           | 3.7                         | 3.6%                  | 4.02                         | 4.0%                   | 5.4                    | 5.4%             |
| 3      | 335.8           | 11.8                        | 3.5%                  | 19.70                        | 5.9%                   | 23.0                   | 6.8%             |
| 4      | 894.0           | 54.4                        | 6.1%                  | 60.64                        | 6.8%                   | 81.4                   | 9.1%             |
| 5      | 44.4            | 1.8                         | 4.1%                  | 3.09                         | 7.0%                   | 3.6                    | 8.1%             |
| 6      | 175.7           | 5.9                         | 3.4%                  | 9.96                         | 5.7%                   | 11.6                   | 6.6%             |
| 7      | 347.4           | 14.4                        | 4.2%                  | 21.00                        | 6.0%                   | 25.5                   | 7.3%             |
| 8      | 855.0           | 57.5                        | 6.7%                  | 57.40                        | 6.7%                   | 81.3                   | 9.5%             |
| 9      | 378.3           | 26.9                        | 7.1%                  | 54.07                        | 14.3%                  | 60.4                   | 16.0%            |
| 10     | 943.0           | 88.1                        | 9.3%                  | 119.89                       | 12.7%                  | 148.8                  | 15.8%            |
| 11     | 436.2           | 22.1                        | 5.1%                  | 31.41                        | 7.2%                   | 38.4                   | 8.8%             |
| 12     | 811.0           | 70.6                        | 8.7%                  | 76.19                        | 9.4%                   | 103.9                  | 12.8%            |

#### REFERENCE RANGES

Serum samples from healthy individuals of diverse races, were screened for serum TSH levels between 0.5 and 3.0 µIU/mL. After completing the screen, 179 samples were selected and tested. Sample details:

101 x female, 78 x male, age range: 18–62 years old, average age: 34 years old. Results are summarized below.

Each laboratory shall establish their own reference ranges.

| N   | 95% Range         | Negative for Anti-Tg<br>Autoantibodies | Positive for Anti-Tg<br>Autoantibodies |  |
|-----|-------------------|--|--|--|
| 179 | 11.65-61.63 IU/mL | ≤ 61.6 IU/mL                           | > 61.6 IU/mL                           |  |







# Anti-Thyroid Peroxidase (TP0)

REF CAN-ATP-4160

#### **ASSAY PROCEDURE**



After all kit components have reached room temperature mix gently by inversion. Prepare the Wash Buffer Woking Solution.





Prepare all specimen samples to be tested. Pipette  $100~\mu L$  of each calibrator, control and pre-treated specimen sample into assigned wells.



Incubate at room temperature for 30 minutes. Do not tap the microplate and avoid placing in intense light or air currents.





Wash the wells 3 times, each time with 350  $\mu$ L/ well of Wash Buffer Working Solution. Add 100  $\mu$ L of the HRP Conjugate into each well.



Incubate at room temperature for 30 minutes. Do not tap the microplate and avoid placing in intense light or air currents.



Wash the wells 3 times, each time with 350 µL/well of Wash Buffer Working Solution.



Pipette 100  $\mu L$  of the TMB Substrate into each well at timed intervals (the use of a multichannel pipette is recommended).



Incubate at room temperature for 15–20 minutes (until calibrator F attains dark blue colour for desired OD). Do not tap the microplate and avoid placing in intense light or air currents.





Pipette 50  $\mu$ L of Stopping Solution into each well at the same timed intervals as in step 7. Mix thoroughly by gently tapping the plate.



Measure the absorbance at 450 nm in all wells with a microplate reader, within 20 minutes after addition of the stopping solution.

**Thyroid peroxidase (TPO)**, a glycoprotein with a molecular weight of 100 kD, is identified as the primary antigenic component of microsomes in thyroid cells. TPO catalyses the iodination of tyrosine in thyroglobulin during the biosynthesis of triiodothyronine and thyroxine (T3 and T4 respectively). Disorders of the thyroid gland are frequently caused by autoimmune reactions. TPO and thyroglobulin are the most important targets for autoimmune attacks. The major thyroid autoimmune diseases are Hashimoto's thyroiditis and Graves' disease.

Anti-TPO autoantibodies are detected in 90–95% of autoimmune thyroid disease (AITD) patients, 80% of Graves' disease (GD), and 10–15% of non-AITD patients.

A high level of anti-TPO helps to confirm the diagnosis of these thyroid autoimmune disorders. The prevalence of TPO antibodies is higher in elderly (mean age 80 years) women (10%) compared to elderly men (2%).

#### PRINCIPLE OF THE TEST

The Anti-TPO ELISA is a two-step capture or 'sandwich' type immunoassay. Thyroid peroxidase (TPO) antigen is immobilized onto the microplate. In the first incubation step, anti-TPO autoantibodies present in the specimen samples, calibrators and controls is bound to the immobilized antigen. Excess and unbound materials are removed by a washing step. In the second incubation step, anti-human-IgG HRP conjugate is added, which binds specifically to any autoantibodies that are bound to the immobilized antigen. Unbound HRP conjugate is removed by a washing step. Next, the TMB substrate (enzyme substrate) is added which reacts with HRP to form a blue coloured product that is directly proportional to the amount of anti-TPO autoantibodies present. The enzymatic reaction is terminated by the addition of the stopping solution, converting the blue colour to a yellow colour. The absorbance is measured on a microplate reader at 450 nm. A set of calibrators is used to plot a calibrator curve from which the amount of anti-TPO autoantibodies in specimen samples and controls can be directly read.

#### **SENSITIVITY**

The analytical sensitivity study was performed according to the CLSI EP17-A2 guideline. The Limit of Background (LoB), Limit of Detection (LoD) and Limit of Quantitation (LoQ) are summarized in the table below:

| Parameter | Anti-TPO (IU/mL) |
|-----------|------------------|
| LoB       | 0.074            |
| LoD       | 0.819            |
| LoQ       | 2.89             |

#### **RECOVERY**

Low value samples and high value samples were mixed at different ratios. The measured values were compared to the expected values and the recovery % for each sample was calculated. The results are summarized in the table below.

|                   | Sample              | Measured<br>(IU/mL) | Expected (IU/mL) | Recovery % |
|-------------------|---------------------|---------------------|------------------|------------|
|                   | 100% S1             | 25.6                | 25.6             | -          |
| Low<br>value: S1  | 50% S1/50% S2       | 214.6               | 191.7            | 111.9      |
|                   | 30% S1/70% S2       | 303.8               | 258.2            | 117.7      |
| High<br>value: S2 | 10% S1/90% S2       | 283.1               | 324.6            | 87.2       |
|                   | 100% S2             | 357.8               | 357.8            | -          |
|                   | 100% S3             | 33.7                | 33.7             | -          |
| Low<br>value: S3  | 50% S3/50% S4       | 215.3               | 181.2            | 118.8      |
|                   | 30% S3/70% S4       | 255.3               | 240.2            | 106.3      |
| High<br>value: S4 | 10% S3/90% S4       | 360.6               | 299.3            | 120.5      |
|                   | 100% S4             | 328.8               | 328.8            | -          |
|                   | 100% S5             | 8.8                 | 8.8              | -          |
| Low<br>value: S5  | 50% S5/50% Cerba S6 | 436.0               | 428.0            | 101.9      |
| 74.407.00         | 30% S5/70% Cerba S6 | 543.1               | 595.6            | 91.2       |
| High<br>value: S6 | 10% S5/90% Cerba S6 | 817.1               | 763.3            | 107.0      |
|                   | 100% Cerba S6       | 847.2               | 847.2            | -          |

#### **INTERFERENCES**

An interference study was performed according to the CLSI EP07-A3 guideline. No significant interference was observed for concentrations of up to 2 g/L haemoglobin, 40 mg/dL Bilirubin (conjugated and unconjugated), 15 mg/mL triglycerides, 2.4  $\mu$ g/mL HAMAS, 2.4  $\mu$ g/mL Biotin and 1688 IU/mL Rheumatoid Factor.

#### **PRECISION**

The precision study was performed according to the CLSI EP5-A3 guideline.

The experimental protocol used a nested components-of-variance design with 9 serum samples, 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(IU/mL) | Within<br>Run SD<br>(IU/mL) | Within<br>Run CV<br>% | Between<br>Run SD<br>(IU/mL) | Between<br>Run CV<br>% | Total<br>SD<br>(IU/mL) | Total<br>CV<br>% |
|--------|-----------------|-----------------------------|-----------------------|------------------------------|------------------------|------------------------|------------------|
| 1      | 15.4            | 0.8                         | 5.1                   | 2.3                          | 15.2                   | 2.5                    | 16.1             |
| 2      | 73.8            | 4.0                         | 5.4                   | 8.0                          | 10.9                   | 9.2                    | 12.5             |
| 3      | 188.1           | 11.5                        | 6.1                   | 22.5                         | 12.0                   | 25.3                   | 13.4             |
| 4      | 484.8           | 43.7                        | 9.0                   | 66.1                         | 13.6                   | 79.2                   | 16.3             |
| 5      | 72.7            | 3.4                         | 4.7                   | 6.9                          | 9.5                    | 7.7                    | 10.6             |
| 6      | 90.7            | 3.6                         | 3.9                   | 7.7                          | 8.4                    | 8.5                    | 9.3              |
| 7      | 272.3           | 18.9                        | 6.9                   | 35.3                         | 13.0                   | 40.1                   | 14.7             |
| 8      | 282.5           | 19.9                        | 7.0                   | 48.5                         | 17.2                   | 52.8                   | 18.7             |
| 9      | 222.0           | 11.5                        | 5.2                   | 24.1                         | 17.2                   | 27.0                   | 12.2             |

#### **COMPARATIVE STUDIES**

The DBC Anti-TPO ELISA kit (y) was compared against a competitor's ECLIA method (x). The comparison of 101 serum samples yielded the following linear regression results: y = 0.90x - 7.36, r = 0.92

#### REFERENCE RANGES

Serum samples from healthy individuals of diverse races, were screened for serum TSH levels between 0.5 and 3.0  $\mu$ IU/mL. After completing the screen, 166 samples were selected and tested. Sample details:

100 x female, 66 x male, age range: 18–62 years old, average age: 34 years old. Results are summarized below.

Each laboratory shall establish their own reference ranges.

| N   | 95% Range      | Negative for<br>Anti-TPO<br>Autoantibodies | Positive for<br>Anti-TPO<br>Autoantibodies |
|-----|----------------|--|--|
| 166 | 5.3-58.8 IU/mL | ≤ 58.8 IU/mL                               | > 58.8 IU/mL                               |







## $\beta_2$ -Microglobulin $\underline{\underline{S}}$

**REF** CAN-B-4300

#### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 20  $\mu L$  of each calibrator, control, and specimen sample.



Pipette 100  $\mu$ L of conjugate working solution.



Incubate on a microplate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150  $\mu L$  of TMB substrate.



Incubate on a microplate shaker for 15–20 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read in a microplate reader at 450 nm.

 $\beta_2$ -Microglobulin ( $\beta_2$ -M) is a single polypeptide chain containing 100 amino acids and is found on the surface of nucleated cells.  $\beta_2$ -M is continuously secreted into the circulatory system and therefore maintains a balanced serum level.

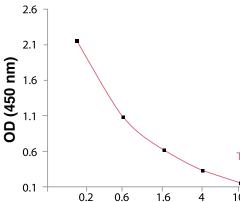
#### **Clinical Trends:**

- Decreases in the glomerular filtration rate gives rise to increases in the level of β<sub>2</sub>-M.
- β<sub>2</sub>-M is a helpful marker in the diagnosis of **kidney disease** and active **rheumatoid arthritis**.
- Patients with acquired immune deficiency syndrome (AIDS) show an increased level of β<sub>2</sub>-M.

 $\beta_2$ -M has a low concentration in serum. We have found in a normal unselected population that in serum the highest level for  $\beta_2$ -M is 3.8 mg/L. The total number of serum samples tested was 92, showing little differences in the normal level in males, pre- and postmenopausal females. The average for male samples = 1.582 mg/L, for premenopausal female = 1.457 mg/L, for postmenopausal female = 1.608 mg/L and fi nally for young people = 1.13 mg/L.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is



inversely proportional to the concentration of  $\beta_2$ -M in the sample. A set of standards is used to plot a standard curve from which the amount of  $\beta_2$ -M in patient samples and controls can be directly read.

Typical calibration curve

β<sub>2</sub>-Microglobulin (mg/L)

#### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct  $\beta_2$ -M ELISA kit is **0.1 mg/L**.

#### **SPECIFICITY**

The following compounds were tested for cross-reactivity with the Direct  $\beta_2$ -M ELISA kit with  $\beta_2$ -M cross-reacting at 100%.

| Compound         | % Cross-Reactivity |
|------------------|--------------------|
| β₂-Microglobulin | 100                |
| Human IgG        | < 0.00001          |

#### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in mg/L) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 0.78  | 0.08 | 5.5  |
| 2      | 3.43  | 0.03 | 6.4  |
| 3      | 15.63 | 0.01 | 2.9  |

#### INTER-ASSAY PRECISION

Two samples were assayed ten times over a period of four weeks. The results (in mg/L) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.92 | 0.09 | 9.5  |
| 2      | 3.64 | 0.14 | 3.8  |

#### RECOVERY

Spiked samples were prepared by adding defined amounts of  $\beta_2$ -M to two patient serum samples (1:1). The results (in mg/L) are tabulated below:

| Sample                            | Observed<br>Result            | Expected<br>Result         | Recovery %                   |
|-----------------------------------|-------------------------------|----------------------------|------------------------------|
| 1 Unspiked<br>+ 4<br>+ 12<br>+ 32 | 1.70<br>3.21<br>7.94<br>17.05 | -<br>2.85<br>6.85<br>16.85 | -<br>112.6<br>115.9<br>101.2 |
| 2 Unspiked<br>+ 4<br>+ 12<br>+ 32 | 2.51<br>3.25<br>8.14<br>17.69 | 3.26<br>7.26<br>17.26      | -<br>99.7<br>112.1<br>102.5  |

#### LINEARITY

Two patient serum samples were diluted with calibrator A. The results (in mg/L) are tabulated below:

| Sample                   | Observed<br>Result            | Expected<br>Result        | Recovery %              |
|--------------------------|-------------------------------|---------------------------|-------------------------|
| 1<br>1:5<br>1:10<br>1:20 | 15.96<br>3.14<br>1.57<br>0.77 | -<br>3.19<br>1.60<br>0.80 | 98.4<br>98.1<br>96.3    |
| 2<br>1:5<br>1:10<br>1:20 | 17.71<br>3.63<br>1.94<br>1.00 | 3.54<br>1.77<br>0.89      | 102.5<br>109.6<br>112.4 |

#### **EXPECTED NORMAL VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group                                 | N  | Mean (mg/L) | Range (mg/L) |
|---------------------------------------|----|-------------|--------------|
| Males (Age 24–70)                     | 46 | 1.58        | 1.15–3.85    |
| Females (Age 19–45)                   | 25 | 1.46        | 0.73–3.56    |
| Postmenopausal<br>Females             | 14 | 1.61        | 1.28–2.34    |
| Young Males and<br>Females (Age 3–17) | 7  | 1.13        | 0.89–1.36    |







## C-Peptide \square

REF CAN-C-P-4380

#### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50 μL of each calibrator, control and specimen sample.



Pipette 50 μL of the conjugate working solution into each well.



Incubate on a plate shaker for 90 minutes at room temperature.



Wash 3 times.



Pipette 150  $\mu$ L of TMB substrate.



Incubate on a plate shaker for 15–20 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



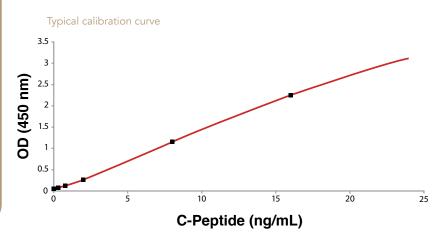
Read the plate on a microplate reader at 450 nm.

**Human C-peptide** of insulin is an amino acid chain of 3000 molecular weight, joining the A and B chains of insulin. It is secreted from the granules in the islet beta cells at equimolar concentrations with insulin. It is however, not as rapidly degraded by the liver as in the case of insulin, and therefore is more stable in the blood. These characteristics make the determination of C-peptide an advantageous test as an indicator to quantify insulin. It is therefore used in evaluating **hypoglycemia** and **insulnoma**.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for C-peptide is immobilized onto the microplate and another monoclonal antibody specific for a different region of C-peptide is conjugated to horse radish peroxidase (HRP). C-peptide from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of C-peptide in the sample.

A set of standards is used to plot a standard curve from which the amount of C-peptide in patient samples and controls can be directly read.



#### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct C-Peptide ELISA kit is **0.2 ng/mL**.

#### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct C-Peptide ELISA kit was determined by measuring the apparent C-peptide values of the following compounds:

| Substance  | Concentration<br>Range | Apparent C-Peptide<br>Value (ng/mL) |
|--|------------------------|-------------------------------------|
| Insulin<br>Calibrated against<br>WHO 1st IS 66/304 | 20–10,000 μIU/mL       | Not Detected                        |

#### **INTRA-ASSAY PRECISION**

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 1.00  | 0.04 | 3.5  |
| 2      | 4.14  | 0.09 | 2.2  |
| 3      | 12.02 | 0.55 | 4.6  |

#### RECOVERY

Spiked samples were prepared by adding defined amounts of C-peptide to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                 | Observed<br>Result           | Expected<br>Results       | Recovery %                 |
|--|------------------------------|---------------------------|----------------------------|
| 1 Unspiked<br>+ 1.0<br>+ 6.0<br>+ 8.0  | 0.00<br>0.91<br>5.44<br>7.82 | 1.00<br>6.00<br>8.00      | 91.0<br>91.7<br>97.8       |
| 2 Unspiked<br>+ 1.0<br>+ 2.0<br>+ 8.0  | 0.64<br>1.51<br>2.27<br>7.30 | -<br>1.64<br>2.64<br>8.64 | 92.1<br>86.0<br>84.5       |
| 3 Unspiked<br>+ 0.25<br>+ 2.0<br>+ 6.0 | 3.10<br>3.10<br>4.89<br>9.47 | -<br>3.35<br>5.10<br>9.10 | -<br>92.5<br>95.9<br>104.1 |

#### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result            | Expected<br>Result        | Recovery %           |
|------------------------|-------------------------------|---------------------------|----------------------|
| 1<br>1:2<br>1:4<br>1:8 | 5.00<br>2.35<br>1.10<br>0.51  | 2.50<br>1.25<br>0.63      | 94.0<br>88.0<br>81.0 |
| 2<br>1:2<br>1:4<br>1:8 | 6.76<br>3.08<br>1.42<br>0.71  | 3.38<br>1.69<br>0.85      | 91.1<br>84.0<br>83.5 |
| 3<br>1:2<br>1:4<br>1:8 | 13.36<br>6.02<br>3.09<br>1.56 | -<br>6.68<br>3.34<br>1.67 | 90.1<br>92.5<br>93.4 |

#### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 0.97  | 0.03 | 2.7  |
| 2      | 4.00  | 0.11 | 2.7  |
| 3      | 12.30 | 0.62 | 5.0  |

#### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values

| Group   | N  | Mean (ng/mL) | Abs. Range (ng/mL) |
|---------|----|--------------|--------------------|
| Males   | 26 | 0.89         | 0.24–1.98          |
| Females | 46 | 1.13         | 0.15–5.37          |

Ordering Information:

REF CAN-C-P-4380



## High-Sensitivity C-Reactive Protein

REF CAN-CRP-4360

**Diagnostics Biochem Canada** 

#### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 20 µL of each calibrator, control and diluted specimen sample.



Pipette 200 µL of the assay buffer into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 100 μL of conjugate working solution into each well.



Incubate on a plate shaker for 15 minutes at room temperature.



Wash 3 times.





Pipette 100 µL of TMB into each well. Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu$ L of stopping solution.



Read the plate on a microplate reader at 450 nm.

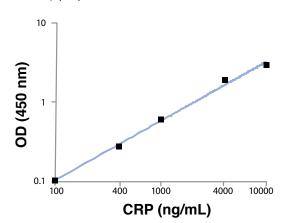
**C-reactive protein (CRP)** is a pentameric acute phase reactant that is synthesized by the liver. Its production is controlled primarily by interleukin-6. The serum CRP concentration may increase by up to 1000-fold with infection, trauma, surgery, and other acute inflammatory events.

Chronic inflammatory disorders such as autoimmune diseases and malignancy can produce persistent high levels of serum CRP.

Traditionally, CRP has been used clinically for the diagnosis and monitoring of auto-immune and infectous disorders. Recent studies have shown that chronic inflammation is an important component in the development and progression of atherosclerosis. As a result, increased serum CRP concentration are positively associated with the risk of future coronary events.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical two-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for CRP is immobilized onto the microplate and another monoclonal antibody specific for a different region of CRP is conjugated to horse radish peroxidase (HRP). CRP from the sample and standards are allowed to bind to the plate, washed, and subsequently incubated with the HRP conjugate. After a second washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of CRP in the sample.



A set of standards is used to plot a standard curve from which the amount of CRP in patient samples and controls can be directly read.

Typical calibration curve

#### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC hs-CRP ELISA kit is **10** ng/mL.

#### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the hs-CRP ELISA kit was determined by measuring the apparent CRP value of samples spiked with the following compounds:

| Substance      | Apparent CRP Value (ng/mL) |
|----------------|----------------------------|
| Human Albumin  | Not Detected               |
| Human Globulin | Not Detected               |

#### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 205.8  | 31.2  | 15.2 |
| 2      | 769.2  | 38.4  | 5.0  |
| 3      | 8437.8 | 700.4 | 8.3  |

#### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 227.0  | 22.4  | 9.9  |
| 2      | 1022.2 | 97.2  | 9.5  |
| 3      | 8791.8 | 685.8 | 7.8  |

#### **HIGH-DOSE HOOK EFFECT**

The hs-CRP ELISA kit did not experience a high dose hook effect when it was tested up to a CRP concentration of 160,000 ng/mL.

#### RECOVERY

Spiked samples were prepared by adding defined amounts of CRP to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                  | Observed<br>Result         | Expected<br>Results      | Recovery %              |
|---|----------------------------|--------------------------|-------------------------|
| 1 Unspiked<br>+ 358<br>+ 1430<br>+ 5720 | 263<br>760<br>1820<br>6520 | -<br>621<br>1693<br>5983 | 122.4<br>107.5<br>109.0 |
| 2 Unspiked                              | 1352                       | -                        | -                       |
| + 358                                   | 1880                       | 1710                     | 109.9                   |
| + 1430                                  | 3020                       | 2782                     | 108.6                   |
| + 5720                                  | 7720                       | 7072                     | 109.2                   |
| 3 Unspiked                              | 5546                       | -                        | -                       |
| + 358                                   | 6107                       | 5904                     | 103.4                   |
| + 1430                                  | 6169                       | 6976                     | 88.4                    |
| + 5720                                  | 10400                      | 11266                    | 92.3                    |

#### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample | Observed<br>Result | Expected<br>Result | Recovery % |
|--------|--------------------|--------------------|------------|
| 1      | 3662               | -                  | -          |
| 1:5    | 894                | 732.4              | 122.1      |
| 1:25   | 136                | 146.5              | 92.8       |
| 1:50   | 62                 | 73.2               | 84.7       |
| 2      | 6120               | -                  | -          |
| 1:4    | 1922               | 1530               | 125.6      |
| 1:16   | 428                | 382.5              | 111.9      |
| 1:64   | 110                | 95.6               | 115.0      |
| 3      | 8800               | -                  | -          |
| 1:4    | 2472               | 2200               | 112.4      |
| 1:16   | 614                | 550                | 111.6      |
| 1:64   | 148                | 137.5              | 107.6      |

#### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

|                               | Males     | Females   | Combined  |
|-------------------------------|-----------|-----------|-----------|
| N                             | 43        | 45        | 88        |
| Age                           | 17–87     | 12–79     | 12–87     |
| Abs. Range                    | 73–63,680 | 34–39,240 | 34–63,680 |
| 2.5 <sup>th</sup> Percentile  | 132       | 139       | 135       |
| 50 <sup>th</sup> Percentile   | 1197      | 1033      | 1104      |
| 97.5 <sup>th</sup> Percentile | 9710      | 6578      | 8910      |







## Human Chorionic Gonadotropin

REF CAN-HCG-4120

#### ASSAY PROCEDURE (One-step Procedure)



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 100 μL of anti-hGC-HRP conjugate.



Incubate on a plate shaker for 60 minutes at room temperature.



Wash 3 times.



Pipette 100 μL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of stopping solution.



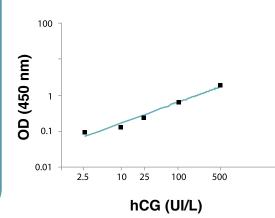
Read the plate on a microplate reader at 450 nm.

**Human chorionic gonadotropin (hCG)** is a glycoprotein hormone produced by the placenta. During normal pregnancy the level of this hormone in serum and urine gradually increases up to about the eighth week of pregnancy. hCG has two subunits, namely  $\alpha$  and  $\beta$ . The  $\alpha$  subunit is similar to the  $\alpha$  subunit of the anterior pituitary gland glycoprotein hormones, namely, LH, TSH and FSH. However, the  $\beta$  subunits of these hormones are different. Therefore, this uniqueness distinguishes one hormone from the other, hence specificity. In raising this monoclonal antibody, the immunogen used was  $\beta$ hCG, which helps to make the DBC assay system very specific and sensitive.

In normal pregnancy the increase in hCG starts at about the 5th day after conception and continues to rise until it reaches a maximum at about the eighth week. In some pathological conditions the level of hCG in serum and/or urine is increased. It is a well known fact that hCG is also a tumour marker which is very important in the diagnosis of choriocarcinoma. In the case of hydatiform mole, hCG is also elevated. In about 50% of patients with testicular teratomas the level of hCG is elevated. It is also relevant to note that hCG is a good indicator, in order to follow the response to treatment.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for hCG is immobilized onto the microplate and another monoclonal antibody specific for a different region of hCG is conjugated to horse radish peroxidase (HRP). hCG from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of hCG in the sample.



A set of standards is used to plot a standard curve from which the amount of hCG in patient samples and controls can be directly read.

Please note that a two-step procedure is included and is to be used for assaying serum from pregnant women.

Typical calibration curve

#### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct hCG ELISA kit is 0.7 IU/L.

#### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct hCG ELISA kit was determined by measuring the apparent hCG value of calibrator A spiked with the following compounds:

| Substance                                    | Concentration<br>Range | Apparent hCG<br>Value (IU/L) |
|--|------------------------|------------------------------|
| hFSH Calibrated against<br>WHO 1st IS 83/575 | 100–4000 IU/L          | < 5.0                        |
| hLH Calibrated against<br>WHO 2nd IS 80/552  | 50-200 IU/L            | < 5.0                        |
| hTSH Calibrated against<br>WHO 2nd IS 80/558 | 50-750 mIU/L           | < 5.0                        |

#### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in IU/L) are tabulated below:

| Sample | Mean   | SD   | CV % |
|--------|--------|------|------|
| 1      | 4.52   | 0.24 | 5.3  |
| 2      | 18.80  | 0.60 | 3.2  |
| 3      | 121.84 | 5.36 | 4.4  |

#### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in IU/L) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 5.24   | 0.36  | 6.9  |
| 2      | 14.68  | 0.72  | 4.9  |
| 3      | 140.27 | 11.50 | 8.2  |

#### RECOVERY

Spiked samples were prepared by adding defined amounts of hCG to three patient serum samples (1:1). The results (in IU/L) are tabulated below:

| Sample                              | Observed<br>Result          | Expected<br>Results  | Recovery %                 |
|-------------------------------------|-----------------------------|----------------------|----------------------------|
| 1 Unspiked<br>+ 15<br>+ 50<br>+ 250 | 3.2<br>8.4<br>23.4<br>145.6 | 9.1<br>26.6<br>126.6 | 92.3<br>88.0<br>115.0      |
| 2 Unspiked<br>+ 15<br>+ 50<br>+ 250 | 3.3<br>8.7<br>23.9<br>142.0 | 9.2<br>25.0<br>126.7 | 94.6<br>95.6<br>112.1      |
| 3 Unspiked<br>+ 15<br>+ 50<br>+ 250 | 3.9<br>9.2<br>24.5<br>148.0 | 9.5<br>27.0<br>127.0 | -<br>96.8<br>90.7<br>116.5 |

#### LINEARITY

Two patient serum samples were diluted with calibrator A. The results (in IU/L) are tabulated below:

| Sample                   | Observed<br>Result           | Expected<br>Result  | Recovery %              |
|--------------------------|------------------------------|---------------------|-------------------------|
| 1<br>1:5<br>1:10<br>1:20 | 67.7<br>12.1<br>6.2<br>3.5   | 13.5<br>6.8<br>3.4  | 89.6<br>91.2<br>102.9   |
| 2<br>1:5<br>1:10<br>1:20 | 137.7<br>30.2<br>14.6<br>7.6 | 27.5<br>13.8<br>6.9 | 109.8<br>105.8<br>110.1 |

#### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values:

| Group                                | Range (IU/L) |
|--------------------------------------|--------------|
| Males                                | < 5          |
| Females:<br>Non-Pregnant<br>Pregnant | < 5<br>> 250 |







# Cortisol Saliva REF CAN-C-240

#### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 150 µL of the Cortisol-HRP conjugate into each well.



Gently tap the microplate frame for 10 seconds to mix the contents of the wells.





Incubate for 45 minutes at room temperature (no shaking). Wash 3 times.





Pipette 150 µL of TMB substrate. Gently tap the microplate frame for 10 seconds.



Incubate for 15–20 minutes at room temperature (no shaking).





Pipette 50 μL of stopping solution. Gently tap the microplate frame to mix.



Read the plate on a microplate reader at 450 nm.

**Cortisol** is the most abundant circulating steroid and the major glucocorticoid secreted by the adrenal cortex. Cortisol is physiologically effective in blood pressure maintenance and anti-inflammatory activity. It is also involved in calcium absorption, gluconeogenesis as well as the secretion of gastric acid and pepsin. The levels of cortisol are increased under stress situations, physical exercise and external administration of ACTH.

Most circulating cortisol is bound to corticosteroid-binding globulin (transcortin) and albumin. The amount of unbound or free cortisol (which is considered the active fraction in blood), represents approximately 1–2% of the total amount in blood.

The measurement of salivary cortisol is considered to represent the free fraction, due to the absence of appreciable amounts of cortisol-binding proteins in saliva. The level of salivary cortisol shows a diurnal rhythm with the highest levels in the morning and the lowest levels at night.

Studies consistently report high correlations between serum and salivary cortisol, indicating that salivary cortisol levels reliably estimate serum cortisol levels.

The measurement of salivary cortisol levels can be used as an indicator of adrenal function and the differential diagnosis of Addison's and Cushing's diseases.

#### PRINCIPLE OF THE TEST

The cortisol saliva ELISA is a competitive immunoassay. Competition occurs between an unlabelled antigen present in calibrators, controls and patient samples and an enzyme-labelled antigen (conjugate) for a limiting number of anti-cortisol antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the enzyme substrate is added and approximately 20 minutes later the enzymatic reaction is terminated by addition of stopping solution. The resulting optical density (OD), measured with a microplate reader, is inversely pro-

(mu 024) 00 0.5 1.0 100 100.c Cortisol (ng/mL)

portional to the concentration of cortisol in the sample. A calibrator curve is plotted with a provided set of calibrators to calculate directly the concentration of cortisol in patient samples and controls

Typical calibration curve

#### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the Cortisol Saliva ELISA kit is 0.033 ng/mL.

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with cortisol cross-reacting at 100%.

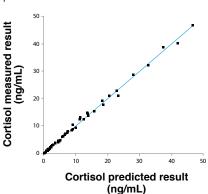
| Compound               | % Cross-Reactivity |
|------------------------|--------------------|
| Cortisol               | 100                |
| Progesterone           | 1.9                |
| Corticosterone         | 1.4                |
| 11-Deoxycorticosterone | < 0.04             |
| Cortisone              | 6.3                |
| Prednisone             | 3.6                |
| DHEAS                  | < LoD              |
| Prednisolone           | 17.8               |

Prednisolone does cross-react with most assays ( $\sim$ 30% with most commercially available assays). Prednisolone has a half-life of  $\sim$ 3.5 hours and needs 16–18 hours to be adequately cleared from the circulation.

Since prednisone is converted to prednisolone in vivo, caution must be exercised when assaying the cortisol levels of patients undergoing either therapy. Patients being treated with prednisone or prednisolone should not be tested with this cortisol saliva test until at least 24 hours after the last treatment.

#### LINEARITY

The linearity study was performed with five human saliva samples with concentrations covering the range of the assay and following CLSI guideline EP06-A. The samples were diluted in calibrator A up to tenfold (1:10), tested in duplicate, and the results (y) compared to the predicted concentration. The statistical analysis shows that the assay is



sufficiently linear throughout the dynamic range of the kit up to a 1:10 dilution, when using calibrator A as the diluent.

$$y = 0.9949x + 0.0888$$
$$R^2 = 0.9965$$

#### **PRECISION**

The experimental protocol used a nested components-of-variance design with 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean   | Within Run<br>SD | Within Run<br>CV | Total SD | Total CV |
|--------|--------|------------------|------------------|----------|----------|
| 1      | 1.870  | 0.213            | 11.4%            | 0.218    | 11.7%    |
| 2      | 6.637  | 0.462            | 7.0%             | 0.589    | 8.9%     |
| 3      | 10.196 | 0.834            | 8.2%             | 1.061    | 10.4%    |
| 4      | 18.756 | 1.383            | 7.4%             | 1.763    | 9.4%     |
| 5      | 3.035  | 0.287            | 9.4%             | 0.291    | 9.6%     |
| 6      | 0.679  | 0.114            | 16.9%            | 0.118    | 17.4%    |
| 7      | 24.800 | 2.103            | 8.5%             | 2.567    | 10.4%    |
| 8      | 0.356  | 0.056            | 15.8%            | 0.058    | 16.4%    |
| 9      | 2.309  | 0.214            | 9.2%             | 0.228    | 9.9%     |
| 10     | 12.939 | 0.991            | 7.7%             | 1.090    | 8.4%     |

#### **COMPARATIVE STUDIES**

The DBC Cortisol Saliva ELISA kit assay (y) was compared to a commercial Cortisol Saliva ELISA assay (x). The comparison of 47 saliva samples yielded the following linear regression results:

$$y = 0.844x + 0.634$$
,  $R^2 = 0.929$ 

#### REFERENCE RANGES

Reference ranges (95%) were established using samples obtained from individuals of diverse races. Each laboratory shall establish their own range of reference values.

| Group         | N  | Median<br>(ng/mL) | 95%<br>Range<br>(ng/mL) | 95%<br>Range<br>(ng/mL) | Total<br>Range<br>(ng/mL) | Total<br>Range<br>(ng/mL) |
|---------------|----|-------------------|-------------------------|-------------------------|---------------------------|---------------------------|
| Males<br>AM   | 82 | 1.638             | 0.21–6.33               | AM range<br>(ng/mL)     | 0.07–7.63                 | AM range<br>(ng/mL)       |
| Females<br>AM | 78 | 2.265             | 0.23–7.27               | 0.21–7.27               | 0.113–7.90                | 0.07–7.90                 |
| Males<br>PM   | 76 | 0.897             | 0.16–3.42               | PM range                | 0.045-4.34                | PM range                  |
| Females<br>PM | 77 | 0.396             | 0.074-2.38              | (ng/mL)<br>0.074–3.42   | 0.02–3.78                 | (ng/mL)<br>0.02–4.34      |

Ordering Information:

REF CAN-C-240



### Cortisol REF CAN-C-270

#### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare Wash Buffer Working Solution.



Pipette 20 µL of each calibrator, control and specimen sample.



Pipette 150 μL of the HRP Conjugate into each well.



Gently tap the mircoplate frame for 10 seconds to mix the contents.





Incubate at room temperature (no shaking) for 45 minutes. Wash 3 times.





Pipette 150 μL of TMB Substrate. Gently tap the frame to mix contents.



Incubate at room temperature (no shaking) for 15 minutes.



Pipette 50 µL of Stopping Solution.



Read the plate on a microplate reader at 450 nm.

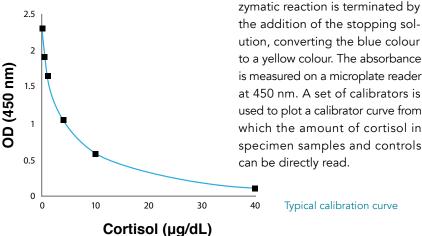
Cortisol is the most abundant circulating steroid and the major glucocorticoid secreted by the adrenal cortex. Cortisol is physiologically effective in blood pressure maintenance and anti-inflammatory activity. It is also involved in calcium absorption, gluconeogenesis as well as the secretion of gastric acid and pepsin.

Measurement of blood cortisol levels can be used as an indicator of adrenal function and the differential diagnosis of Addison's and Cushing's diseases as well as adrenal hyperplasia.

Most circulating cortisol is bound to cortisol binding globulin or transcortin. Therefore, the free cortisol concentration excreted in the urine is very small, and the 24-hour collection of urine is a must in order to obtain an accurate measurement of urinary cortisol. Cortisol in blood shows a diurnal rhythm with the highest levels in the morning and the lowest levels at night.

#### PRINCIPLE OF THE TEST

The Cortisol ELISA is a competitive immunoassay. Competition occurs between cortisol present in calibrators, controls, specimen samples and an enzyme-labelled antigen (HRP conjugate) for a limited number of anti-cortisol antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the TMB substrate (enzyme substrate) is added which reacts with HRP to form a blue-coloured product that is inversely proportional to the amount of cortisol present. Following an incubation, the en-



the addition of the stopping solution, converting the blue colour to a yellow colour. The absorbance is measured on a microplate reader at 450 nm. A set of calibrators is used to plot a calibrator curve from which the amount of cortisol in specimen samples and controls can be directly read.

Typical calibration curve

#### **PRECISION**

The precision study was performed according to the CLSI EP5-A3 guideline. The experimental protocol used a nested components-of-variance design with 8 serum samples, 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(µg/dL) | Within Run<br>SD (µg/dL) | Within<br>Run CV% | Between Run<br>SD (µg/dL) | Between<br>Run CV% | Total SD<br>(µg/dL) | Total CV<br>% |
|--------|-----------------|--------------------------|-------------------|---------------------------|--------------------|---------------------|---------------|
| 1      | 3.520           | 0.097                    | 2.7               | 0.188                     | 5.3                | 0.220               | 6.3           |
| 2      | 12.640          | 0.206                    | 1.6               | 0.389                     | 3.1                | 0.440               | 3.5           |
| 3      | 32.347          | 0.349                    | 1.1               | 0.551                     | 1.7                | 0.652               | 2.0           |
| 4      | 0.829           | 0.072                    | 8.7               | 0.079                     | 9.5                | 0.107               | 12.8          |
| 5      | 15.358          | 0.341                    | 2.2               | 0.350                     | 2.3                | 0.502               | 3.3           |
| 6      | 32.274          | 0.493                    | 1.5               | 0.546                     | 1.7                | 0.736               | 2.3           |
| 7      | 9.461           | 0.179                    | 1.9               | 0.295                     | 3.1                | 0.361               | 3.8           |
| 8      | 4.568           | 0.208                    | 4.5               | 0.162                     | 3.5                | 0.274               | 6.0           |

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with cortisol cross-reacting at 100%. ND=Not detected.

| Compound                       | % Cross-Reactivity |  |  |
|--------------------------------|--------------------|--|--|
| Cortisol                       | 100                |  |  |
| 11-Deoxycorticosterone         | 3.8                |  |  |
| 11-Deoxycortisol               | 8.7                |  |  |
| 17-OH-progesterone             | 10.2               |  |  |
| 21-Deoxycortisol               | ND                 |  |  |
| Aldosterone                    | 0.8                |  |  |
| Allopregnanolone               | 2.0                |  |  |
| Androstenedione                | 1.0                |  |  |
| Androsterone                   | ND                 |  |  |
| Corticosterone                 | 14.2               |  |  |
| Cortisone                      | 8.8                |  |  |
| Dehydroepiandrosterone         | ND                 |  |  |
| Dehydroepiandrosterone Sulfate | ND                 |  |  |
| Dihydrotestosterone            | ND                 |  |  |
| Estradiol                      | ND                 |  |  |
| Estriol                        | ND                 |  |  |
| Estrone                        | ND                 |  |  |
| Prednisolone                   | 21.6               |  |  |
| Prednisone                     | 16.3               |  |  |
| Pregnenolone                   | 0.5                |  |  |
| Testosterone                   | 3.3                |  |  |

#### LINEARITY

The linearity study was according to the CLSI EP06-A guideline using three human serum samples covering the range of the assay.

The samples were diluted in calibrator A at several equidistant concentration levels and up to a 1:10 dilution. Samples were tested in duplicate, and the regression equation of the results (y) compared to the concentration (x) predicted from the dilution factor was:

y = 0.98x + 0.17, r = 0.99.

The relative non-linearity was  $\leq$  4.8% at a dilution ratio up to 1:10 for all samples. The statistical analysis demonstrates that the assay is sufficiently linear throughout the dynamic range of the kit.

#### COMPARATIVE STUDIES

The DBC Cortisol ELISA kit (y) was compared to a competitor's commercial Cortisol ELISA kit (x). The comparison of 71 human serum samples yielded the following linear regression results: y = 1.17x - 0.73, r = 0.99

#### REFERENCE RANGES

Reference ranges (95%) were estimated using male and female human serum samples collected during the AM and PM. Samples were obtained from adult individuals of diverse races. Results are summarized below. Each laboratory shall establish their own reference ranges.

| Group | N  | Mean (µg/dL) | 95% Reference<br>Range (μg/dL) |
|-------|----|--------------|--------------------------------|
| AM    | 52 | 11.46        | 4.94–18.32                     |
| PM    | 52 | 6.82         | 3.23-13.82                     |







### Dehydroepiandrosterone

REF CAN-DH-490

#### ASSAY PROCEDURE



Bring kit components to room temperature.



Prepare working solution of the wash



Pipette 25 µL of each calibrator, control and specimen sample.



Pipette 100 µL of the DHEA-HRP conjugate into each well.



Gently tap the microplate frame for 10 seconds to mix contents.





Incubate at room temperature (no shaking) for 90 minutes. Wash 3 times.





Pipette 150 µL of TMB substrate. Gently tap the microplate frame for 10 seconds.



Incubate at room temperature (no shaking) for 15–20 minutes



Pipette 50 µL of stopping solution.



Read the plate on a microplate reader

Dehyroepiandrosterone (DHEA) is a C19 steroid produced in the adrenal cortex and to a lesser extent in the gonads. DHEA serves as a precursor in testosterone and estrogen synthesis. Due to the presence of a 17-oxo-group, DHEA has relatively weak androgenic activity, which has been estimated at ~10% that of testosterone. However, in neonates, peripubertal children and in adult women, circulating DHEA levels may be several-fold higher than testosterone concentrations, and rapid peripheral tissue conversion to more potent androgens (androstenedione and testosterone) and estrogens may occur. Moreover, DHEA has a relatively low affinity for sex hormone-binding globulin—a factor that may enhance the physiological biopotency of DHEA.

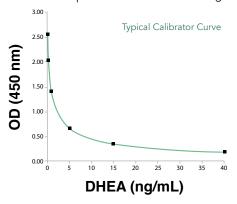
The physiological functions of DHEA are still the subject of investigation. DHEA reportedly plays a role in immune function, lipid metabolism, cholesterol, the nervous system, ageing and protection against viral infection. Serum DHEA levels are relatively high in the fetus and neonates, low during childhood, and increase during puberty until the third decade of life. No consistent change in serum DHEA levels occurs during the menstrual cycle or pregnancy. DHEA has a rapid metabolic clearance rate as compared to its sulfated conjugate. Because of this, serum DHEA levels are 100–1000 fold lower than DHEA-Sulfate levels. In addition, serum DHEA levels show significant diurnal variation which is dependent on adrenocorticotropic hormone (ACTH).

Abnormally low levels may occur in hypoadrenalism, and elevated levels may occur in several conditions, such as 21-hydroxylase and 3b-hydroxysteroid dehydrogenase deficiencies and some cases of female hirsutism.

Measurement of serum **DHEA** is a useful marker of adrenal androgen synthesis.

#### PRINCIPLE OF THE TEST

The DHEA ELISA is a competitive immunoassay. Competition occurs between DHEA (present in standards, controls and patient samples) and an enzyme-labelled antigen (conjugate) for a limited number of anti-DHEA antibody binding sites on the microplate wells. After a washing step that removes unbound materials,



the enzyme substrate is added, and approximately 15-20 minutes later the enzymatic reaction is terminated by addition of stopping solution. The resulting optical density (OD), measured with a microplate reader, is inversely proportional to the concentration of DHEA in the sample. A calibrator curve is plotted with a provided set of calibrators to calculate directly the concentration of DHEA in patient samples and controls.

#### **PRECISION**

The precision experimental protocol was conducted according to the CLSI EP5-A3 guideline using a nested components-of-variance design with 10 testing days, two lots and two operators per day. Each operator ran two tests with two lots per day and two replicate measurements per run (a 10 x 2 x 2 x 2 design) using human serum samples. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(ng/mL) | Within<br>Run SD | Within<br>Run CV % | Between<br>Run SD | Between<br>Run CV % | Total SD | Total CV % |
|--------|-----------------|------------------|--------------------|-------------------|---------------------|----------|------------|
| 1      | 1.20            | 0.05             | 3.8%               | 0.12              | 10.2%               | 0.13     | 10.9%      |
| 2      | 3.50            | 0.09             | 2.7%               | 0.29              | 8.3%                | 0.31     | 8.7%       |
| 3      | 8.88            | 0.25             | 2.8%               | 0.54              | 6.1%                | 0.64     | 7.2%       |
| 4      | 3.26            | 0.10             | 3.0%               | 0.27              | 8.4%                | 0.29     | 9.0%       |
| 5      | 2.81            | 0.10             | 3.5%               | 0.25              | 8.7%                | 0.26     | 9.4%       |
| 6      | 1.38            | 0.04             | 3.2%               | 0.14              | 10.1%               | 0.16     | 11.5%      |
| 7      | 13.28           | 0.36             | 2.7%               | 0.95              | 7.1%                | 1.08     | 8.1%       |
| 8      | 20.20           | 0.51             | 2.5%               | 1.65              | 8.2%                | 1.73     | 8.6%       |

#### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with DHEA cross-reacting at 100%.

| Steroid                         | % Cross-Reactivity |  |  |  |
|---------------------------------|--------------------|--|--|--|
| DHEA                            | 100                |  |  |  |
| 11-Deoxycortisol                | 0.08               |  |  |  |
| 17-Hydroxypregnenolone          | 2.08               |  |  |  |
| $17\alpha$ -Hydroxyprogesterone | 0.18               |  |  |  |
| Aldosterone                     | 0.12               |  |  |  |
| Androstenedione                 | 0.41               |  |  |  |
| Androsterone                    | 0.14               |  |  |  |
| Cholesterol                     | < 0.01             |  |  |  |
| Cortisol                        | 0.11               |  |  |  |
| Corticosterone                  | 0.11               |  |  |  |
| DHEAS                           | < 0.008            |  |  |  |
| DHT                             | 0.37               |  |  |  |
| Epiandrosterone                 | 1.30               |  |  |  |
| Estradiol                       | 0.31               |  |  |  |
| Estrone                         | 0.16               |  |  |  |
| Pregnenolone                    | 9                  |  |  |  |
| Progesterone                    | 0.22               |  |  |  |
| Testosterone                    | 0.32               |  |  |  |

#### REFERENCE RANGES

Reference ranges were established using serum samples from 264 female donors between 18-63 years old and 130 male donors between 18-65 years old. The reference ranges were determined using a non-parametric method and are summarized in the table below.

As for all clinical assays each laboratory should collect data and establish their own range of reference values.

| Adults  | Age<br>(years) | n   | Median<br>(ng/mL) | Mean<br>(ng/mL) | 95% Reference<br>Range (ng/mL) |
|---------|----------------|-----|-------------------|-----------------|--------------------------------|
| Males   | 18–65          | 130 | 2.80              | 3.04            | 1.33-6.48                      |
| Females | 18–63          | 264 | 2.35              | 2.61            | 1.00-5.86                      |

| Children | Age (years) | n  | Total Range (ng/mL) |
|----------|-------------|----|---------------------|
|          | 1–9         | 28 | 0.20–1.5            |
| Males    | 10–14       | 23 | 0.58–3.7            |
|          | 15–18       | 14 | 1.50–3.6            |
|          | 2–9         | 27 | 0.36–3.6            |
| Females  | 10–14       | 21 | 0.47-5.5            |
|          | 15–18       | 19 | 0.41–5.7            |

<sup>\*</sup> Since the number of pediatric samples is insufficient to establish a 95% reference range, the total range is provided which shows the lowest to the highest value obtained in each age group.







# Dehydroepiandrosterone Sulfate (DHEAS) REF CAN-DHS-480

#### REF CAIN-

#### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 200 µL of conjugate working solution into each well.



Incubate on a plate shaker for 45 minutes at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a plate shaker for 15–20 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

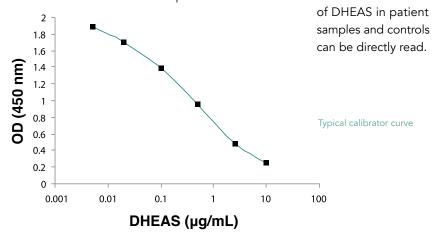
**Dehydroepiandrosterone sulfate (DHEAS)** is produced by the adrenals and gonads. As a result, the determination of the level of DHEA-S in serum is important in the evaluation of the functional state of these glands. DHEAS is a precursor of testosterone and estrone. Besides the adrenals in females, the ovaries have been shown to be an important source of DHEAS. It has been reported that there is a fluctuation day by day of DHEAS in women during the ovulatory cycle.

The principle production of testosterone in females is from conversion of other related androgens, especially DHEAS. An abnormal testosterone level in women should be accompanied by the estimation of serum DHEAS.

The use of serum testosterone determination in conjunction with Elisa of DHEAS can be used to determine if the source of excess androgen production is ovarian or adrenal.

#### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of DHEAS in the sample. A set of standards is used to plot a standard curve from which the amount



### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct DHEAS ELISA kit is  $0.005~\mu g/mL$ .

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct DHEAS ELISA kit with DHEAS cross-reacting at 100%.

| Steroid         | % Cross-Reactivity |
|-----------------|--------------------|
| DHEAS           | 100                |
| Androsterone    | 16.0               |
| Androstenedione | 1.7                |
| Testosterone    | 0.9                |
| Progesterone    | 0.6                |
| DHT             | 0.6                |
| Cortisol        | 0.5                |

The following steroids were tested but cross-reacted at less than 0.001%: 17 $\beta$ -Estradiol, Estrone, Estrone-Sulfate and Pregnenolone.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in  $\mu g/mL$ ) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.24 | 0.02 | 7.5  |
| 2      | 2.02 | 0.18 | 8.9  |
| 3      | 9.54 | 0.11 | 11.5 |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in  $\mu$ g/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.13 | 0.02 | 15.3 |
| 2      | 1.11 | 0.09 | 8.1  |
| 3      | 6.38 | 0.27 | 4.2  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of DHEAS to three patient serum samples. The results (in  $\mu g/mL$ ) are tabulated below:

| Sample                                | Observed<br>Result           | Expected<br>Result        | Recovery %                 |
|---------------------------------------|------------------------------|---------------------------|----------------------------|
| 1 Unspiked<br>+ 0.1<br>+ 1.0<br>+ 5.0 | 0.67<br>0.84<br>1.97<br>5.80 | -<br>0.77<br>1.67<br>5.67 | 109.1<br>118.0<br>102.3    |
| 2 Unspiked<br>+ 0.1<br>+ 1.0<br>+ 5.0 | 1.21<br>1.41<br>2.01<br>4.95 | 1.31<br>2.21<br>6.21      | -<br>107.6<br>91.0<br>79.7 |
| 3 Unspiked<br>+ 0.1<br>+ 1.0<br>+ 5.0 | 1.72<br>1.93<br>2.65<br>5.45 | -<br>1.82<br>2.72<br>6.72 | -<br>106.0<br>97.4<br>81.1 |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in  $\mu$ g/mL) are tabulated below:

| Sample                 | Observed<br>Result           | Expected<br>Result        | Recovery %                |
|------------------------|------------------------------|---------------------------|---------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 2.88<br>1.74<br>0.88<br>0.43 | -<br>1.44<br>0.72<br>0.36 | 120.8<br>122.2<br>119.4   |
| 2<br>1:2<br>1:4<br>1:8 | 6.32<br>3.17<br>1.63<br>0.78 | -<br>3.16<br>1.58<br>0.79 | 100.3<br>103.2<br>98.7    |
| 3<br>1:2<br>1:4<br>1:8 | 7.12<br>3.09<br>1.54<br>0.80 | -<br>3.56<br>1.78<br>0.89 | -<br>86.8<br>86.5<br>89.9 |

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Range (µg/mL) |
|---------------|
| 0.39–4.63     |
| 0.46–2.75     |
| 0.48–2.08     |
|               |







### Dihydrotestosterone (DHT)

REF CAN-DHT-280

### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare working wash buffer.



Pipette 25 μL of each calibrator, control, and specimen.



Pipette 50 μL of the DHT-HRP conjugate into each well.



Gently tap the microplate frame for 10 seconds to mix the contents of the wells.





Incubate at room temperature (no shaking) for 90 minutes. Wash 3 times.



Pipette 150  $\mu L$  of the TMB Substrate into each well.



Incubate for 30 minutes at room temperature (no shaking).



Pipette 50  $\mu$ L of Stopping Solution into each well.



Gently tap the microplate frame to mix the contents of the wells.



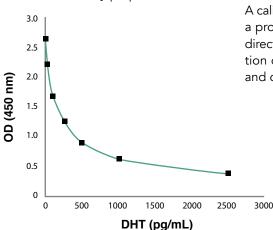
Measure the absorbance at 450 nm with a microplate reader.

**Dihydrotestosterone (DHT)** is the most active natural androgen in humans with a principal role in the development of primary and secondary sexual characteristics and potential participation in a myriad of other physiological processes. In men, the bulk of androgen production takes place mainly in the Leydig cells of the testes. Androgens circulate in the blood bound to proteins, mainly sex hormone-binding globulin (SHBG) to which DHT has the highest binding affinity among all the endogenous steroids. In females, dihydrotestosterone is primarily a peripheral product of testosterone conversion and circulates in the blood in low concentrations.

Some of the main clinical indications of the DHT measurement in serum are investigations of delayed puberty in men and evaluation of the presence of active testicular tissue.

### PRINCIPLE OF THE TEST

The DHT ELISA is a competitive immunoassay. Competition occurs between DHT present in calibrators, controls and patient samples and an enzyme-labelled antigen (conjugate) for a limited number of anti-DHT antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the enzyme substrate is added, and approximately 30 minutes later the enzymatic reaction is terminated by addition of stopping solution. The resulting optical density (OD), measured with a microplate reader, is inversely proportional to the concentration of DHT in the sample.



A calibrator curve is plotted with a provided set of calibrators to directly calculate the concentration of DHT in patient samples and controls.

### **PRECISION**

A precision study was conducted according to EP05-A2. The experimental protocol used a nested components-of-variance design with 10 testing days, two lots and two scientists per day. Each scientist ran two tests per day and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(pg/mL) | Within Run<br>SD (pg/mL) | Within<br>Run CV % | Between Run<br>SD (pg/mL) | Between<br>Run CV % | Total SD<br>(pg/mL) | Total CV % |
|--------|-----------------|--------------------------|--------------------|---------------------------|---------------------|---------------------|------------|
| 1      | 31.4            | 13.7                     | 43.7               | 3.3                       | 10.5                | 14.1                | 44.9*      |
| 2      | 144.2           | 19.3                     | 13.4               | 8.5                       | 5.9                 | 21.0                | 14.6       |
| 3      | 817.5           | 51.7                     | 6.3                | 21.1                      | 2.6                 | 55.8                | 6.8        |
| 4      | 429.5           | 34.5                     | 8.0                | 10.8                      | 2.5                 | 36.8                | 8.6        |
| 5      | 586.2           | 38.8                     | 6.6                | 15.5                      | 2.6                 | 41.8                | 7.1        |
| 6      | 1561            | 90.0                     | 5.8                | 24.1                      | 1.5                 | 94.5                | 6.1        |
| 7      | 1287            | 71.1                     | 5.5                | 18.5                      | 1.4                 | 73.4                | 5.7        |

Samples that are close to the limit of quantitation are expected to have a higher imprecision. The allowable total error for samples lower than 145 pg/mL is ± 30 pg/mL.

### SENSITIVITY

The lower detection limit was calculated following EP17-A2. Sixty replicates of the matrix and low concentration samples were run in independent tests with three lots of the kit. The Limit of Background was determined to be 9.4 pg/mL and the Limit of Detection was determined to be 17 pg/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with  $5\alpha\text{-DHT}$  cross-reacting at 100%.

| Compound               | % Cross-Reactivity |
|------------------------|--------------------|
| 5α-DHT                 | 100                |
| 17-hydroxyprogesterone | < 0.01             |
| 17β-estradiol          | < 0.01             |
| Aldosterone            | < 0.01             |
| Androstenedione        | 0.6                |
| Corticosterone         | < 0.01             |
| Cortisol               | < 0.01             |
| Danazol                | < 0.01             |
| DHEAS                  | < 0.01             |
| Estriol                | < 0.01             |
| Estrone                | < 0.01             |
| Ethisterone            | 0.03               |
| Pregnenolone           | < 0.01             |
| Progesterone           | < 0.01             |
| Testosterone           | 8.1                |
|                        |                    |

### **INTERFERENCES**

Haemoglobin up to 10 g/L, Bilirubin conjugated and unconjugated up to 10 mg/dL, Triglycerides up to 1500 mg/dL, Biotin up to 2.4  $\mu$ g/mL, HAMAS up to 1.2  $\mu$ g/mL, and Rheumatoid Factor up to 2531 IU/mL did not interfere with the assay.

Interferences were observed for both bilirubin conjugated and unconjugated at levels of 20 mg/dL or higher.

### LINEARITY

The linearity study was performed with four human serum samples covering the range of the assay (between 226 and 2500 pg/mL) and following CLSI guideline EP06-A. The samples were diluted in serum samples with a low concentration of DHT (less than 50 pg/mL) at several equidistant concentration levels and up to ten percent

(1:10), tested in duplicate, and the results compared to the predicted concentration. The statistical analysis shows that the assay is sufficiently linear up to a 1:10 dilution.

Expected Result, DHT (pg/mL)

Ordering Information:

REF CAN-DHT-280





## **Estradiol**

REF CAN-E-430

### **ASSAY PROCEDURE**



Bring kit components to room



Prepare working solutions.



Pipette 50 µL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a plate shaker for 10-15 minutes at room temperature.



Pipette  $50 \mu L$  of stopping solution.



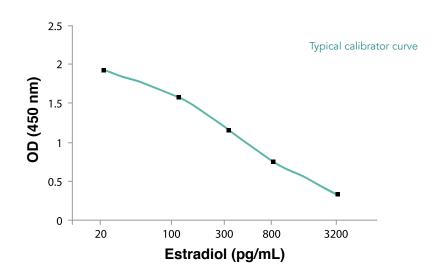
Read the plate on a microplate reader at 450 nm.

Estradiol is one of the main components of naturally occurring estrogens and is the major estrogen secreted during the menstrual cycle.

The serum levels of estradiol are low during the follicular phase rising gradually until about one day before ovulation when a marked rise in the estradiol level occurs (Ovulatory Peak). The estradiol level falls rapidly at, or right after ovulation and is again within the levels of the follicular phase. There is a second rise of estradiol around day 21 of the cycle (Luteal Peak). The levels then decline gradually to the lowest level at the onset of the next menstrual cycle.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled estradiol (present in standards, controls and patient samples) and an enzymelabelled estradiol (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of unlabelled estradiol in the sample. A set of standards is used to plot a standard curve from which the amount of estradiol in patient samples and controls can be directly read.



### **SENSITIVITY**

The detection limit is defined as the concentration of estradiol needed to give a  $B/B_0$  values equivalent to the point where B is equal to  $B_0$  minus 2X the SD of  $B_0$ . Based on 20 replicate analyses of standard A, the sensitivity is **10 pg/mL**.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Estradiol ELISA kit with estradiol cross-reacting at 100%.

| Steroid      | % Cross-Reactivity |
|--------------|--------------------|
| Estradiol    | 100                |
| Estriol      | 1.6                |
| Estrone      | 1.3                |
| Progesterone | 0.1                |
| Cortisol     | 0.1                |

This assay should not be used for patients being treated with the drug fulvestrant (Faslodex®) which cross reacts with estradiol and could lead to a falsely elevated test result.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in pg/mL) are tabulated below:

| Sample | Mean     | SD     | CV % |
|--------|----------|--------|------|
| 1      | 85.624   | 7.946  | 9.3  |
| 2      | 355.735  | 32.372 | 9.1  |
| 3      | 1104.385 | 51.243 | 4.6  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times. The results (in pg/mL) are tabulated below:

| Sample | Mean     | SD     | CV % |
|--------|----------|--------|------|
| 1      | 82.044   | 8.286  | 10.1 |
| 2      | 324.623  | 31.813 | 9.8  |
| 3      | 1153.301 | 71.505 | 6.2  |

### **RECOVERY**

Three human serum samples were spiked with defined amounts of estradiol. The recovery results (in pg/mL) are tabulated below:

| Sample  | Observed<br>Result                       | Expected<br>Result            | Recovery %                  |
|---|--|-------------------------------|-----------------------------|
| 1 Unspiked  | 43.312                                   | -                             | -                           |
| + 800 (20%)   | 196.874                                  | 169.427                       | 116.2                       |
| + 3200 (10%)  | 360.670                                  | 330.284                       | 109.2                       |
| + 3200 (20%)  | 638.328                                  | 569.427                       | 112.1                       |
| 2 Unspiked<br>+ 800 (20%)<br>+ 3200 (10%)<br>+ 3200 (20%) | 125.661<br>275.461<br>415.680<br>576.160 | 238.051<br>405.146<br>638.051 | -<br>115.7<br>102.6<br>90.3 |
| 3 Unspiked  | 336.297                                  | -                             | -                           |
| + 800 (20%)   | 474.791                                  | 413.581                       | 114.8                       |
| + 3200 (10%)  | 600.214                                  | 596.634                       | 100.6                       |
| + 3200 (20%)  | 758.257                                  | 813.581                       | 93.2                        |

### LINEARITY

Three human serum samples were diluted with calibrator A. The linearity results (in pg/mL) are tabulated below:

| Sample                 | Observed<br>Result                      | Expected<br>Result                | Recovery %                |
|------------------------|---|-----------------------------------|---------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 638.328<br>272.247<br>140.592<br>74.844 | -<br>319.164<br>159.582<br>79.791 | 85.3<br>88.1<br>93.8      |
| 2<br>1:2<br>1:4<br>1:8 | 576.160<br>324.092<br>168.957<br>73.646 | -<br>288.080<br>144.040<br>72.020 | 112.5<br>117.3<br>102.3   |
| 3<br>1:2<br>1:4<br>1:8 | 758.257<br>335.908<br>186.152<br>78.103 | -<br>379.129<br>189.564<br>94.782 | -<br>88.6<br>98.2<br>82.4 |

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values. The results of an expected range study with apparently normal healthy subjects yielded the following results (all values are reported in pg/mL):

| Group            | N  | Mean | Central 95% |
|------------------|----|------|-------------|
| Males            | 40 | 22   | < 100       |
| Follicular Phase | 10 | 41   | 15–120      |
| Ovulation        | 3  | 289  | 200–400     |
| Luteal Phase     | 10 | 193  | 175–325     |
| Postmenopausal   | 30 | 28   | < 90        |

Ordering Information:

REF CAN-E-430





### Free Estriol **Serum and Saliva**

REF CAN-E-620

### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare working wash buffer.



Serum: pipette 10 µL of each calibrator, control and specimen sample. Saliva: pipette 20 µL of each.



Pipette 150 µL of Estriol-HRP conjugate into each well.



Gently tap the microplate frame for 10 seconds to mix contents.





at room temperature (no shaking). Wash 3 times.



Pipette 150 µL of TMB substrate.



temperature (no shaking).





Pipette 50 µL of stopping solution. Gently tap the microplate frame to mix.



Read the plate on a microplate reader

EU: ( E IVD CAN: IVD

The production of estriol in pregnant women depends on a healthy maternalplacental-fetal system, the estriol concentration is a marker of both placental and fetal normal development and metabolism.

> The determination of serum or saliva estriol concentration is instrumental for the assessment of fetus health in advanced pregnancy<sup>1</sup>.

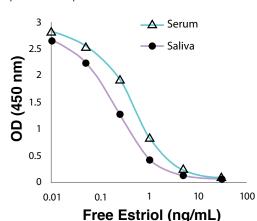
In non-pregnant women and men, estriol levels are low. Notwithstanding, one common application of salivary tests is the monitoring of the estriol levels in women undergoing hormone replacement therapy<sup>2</sup>.

Due to the significant temporal fluctuations in the concentrations of this hormone, multiple tests are recommended to obtain reliable results<sup>3</sup>.

- Berkane N. et al. From Pregnancy to Preeclampsia: A Key Role for Estrogens. Endocr Rev. 2017;38(2):123–144
- Fleck SC, et al. Comparative estrogenicity of endogenous, environmental and dietary estrogens pregnant women I: Serum levels, variability and the basis for urinary biomonitoring of serum estrogenicity. Food Chem Toxicol. 2018;115:511–522
   Falah N, et al. Estriol review: Clinical applications and potential biomedical importance. Clin Res Trials. 2015;1(2):29–33. doi: 10.15761/CRT.1000109

### PRINCIPLE OF THE TEST

The Free Estriol (also referred to as unconjugated estriol or uE3 in the literature) ELISA is a competitive immunoassay. Competition occurs between Estriol present in calibrators, controls and patient samples and an enzyme-labelled antigen (conjugate) for a limiting number of anti-Estriol antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the enzyme substrate is added, and approximately 15-20 minutes later the enzymatic reaction is terminated by addition of stopping solution. The resulting optical density (OD), measured with a microplate reader, is inversely proportional to the concentration of Estriol in the sample. A calibrator curve is plotted with a provided set of calibrators to calculate directly the concentration of estriol in patient samples and controls.



Serum and salivary assays follow the same procedure except that the volume of the calibrators, controls and samples dispensed into the microplate wells is  $10 \, \mu L$ for serum assays and 20 µL for salivary assays.

### **SENSITIVITY**

The lower detection limit was calculated following EP17-A. Sixty replicates of the matrix and a low concentration sample were run in independent tests with two lots of the kit.

Serum: The Limit of Background was determined to be 0.027 ng/mL and the Limit of Detection was determined to be 0.058 ng/mL.

Saliva: The Limit of Background was determined to be 0.017 ng/mL and the Limit of Detection was determined to be 0.034 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with estriol reacting at 100%.

| Compound              | % Cross-Reactivity |  |  |
|-----------------------|--------------------|--|--|
| Estriol               | 100                |  |  |
| Estriol-3-Sulfate     | 0.6                |  |  |
| Estriol-3-Glucuronide | 1.3                |  |  |
| Estradiol             | < 0.1              |  |  |
| 17α-Estradiol         | < 0.1              |  |  |
| Estradiol Sulfate     | < 0.01             |  |  |
| Estrone               | < 0.1              |  |  |
| Estrone Sulfate       | < 0.01             |  |  |
| Cholesterol           | < 0.0001           |  |  |
| Corticosterone        | < 0.01             |  |  |
| DHEAS                 | < 0.1              |  |  |
| Equilin               | < 0.1              |  |  |
| Prednisone            | < 0.001            |  |  |

### LINEARITY

The linearity study was performed with four human serum and four human saliva samples covering the range of the assay and following CLSI guideline EP06-A. The samples were diluted in calibrator A at several equidistant concentration levels and up to ten-fold (1:10), tested in duplicate, and the results (y) compared to the predicted concentration (x). The statistical analysis shows that the assay is sufficiently linear up to a 1:10 dilution throughout the dynamic range of the kit when using calibrator A as the diluent.

Serum: y = 1.04x - 0.71; r = 0.99

Saliva: y = 0.95x - 0.08; r = 0.99

### **PRFCISION**

The experimental protocol used a nested components-of-variance design with 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(ng/mL) | Within<br>Run SD | Within<br>Run CV | Total SD | Total CV |
|--------|-----------------|------------------|------------------|----------|----------|
| 1      | 0.167           | 0.023            | 13.6%            | 0.026    | 15.6%    |
| 2      | 0.264           | 0.032            | 12.3%            | 0.036    | 13.8%    |
| 3      | 0.946           | 0.062            | 6.5%             | 0.066    | 7.0%     |
| 4      | 4.841           | 0.326            | 6.7%             | 0.366    | 7.6%     |
| 5      | 11.89           | 1.107            | 9.3%             | 1.148    | 9.7%     |
| 6      | 16.10           | 1.621            | 10.1%            | 1.639    | 10.2%    |
| 7      | 3.544           | 0.232            | 6.5%             | 0.256    | 7.2%     |
| 8      | 1.927           | 0.110            | 5.7%             | 0.119    | 6.2%     |
| 9      | 5.932           | 0.403            | 6.8%             | 0.448    | 7.5%     |
| 10     | 9.127           | 0.606            | 6.6%             | 0.619    | 6.8%     |

### **COMPARATIVE STUDIES**

The DBC Free Estriol ELISA kit (y) was compared to a commercial Estriol Immunofluorescence assay (x) used for IVD. The comparison of 61 serum samples yielded the following linear regression results: y = 0.92x - 0.12, r = 0.99

The DBC Free Estriol ELISA kit (y) was compared to a commercial High Sensitivity Estriol ELISA kit (x). The comparison of 40 saliva samples yielded the following linear regression results:

y = 1.32x + 0.06, r = 0.97

### REFERENCE RANGES

| Serum Cohort Group                      | n   | Median<br>(ng/mL) | 95% Range<br>(ng/mL) | Total Range<br>(ng/mL) |
|---|-----|-------------------|----------------------|------------------------|
| Adult Males and<br>Non-Pregnant Females | 120 | < 0.058           | ND-0.11              | ND-0.12                |
| Pregnant Females<br>First Trimester     | 30  | 0.15              | _                    | ND-2.95                |
| Pregnant Females<br>Second Trimester    | 50  | 1.20              | 0.46–3.04            | 0.45–3.07              |
| Pregnant Females<br>Third Trimester     | 25  | 9.5               | _                    | 3.6–14.3               |
| Saliva Cohort Group                     | n   | Median<br>(ng/mL) | 95% Range<br>(ng/mL) | Total Range<br>(ng/mL) |
| Adult Males and<br>Non-Pregnant Females | 80  | 0.05              | ND-0.08              | ND-0.08                |
| Pregnant Females<br>Third Trimester     | 4   | 0.71              | _                    | 0.6–1.3                |

Ordering Information:

REF CAN-E-620





### Free Estrio REF CAN-E-640

### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare working wash buffer.



Pipette 10 µL of each calibrator, control and specimen sample.



Pipette 150 µL of Estriol-HRP



Gently tap the microplate frame for 10 seconds to mix contents.







Pipette 150 µL of TMB substrate.



Incubate for 15–20 minutes at room temperature (no shaking).





Pipette 50  $\mu L$  of stopping solution. Gently tap the microplate frame to mix.



Read the plate on a microplate reader

Since the production of estriol in pregnant women depends on a healthy maternal-placental-fetal system, the estriol concentration is a marker of both placental and fetal normal development and metabolism.

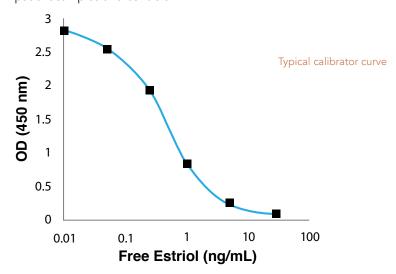
> The determination of serum estriol concentration is instrumental for the assessment of fetus health in advanced pregnancy<sup>1</sup>.

Due to the significant temporal fluctuations in the concentrations of this hormone, multiple tests are recommended to obtain reliable results<sup>2</sup>.

- Berkane N, et al. From Pregnancy to Preeclampsia: A Key Role for Estrogens. Endocr Rev. 2017;38(2):123–144.
  Fleck SC, et al. Comparative estrogenicity of endogenous, environmental and dietary estrogens in pregnant women I: Serum levels, variability and the basis for urinary biomonitoring of serum estrogenicity. Food Chem Toxicol. 2018;115:511–522

### PRINCIPLE OF THE TEST

The Free Estriol (also referred to as unconjugated estriol or uE3 in the literature) ELISA is a competitive immunoassay. Competition occurs between Estriol present in calibrators, controls and patient samples and an enzyme-labelled antigen (conjugate) for a limiting number of anti-Estriol antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the enzyme substrate is added, and approximately 15-20 minutes later the enzymatic reaction is terminated by addition of stopping solution. The resulting optical density (OD), measured with a microplate reader, is inversely proportional to the concentration of Estriol in the sample. A calibrator curve is plotted with a provided set of calibrators to calculate directly the concentration of estriol in patient samples and controls.



### **SENSITIVITY**

The lower detection limit was calculated following EP17-A. Sixty replicates of the matrix and a low concentration sample were run in independent tests with two lots of the kit.

The Limit of Background was determined to be 0.027 ng/mL and the Limit of Detection was determined to be 0.058 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with estriol reacting at 100%.

| Compound              | % Cross-Reactivity |  |  |
|-----------------------|--------------------|--|--|
| Estriol               | 100                |  |  |
| Estriol-3-Sulfate     | 0.6                |  |  |
| Estriol-3-Glucuronide | 1.3                |  |  |
| Estradiol             | < 0.1              |  |  |
| 17α-Estradiol         | < 0.1              |  |  |
| Estradiol Sulfate     | < 0.01             |  |  |
| Estrone               | < 0.1              |  |  |
| Estrone Sulfate       | < 0.01             |  |  |
| Cholesterol           | < 0.0001           |  |  |
| Corticosterone        | < 0.01             |  |  |
| DHEAS                 | < 0.1              |  |  |
| Equilin               | < 0.1              |  |  |
| Prednisone            | < 0.001            |  |  |

### INTERFERENCES

Hemoglobin up to 2 g/L, Bilirubin conjugated and unconjugated up to 20 mg/dL, Triglycerides up to 5 mg/mL, Biotin up to 10  $\mu$ g/mL, Daidzein, Genistein and Resveratrol each up to 200 ng/mL, HAMAS up to 1.2  $\mu$ g/mL, and Rheumatoid Factor up to 1.2 IU/mL did not interfere with the assay.

### **COMPARATIVE STUDIES**

The DBC Free Estriol ELISA kit (y) was compared to a commercial Estriol Immunofluorescence assay (x) used for IVD. The comparison of 61 serum samples yielded the following linear regression results: y = 0.92x - 0.12, r = 0.99

### **PRFCISION**

The experimental protocol used a nested components-of-variance design with 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(ng/mL) | Within<br>Run SD | Within<br>Run CV% | Total SD | Total CV% |
|--------|-----------------|------------------|-------------------|----------|-----------|
| 1      | 0.167           | 0.023            | 13.6              | 0.026    | 15.6      |
| 2      | 0.264           | 0.032            | 12.3              | 0.036    | 13.8      |
| 3      | 0.946           | 0.062            | 6.5               | 0.066    | 7.0       |
| 4      | 4.841           | 0.326            | 6.7               | 0.366    | 7.6       |
| 5      | 11.89           | 1.107            | 9.3               | 1.148    | 9.7       |
| 6      | 16.10           | 1.621            | 10.1              | 1.639    | 10.2      |
| 7      | 3.544           | 0.232            | 6.5               | 0.256    | 7.2       |
| 8      | 1.927           | 0.110            | 5.7               | 0.119    | 6.2       |
| 9      | 5.932           | 0.403            | 6.8               | 0.448    | 7.5       |
| 10     | 9.127           | 0.606            | 6.6               | 0.619    | 6.8       |

### LINEARITY

The linearity study was performed with four human serum covering the range of the assay and following CLSI guideline EP06-A. The samples were diluted in calibrator A at several equidistant concentration levels and up to ten-fold (1:10), tested in duplicate, and the results (y) compared to the predicted concentration (x). The statistical analysis shows that the assay is sufficiently linear up to a 1:10 dilution throughout the dynamic range of the kit when using calibrator A as the diluent. y = 1.04x - 0.71; r = 0.99

### REFERENCE RANGES

Reference ranges (95%) were estimated using samples obtained from individuals of diverse races. Each laboratory shall establish their own range of reference values.

| Cohort Group                            | n   | Median<br>(ng/mL) | 95% Range<br>(ng/mL) | Total Range<br>(ng/mL) |
|---|-----|-------------------|----------------------|------------------------|
| Adult Males and<br>Non-Pregnant Females | 120 | < 0.058           | ND-0.11              | ND-0.12                |
| Pregnant Females<br>First Trimester     | 30  | 0.15              | -                    | ND-2.95                |
| Pregnant Females<br>Second Trimester    | 50  | 1.20              | 0.46–3.04            | 0.45–3.07              |
| Pregnant Females<br>Third Trimester     | 25  | 9.5               | -                    | 3.6–14.3               |







## Estroge

REF CAN-E-630

### ASSAY PROCEDURE





Bring kit components to gently by inversion. Prepare



Pipette 50 µL of each calibrator, control



Incubate on a microplate shaker for



Pipette 150 µL of Estrogen-HRP



Incubate on a microplate shaker for



Wash 3 times.



Pipette 150 µL of TMB substrate.



Incubate on a microplate shaker for





solution. Tap gently on microplate frame to mix.



at 450 nm.

**Total estrogens** comprise the total quantity of estrone, estradiol, and estriol. The estrogens are involved in the development of female sex organs and secondary sex characteristics. Before the ovum is fertilized, the main action of the estrogens is on the growth and function of the reproductive tract to prepare it for the fertilized ovum.

During the follicular phase of the menstrual cycle, the total estrogens level shows a slight increase. The production of total estrogens then increases markedly to peak at around day 13. The peak is of short duration and by day 16 of the cycle levels will be low. A second peak occurs at around day 21 of the cycle. If fertilization does not occur, the production of total estrogens decreases.

In post-menopausal women, the concentration of all estrogens decreases substantially and estrone becomes the predominant estrogen. In pregnant women, the concentration of all estrogens escalates and estriol becomes the predominant estrogen.

### A total estrogens test is commonly indicated to:

- Aid in diagnosis of sex steroid metabolism related conditions, for example, **premature or delayed puberty**, and aromatase and 17 alpha-hydroxylase deficiencies.
- Follow-up female hormone replacement therapy in post-

### PRINCIPLE OF THE TEST

The total estrogens ELISA is a competitive immunoassay. Competition occurs between total estrogens (estrone, estradiol, and estriol) present in calibrators, controls and patient samples and an enzyme-labelled antigen (conjugate) for a limited number of anti-estrogen antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the enzyme substrate is added, and approximately 30 minutes later the enzymatic reaction is terminated by addition of stopping solution. The resulting optical density (OD), measured with a microplate

2.0 1.8 OD (450 nm) 1.6 1.4 1.0 1.0 0.8 0.6 0.4 0.2 1000 1500 2000 2500 Estrogens (pg/mL)

reader, is inversely proportional to the concentration of total estrogens in the sample. A calibrator curve is plotted with a provided set of calibrators to calculate directly the concentration of total estrogens in patient samples and controls.

### SENSITIVITY

The lower detection limit was calculated following EP17-A2. Sixty replicates of the matrix and a low concentration sample were run in independent tests with two lots of the kit. The Limit of Background was determined to be 5.4 pg/mL and the Limit of Detection was determined to be 12.4 pg/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The cross-reactivity was evaluated in relation to estrogens reacting at 100%.

| Compound               | % Cross-<br>Reactivity | Compound             | % Cross-<br>Reactivity |
|------------------------|------------------------|----------------------|------------------------|
| Estrone                | 100                    | DHEA                 | 0.3                    |
| 17β-Estradiol          | 100                    | DHEAS                | 0.004                  |
| Estriol                | 100                    | DHT                  | 0.5                    |
| 11-Deoxycorticosterone | 0.4                    | Equilin              | 6.3                    |
| 17-Hydroxyprogesterone | 0.3                    | Estradiol sulfate    | 0.1                    |
| $17\alpha$ -Estradiol  | 5.3                    | Estrone sulfate      | 0.07                   |
| Aldosterone            | 0.2                    | Prednisone           | 0                      |
| Androstenedione        | 0.2                    | Pregnenolone         | < 0.1                  |
| Androsterone           | 0.2                    | Pregnenolone sulfate | < 0.1                  |
| Cholesterol            | 0                      | Progesterone         | < 0.1                  |
| Corticosterone         | < 0.01                 | Testosterone         | 0.3                    |
| Cortisol               | < 0.1                  |                      |                        |

### **INTERFERENCES**

Hemoglobin up to 2 g/L, Bilirubin conjugated and unconjugated up to 10 mg/dL, Triglycerides up to 5 mg/mL, Biotin up to 2.4  $\mu$ g/mL, HAMAS up to 1.2  $\mu$ g/mL, and Rheumatoid Factor up to 1500 IU/mL did not interfere with the assay.

### Note on Fulvestran

Estradiol immunoassays have been reported to show interference from the drug Fulvestran (Faslodex®). This cross-reactivity can cause falsely elevated estrogen levels in patients under Fulvestrant treatment.

The following results were obtained with the Total Estrogens ELISA kit after pooled serum samples from three cohorts were spiked to a concentration of 25 ng/mL of Fulvestran.

| Sample | Unspiked Sample (pg/mL) | Sample Spiked to 25 ng/mL<br>Fulvestran (pg/mL) |
|--------|-------------------------|---|
| Pool 1 | 106.8                   | 128.6   |
| Pool 2 | 87.8                    | 105.8   |
| Pool 3 | 326.4                   | 377.6   |

The Cmax has been reported as 11.4 ng/mL (Robertson and Harrison, 2004) and 25.1 ng/mL (AstraZeneca Canada, 2017).

### References

- Robertson JFR and Harrison M. Fulvestran Pharmacokinetics and pharmacology. British Journal of Cancer. 2004; 90:S7–S10.
- 2. Faslodex® Product Monograph. AstraZeneca Canada, 2017.

### **PRECISION**

The experimental protocol used a nested components-of-variance design with 10 testing days, two runs per scientist per day, and two replicate measurements per run (a  $10 \times 2 \times 2 \times 2$  design) for each sample. The results were analyzed with a two-way nested ANOVA and summarized in the table below:

| Sample | Mean   | Within<br>Run SD | Within<br>Run CV% | Between<br>Run SD | Between<br>Run CV% | Total<br>SD | Total<br>CV% |
|--------|--------|------------------|-------------------|-------------------|--------------------|-------------|--------------|
| 1      | 104.6  | 6.6              | 6.3               | 8.3               | 8.0                | 11.9        | 11.4         |
| 2      | 56.5   | 5.3              | 9.3               | 7.0               | 12.4               | 8.8         | 15.5         |
| 3      | 377.2  | 17.6             | 4.7               | 10.8              | 2.9                | 24.4        | 6.5          |
| 4      | 83.3   | 4.7              | 5.7               | 4.2               | 5.0                | 7.1         | 8.5          |
| 5      | 100.2  | 6.0              | 6.0               | 7.5               | 7.4                | 9.9         | 9.9          |
| 6      | 251.8  | 10.3             | 4.1               | 13.3              | 5.3                | 17.0        | 6.8          |
| 7      | 365.9  | 16.8             | 4.6               | 52.2              | 14.3               | 54.8        | 15.0         |
| 8      | 1276.7 | 78.9             | 6.2               | 46.8              | 3.7                | 98.0        | 7.7          |

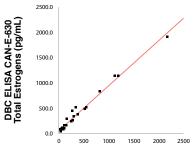
### LINEARITY

The linearity study was performed with four human serum samples covering the range of the assay and following CLSI guideline EP06-A. The samples were diluted in calibrator A at several equidistant concentration levels and up to ten percent (1:10), tested in duplicate, and the results compared to the predicted concentration. The statistical analysis shows that the assay is sufficiently linear up to a 1:10 dilution when using calibrator A as the diluent.

### **COMPARATIVE STUDIES**

The DBC Total Estrogens ELISA kit (y) was compared to Liquid Chromatography-Tandem Mass Spectrometry (x) Estrogens method. The comparison of 27 serum samples yielded the following linear regression results:

$$y = 0.89x + 62, r = 0.99$$



### LC-MS/MS,Total Estrogens (pg/mL)

### REFERENCE RANGES

Reference ranges (95%) were established using samples obtained from individuals of diverse races. Each laboratory shall establish their own range of reference values.

| Group  | N              | Median<br>(pg/mL) | 95% Reference<br>Range (pg/mL) |
|--|----------------|-------------------|--------------------------------|
| Pre-menopausal Females, cycle<br>1–10 days<br>11–20 days<br>21–30 days | 40<br>40<br>40 | 120<br>136<br>168 | 16–328<br>34–501<br>48–350     |
| Post-menopausal Females  | 120            | 74                | 40–244                         |
| Adult Males  | 120            | 104               | 56–213                         |





### Estrone REF CAN-E-420

### **ASSAY PROCEDURE**



Bring kit components to room temperature. Mix gently by inversion.



Prepare Wash Buffer Working Solution.



Pipette 50 μL of each calibrator, control and specimen sample.



Pipette 100 μL of the HRP Conjugate into each well.





Gently tap the microplate frame for 10 seconds to mix. Incubate for at room temperature (no shaking) for 60 minutes.



Wash 3 times.



Pipette 150 µL of TMB Substrate.



Incubate the microplate at room temperature (no shaking) for 20 minutes Do not tap the microplate and avoid placing in intense light or air currents.





Pipette 50 μL of Stopping Solution. Gently tap on the microplate frame to mix.



Read the plate on a microplate reader at

Estrone is a steroid, a female sex hormone and, with estradiol and estriol, one of the three most important endogenous estrogens. Estrogens are involved in the development of female sex organs and secondary sex characteristics. Before the ovum is fertilized the main action of the estrogens is on the growth and function of the reproductive tract in order to prepare it for the fertilized ovum.

During the follicular phase of the menstrual cycle the estrone level shows a slight increase. The production of estrone then increases markedly to peak at around day 13. The peak is of short duration and by day 16 of the cycle levels will be low. A second peak occurs at around day 21 of the cycle and if fertilization does not occur, then the production of estrone decreases.

### PRINCIPLE OF THE TEST

The Estrone ELISA is a competitive immunoassay. Competition occurs between estrone present in calibrators, controls, specimen samples and an enzymelabelled antigen (HRP conjugate) for a limited number of anti-estrone antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the TMB substrate (enzyme substrate) is added which reacts with HRP to form a blue-coloured product that is inversely proportional to the amount of estrone present. Following an incubation, the enzymatic reaction is terminated by the addition of the stopping solution, converting the colour from

blue to yellow. The absorbance is measured on a microplate reader at 450 nm. A set of calibrators is used to plot 2.5 a calibrator curve from which the amount of estrone in specimen samples and controls can be directly read. 2 **JD** (450 nm) 1.5 Typical calibrator curve 1 0.5 0 500 1000 1500 0 2000 Estrone (pg/mL)

### SENSITIVITY

The analytical sensitivity study was performed according to the CLSI EP17-A2 guideline. The Limit of Background (LoB), Limit of Detection (LoD) and Limit of Quantitation (LoQ) are summarized in the table below:

| Parameter | Estrone (pg/mL) |
|-----------|-----------------|
| LoB       | 5.6             |
| LoD       | 14.8            |
| LoQ       | 17.7            |

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Estrone ELISA kit with estrone cross-reacting at 100%:

| Compound               | % Cross-<br>Reactivity | Compound             | % Cross-<br>Reactivity |  |
|------------------------|------------------------|----------------------|------------------------|--|
| Estrone                | 100                    | DHEAS                | < 0.1                  |  |
| 11-Deoxycorticosterone | < 0.1                  | DHT                  | < 0.1                  |  |
| 17-hydroxyprogesterone | < 0.1                  | Equilin              | 19.1                   |  |
| $17\alpha$ -estradiol  | 3.6                    | Estradiol sulfate    | ≤ 2.9                  |  |
| 17β-Estradiol          | 7.9                    | Estriol              | 2.6                    |  |
| Aldosterone            | < 0.1                  | Estrone sulfate      | 2.5                    |  |
| Androstenedione        | < 0.1                  | Ethisterone          | < 0.1                  |  |
| Androsterone           | < 0.1                  | Prednisone           | < 0.1                  |  |
| Cholesterol            | < 0.01                 | Pregnenolone         | < 0.1                  |  |
| Corticosterone         | < 0.1                  | Pregnenolone sulfate | < 0.1                  |  |
| Cortisol               | 0.2                    | Progesterone         | < 0.1                  |  |
| Danazol                | < 0.1                  | Testosterone         | < 0.1                  |  |
| DHEA                   | 0.1                    |                      |                        |  |

### LINEARITY

The linearity study was performed according to the CLSI EP06-Ed2 guideline using six human serum samples covering the range of the assay. The samples were diluted in low estrone value (<60 pg/mL) serum samples up to ten percent (1:10), tested in duplicate, and the regression equation of the results (y) compared to the concentration (x) predicted from the dilution factor was y = 1.001x + 10.2, r = 0.999. The relative non-linearity ranged between -10.6% and 10.5% across

all samples and measurement dilution points. The statistical analysis shows that the assay is sufficiently linear up to a 1:10 dilution when using low estrone value (<60 pg/mL) serum samples as the diluent.

### **PRECISION**

The precision study was performed according to the CLSI EP05-A3 quideline.

The experimental protocol used a nested components-of-variance design with 8 serum samples, 10 testing days, two lots and two scientists per day. Each scientist ran two tests with two lots per day and two replicate measurements per run (a 10 x 2 x 2 x 2 design) for each sample. The results were analyzed with a two-way nested ANOVA and are summarized in the table below.

|        | Mean    |               | n Run   | Between Run   |         | Total         |      |
|--------|---------|---------------|---------|---------------|---------|---------------|------|
| Sample | (pg/mL) | SD<br>(pg/mL) | CV<br>% | SD<br>(pg/mL) | CV<br>% | SD<br>(pg/mL) | cv   |
| 1      | 91.5    | 8.5           | 9.2     | 11.7          | 12.8    | 14.4          | 15.8 |
| 2      | 40.7    | 5.1           | 12.4    | 6.2           | 15.1    | 8.0           | 19.6 |
| 3      | 144.8   | 11.9          | 8.2     | 15.2          | 10.5    | 20.1          | 13.9 |
| 4      | 744.4   | 33.4          | 4.5     | 31.7          | 4.3     | 46.7          | 6.3  |
| 5      | 632.8   | 26.3          | 4.2     | 41.9          | 6.6     | 56.2          | 8.9  |
| 6      | 1027.0  | 55.1          | 5.4     | 26.1          | 2.5     | 73.5          | 7.2  |
| 7      | 381.0   | 18.2          | 4.8     | 25.5          | 6.7     | 34.1          | 8.9  |
| 8      | 1211.7  | 53.0          | 4.4%    | 71.2          | 5.9%    | 106.2         | 8.8% |

### COMPARATIVE STUDIES

This DBC Estrone ELISA kit (y) was compared against a Liquid Chromatography-Mass Spectrometry (LC-MS/MS) method (x) and yielded the following linear regression results:

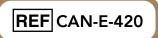
y = 0.80x + 25.82, 105 samples, r = 0.92, Slope = 0.80.

### REFERENCE RANGES

Reference ranges (95%) were estimated using samples obtained from individuals of diverse races (all values are reported in pg/mL). Each laboratory shall establish their own range of reference values.

| Cohort                          | Cohort N Mean Median | Modion | 95% Range |       |       |  |
|---------------------------------|----------------------|--------|-----------|-------|-------|--|
| Collort                         |                      | Median | 2.5%      | 97.5% |       |  |
| Adult Female<br>Premenopausal*  | 140                  | 93.9   | 83.3      | 19.5  | 231.9 |  |
| Adult Female, Menstrual cycle   |                      |        |           |       |       |  |
| 1–10 days                       | 40                   | 84.4   | 81.5      | 29.8  | 146.7 |  |
| 11–20 days                      | 40                   | 87.7   | 79.6      | 20.9  | 232.0 |  |
| 21–30 days                      | 40                   | 82.2   | 73.2      | 27.2  | 173.8 |  |
| Adult Female<br>Postmenopausal* | 205                  | 31.9   | 42.5      | ND    | 166.4 |  |
| Adult Male                      | 202                  | 59.1   | 52.1      | ND    | 187.2 |  |

\*The menopausal status was classified according to age. ND = Non-Detectable; results below the LoD (14.8 pg/mL).





# Ferritin S REF CAN-F-4280

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 20 µL of each calibrator, control and specimen sample.



Pipette 200 μL of the conjugate working solution into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 5 times.



Pipette 150  $\mu L$  of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

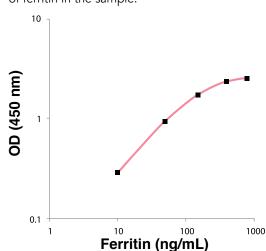
**Ferritin** is a protein which serves as a storage center for iron. It is found in many tissues but the highest concentrations are in the liver, spleen and bone marrow.

The total body iron stores in normal people correlate well with the concentration of ferritin in serum.

If there is a deficiency in iron, that is the concentration of iron is low in the blood, the ferritin result will be decreased. Likewise, an overload of iron indicates an increase in the level of ferritin. However, in some conditions like liver disease ferritin will be elevated.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for ferritin is immobilized onto the microplate and another monoclonal antibody specific for a different region of ferritin is conjugated to horse radish peroxidase (HRP). Ferritin from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of ferritin in the sample.



A set of standards is used to plot a standard curve from which the amount of ferritin in patient samples and controls can be directly read.

### SENSITIVITY

The limit of detection (LoD) was determined from the analysis of 40 samples of the blank and a low value sample.

LoD = 0.44 ng/mL

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 172.21 | 6.69  | 3.9  |
| 2      | 417.23 | 34.18 | 8.2  |
| 3      | 923.89 | 91.20 | 9.9  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean    | SD    | CV % |
|--------|---------|-------|------|
| 1      | 92.12   | 6.53  | 7.1  |
| 2      | 322.73  | 8.14  | 2.5  |
| 3      | 1704.63 | 67.01 | 3.9  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of ferritin to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                 | Observed<br>Result                    | Expected<br>Result          | Recovery %            |
|--|---------------------------------------|-----------------------------|-----------------------|
| 1 Unspiked<br>+ 375<br>+ 750<br>+ 1500 | 63.73<br>415.25<br>780.68<br>1266.70  | 438.73<br>813.73<br>1563.73 | 94.7<br>95.9<br>81.0  |
| 2 Unspiked<br>+ 375<br>+ 750<br>+ 1500 | 69.00<br>442.97<br>836.26<br>1326.73  | 444.00<br>819.00<br>1569.00 | 99.8<br>102.1<br>84.6 |
| 3 Unspiked<br>+ 375<br>+ 750<br>+ 1500 | 137.64<br>484.96<br>955.72<br>1463.27 | 512.64<br>887.64<br>1637.64 | 94.6<br>107.7<br>89.4 |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                         | Observed<br>Result                              | Expected<br>Result                   | Recovery %                          |
|--------------------------------|---|--------------------------------------|-------------------------------------|
| 1<br>1:2<br>1:4<br>1:8<br>1:16 | 348.50<br>185.41<br>100.96<br>49.74<br>23.79    | 174.25<br>87.13<br>43.56<br>21.78    | 106.4<br>115.9<br>114.2<br>109.2    |
| 2<br>1:2<br>1:4<br>1:8<br>1:16 | 810.22<br>376.80<br>196.93<br>105.08<br>45.10   | 405.11<br>202.56<br>101.28<br>50.64  | 93.0<br>97.2<br>103.8<br>89.1       |
| 3<br>1:2<br>1:4<br>1:8<br>1:16 | 1733.54<br>873.38<br>409.42<br>192.05<br>110.62 | 866.77<br>433.38<br>216.69<br>108.35 | -<br>100.8<br>95.5<br>88.6<br>102.1 |

### **COMPARATIVE STUDIES**

The DBC Direct Ferritin ELISA kit (x) was compared with a competitors coated tube RIA kit (y). The comparison of 29 serum samples yielded the following linear regression results:

y = 1.03x - 20.12

 $R^2 = 0.97$ 

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group                            | Range (ng/mL) |
|----------------------------------|---------------|
| Healthy normal males and females | 25–283        |





### Follicle Stimulating Hormone (hFSH)

REF CAN-FSH-4060

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 25 µL of each calibrator, control and specimen sample.



Pipette 100 μL of assay buffer into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 100  $\mu L$  of conjugate working solution.



Incubate on a plate shaker for 30 minutes at room temperature.





Wash 3 times. Pipette 100 µL of TMB substrate.



Incubate on a plate shaker for 15–20 minutes at room temperature.



Pipette 50 µL of stopping solution.



Read the plate on a microplate reader at 450 nm.

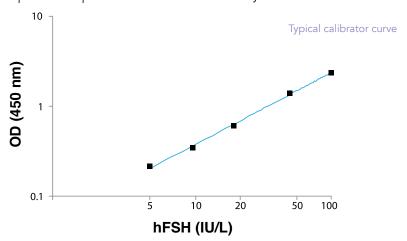
Human follicle stimulating hormone (FSH) is a glycoprotein hormone produced by the anterior pituitary gland. There are three other glycoprotein hormones, namely Thyroid Stimulating Hormone, Luteinizing Hormone (both produced by anterior pituitary gland) and Human Chorionic Gonadotropin (produced by the placenta) which are structurally similar. Each hormone has an alpha and beta subunit. The  $\alpha$  subunits of each hormone are similar while the  $\beta$  subunit is specific to each hormone. The  $\alpha$  subunits contain 92 amino acids while the  $\beta$  subunits vary with each hormone. The  $\beta$  subunit of both FSH and LH contain 115 amino acids, TSH 110 amino acids, and hCG 147 amino acids.

The FSH and LH hormones function differently in females and males. It is to be noted that in women the growth and maturation of the ovarian follicle is dependent on FSH, while in men both LH and FSH act on the testes.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical two-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for FSH is immobilized onto the microplate and another monoclonal antibody specific for a different region of FSH is conjugated to horse radish peroxidase (HRP). FSH from the sample and standards are allowed to bind to the plate, washed, and subsequently incubated with the HRP conjugate. After a second washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of FSH in the sample.

A set of standards is used to plot a standard curve from which the amount of FSH in patient samples and controls can be directly read.



### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct FSH ELISA kit is 1 IU/L.

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct hFSH ELISA kit was determined by measuring the apparent hFSH value of calibrator A spiked with the following compounds:

| Substance                                       | Concentration<br>Range | Apparent hFSH<br>Value (IU/L) |
|---|------------------------|-------------------------------|
| hCG<br>Calibrated against<br>WHO 3rd IS 75/537  | 1000–50,000 IU/L       | Not Detected                  |
| hLH<br>Calibrated against<br>WHO 2nd IS 80/552  | 5–250 IU/L             | Not Detected                  |
| hTSH<br>Calibrated against<br>WHO 2nd IS 80/558 | 5–250 mIU/L            | < 4.0                         |

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in IU/L) are tabulated below:

| Sample | Mean   | SD   | CV % |
|--------|--------|------|------|
| 1      | 7.41   | 0.43 | 5.8  |
| 2      | 48.57  | 1.70 | 3.5  |
| 3      | 138.12 | 4.70 | 3.4  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in IU/L) are tabulated below:

| Sample | Mean   | SD   | CV % |
|--------|--------|------|------|
| 1      | 7.11   | 0.24 | 3.4  |
| 2      | 44.31  | 2.01 | 4.5  |
| 3      | 120.63 | 7.74 | 7.7  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of FSH to three patient serum samples. The results (in IU/L) are tabulated below:

| Sample                                   | Observed<br>Result                 | Expected<br>Result             | Recovery %                   |
|--|------------------------------------|--------------------------------|------------------------------|
| 1 Unspiked<br>+ 9.7<br>+ 53.5<br>+ 107.0 | 5.65<br>14.75<br>56.68<br>103.33   | -<br>15.35<br>59.15<br>112.65  | 96.1<br>95.8<br>91.7         |
| 2 Unspiked<br>+ 9.7<br>+ 53.5<br>+ 107.0 | 17.52<br>26.21<br>70.07<br>116.40  | -<br>27.22<br>71.02<br>124.52  | 96.3<br>98.7<br>93.5         |
| 3 Unspiked<br>+ 9.7<br>+ 53.5<br>+ 107.0 | 58.47<br>72.71<br>114.25<br>171.05 | -<br>68.17<br>111.97<br>165.47 | -<br>106.7<br>102.0<br>103.4 |

### **LINEARITY**

Three patient serum samples were diluted with calibrator A. The results (in IU/L) are tabulated below:

| Sample                 | Observed<br>Result                | Expected<br>Result         | Recovery %                   |
|------------------------|-----------------------------------|----------------------------|------------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 22.56<br>11.89<br>6.47<br>3.27    | -<br>11.28<br>5.64<br>2.82 | -<br>105.4<br>114.7<br>116.0 |
| 2<br>1:2<br>1:4<br>1:8 | 123.42<br>66.80<br>31.78<br>17.05 | 61.71<br>30.86<br>15.43    | 108.2<br>103.0<br>110.5      |
| 3<br>1:2<br>1:4<br>1:8 | 162.67<br>77.93<br>39.35<br>21.86 | 81.34<br>40.67<br>20.33    | -<br>95.8<br>96.8<br>107.5   |

### **HIGH DOSE HOOK EFFECT**

The Direct hFSH ELISA kit did not experience any high dose hook effect when tested up to a FSH concentration of 50,000 IU/L.

### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | Range (IU/L)                   |
|--|--------------------------------|
| Males  | 1–18                           |
| Females: Follicular Stage<br>Midcycle Peak<br>Luteal Stage<br>Postmenopausal | 2–10<br>7–20<br>1–10<br>18–150 |

Ordering Information:

REF CAN-FSH-4060



### Growth Hormone (hGH)

REF CAN-GH-4070

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 100 μL of conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 100 μL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of stopping solution.



Read the plate on a microplate reader at 450 nm.

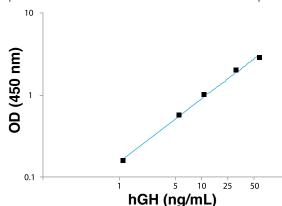
**Human growth hormone (hGH)** is a polypeptide of 191 amino acids secreted by the somatroph cells of the anterior pituitary. Growth hormone is principally a regulator of body growth and its metabolic effects are primarily anabolic. Some of its effects include promotion of protein conservation through its involvement in a wide range of protein synthesis mechanisms, enhancement of glucose transport and facilitation of glycogen storage. In addition, it induces the release of somatomedins (insulin-like growth factors), which further mediate the cascade of growth promoting actions.

Measurement of hGH is primarily of interest in the diagnosis and treatment of various forms of decreased secretion of hGH. Hyposecretion of hGH in children results in growth retardation and hypersecretion leads to gigantism in children and acromegaly in adults.

The secretion of hGH varies throughout the day under the influence of intricate neurogenic, metabolic and hormonal control. Due to the pulsatile nature of hGH release, it is often inaccurate to define a reference range and status based on single serum measurements. To diagnose disorders of hGH secretion more reliably, dynamic tests are used in which serum hGH levels are measured over a period following suppression or stimulation of hGH secretion.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for hGH is immobilized onto the microplate and another monoclonal antibody specific for a different region of hGH is conjugated to horse radish peroxidase (HRP). hGH from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of hGH in the sample.



A set of standards is used to plot a standard curve from which the amount of hGH in patient samples and controls can be directly read.

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct hGH ELISA kit is **0.2 ng/mL**.

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct hGH ELISA kit was determined by measuring the apparent hGH value of calibrator A spiked with various levels of prolactin.

| Substance  | Concentration<br>Range (ng/mL) | Apparent hGH<br>Value (ng/mL)                                |
|--|--------------------------------|--|
| Prolactin<br>Calibrated against<br>WHO 3rd IS 84/500 | 50<br>100<br>500<br>1000       | Not Detected<br>Not Detected<br>Not Detected<br>Not Detected |

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 1.46  | 0.09 | 5.8  |
| 2      | 12.33 | 0.68 | 5.5  |
| 3      | 41.87 | 0.97 | 2.3  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 2.95  | 0.27 | 9.0  |
| 2      | 19.29 | 0.86 | 4.4  |
| 3      | 36.06 | 1.72 | 4.7  |

### HIGH DOSE HOOK EFFECT

The Direct hGH ELISA kit did not experience any high dose hook effect.

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of hGH to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                               | Observed<br>Result        | Expected<br>Result    | Recovery %                  |
|--------------------------------------|---------------------------|-----------------------|-----------------------------|
| 1 Unspiked<br>+ 1.0<br>+ 5.0<br>+ 50 | ND<br>0.96<br>5.6<br>49   | 1.0<br>5.0<br>50      | 96.0<br>112.0<br>98.0       |
| 2 Unspiked<br>+ 1.0<br>+ 5.0<br>+ 50 | 0.7<br>1.5<br>6.6<br>53   | 1.7<br>5.7<br>50.7    | -<br>88.2<br>115.8<br>104.5 |
| 3 Unspiked<br>+ 1.0<br>+ 5.0<br>+ 50 | 1.0<br>1.7<br>6.8<br>48.8 | -<br>2.0<br>6.0<br>51 | -<br>85.0<br>113.3<br>95.7  |

### **LINEARITY**

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                  | Observed<br>Result            | Expected<br>Result        | Recovery %                 |
|-------------------------|-------------------------------|---------------------------|----------------------------|
| 1<br>1:2<br>1:5<br>1:10 | 6.44<br>3.12<br>1.15<br>0.59  | 3.22<br>1.29<br>0.64      | -<br>96.9<br>89.1<br>92.2  |
| 2<br>1:2<br>1:5<br>1:10 | 16.60<br>7.97<br>2.82<br>1.59 | -<br>8.30<br>3.32<br>1.66 | 96.0<br>84.9<br>95.8       |
| 3<br>1:2<br>1:5<br>1:10 | 33.00<br>16<br>6.4<br>3.3     | -<br>16.5<br>6.6<br>3.3   | -<br>97.0<br>97.0<br>100.0 |

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group          | N   | 95% Confidence Range (ng/mL) |
|----------------|-----|------------------------------|
| Males          | 120 | ND-3.7                       |
| Females        |     |                              |
| Premenopausal  | 120 | ND-8.71                      |
| Postmenopausal | 120 | ND-3.09                      |







### Insulin-Like Growth Factor **Binding Protein-1 (IGFBP-1)**

REF CAN-IGF-4140

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 25 µL of each calibrator, control and specimen sample.



Pipette 100 µL of assay buffer into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 100 µL of conjugate working solution.



Incubate on a plate shaker for 30 minutes at room temperature.





Wash 3 times. Pipette 100 µL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of stopping solution.



Read the plate on a microplate reader at 450 nm.

Insulin-like growth factor binding protein-1 (IGFBP-1) is one of six proteins that specifically bind insulin-like growth factors I and II (IGF-I and IGF-II) in body fluids and tissues.

IFGBP-1 contains 234 amino acids, with a predicted molecular mass of 25 kDa. The major sites of IGFBP-1 synthesis are the fetal/adult liver and decidualized endometrium.

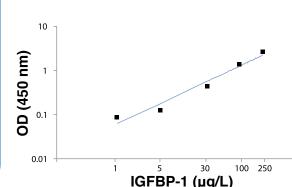
Serum levels of IGFBP-1, which reflect its synthesis by the liver, exhibit considerable diurnal variation. Circulating IGFBP-1 levels are highest early in the morning and lowest in the evening. The levels are high in the fetus and newborn, but decline steadily until puberty. The mean level of IGFBP-1 in healthy adults is 4.4 µg/L (range 0.6–14.4 μg/L). After about 65 years of age, serum IGFBP-1 levels begin to increase. There is also an inverse correlation between body mass index (BMI) and fasting serum IGFBP-1 concentrations.

The most important regulator of circulating IGFBP-1 is insulin. Fasting insulin and IGFBP-1 concentrations are inversely correlated. During a 3-h glucose tolerance test, there is a decrease of about 50% in serum IFGBP-1 levels. Eating a meal also has a decreasing effect.

In insulin-dependent diabetes (IDDM), serum IGFBP-1 levels are elevated. In noninsulin dependent diabetes, in which insulin levels are high, serum IGFBP-1 is decreased. Low levels of IGFBP-1 have also been observed in the following cases: acromegaly, Cushing's syndrome and polysystic ovarian syndrome (PCO).

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical two-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for IGFBP-1 is immobilized onto the microplate and another monoclonal antibody specific for a different region of IGFBP-1 is conjugated to horse radish peroxidase (HRP). IGFBP-1 from the sample and standards are allowed to bind to the plate, washed, and subsequently incubated with the HRP conjugate. After a second washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of IGFBP-1 in the sample.



A set of standards is used to plot a standard curve from which the amount of IGFBP-1 in patient samples and controls can be directly read.

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct IGFBP-1 ELISA kit is  $0.5 \mu g/L$ .

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct IGFBP-1 ELISA kit was determined by measuring the apparent IGFBP-1 value of calibrator A spiked with the following compounds.

| Substance | Concentration<br>Range | Apparent IGFBP-1<br>Value (µg/L) |
|-----------|------------------------|----------------------------------|
| IGFBP-2   | Up to 5000 μg/L        | Not Detected                     |
| IGFBP-3   | Up to 10,000 μg/L      | Not Detected                     |
| IGFBP-4   | Up to 5000 μg/L        | Not Detected                     |
| IGFBP-5   | Up to 5000 μg/L        | Not Detected                     |

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in  $\mu g/L$ ) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 5.5  | 0.14 | 2.5  |
| 2      | 22   | 0.75 | 3.4  |
| 3      | 117  | 2.8  | 2.4  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in  $\mu g/L$ ) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 4.8  | 0.31 | 6.4  |
| 2      | 21   | 1.6  | 7.4  |
| 3      | 113  | 5.6  | 4.9  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of IGFBP-1 to three patient serum samples (1:1). The results (in  $\mu$ g/L) are tabulated below:

| Sample                               | Observed<br>Result     | Expected<br>Result       | Recovery %                   |
|--------------------------------------|------------------------|--------------------------|------------------------------|
| 1 Unspiked<br>+ 6.5<br>+ 35<br>+ 174 | 5.0<br>5.8<br>20<br>90 | -<br>5.75<br>20<br>89.5  | 100.9<br>100.0<br>100.6      |
| 2 Unspiked<br>+ 6.5<br>+ 35<br>+ 174 | 20<br>14<br>29<br>100  | -<br>13.3<br>24.5<br>97  | 105.3<br>118.4<br>103.1      |
| 3 Unspiked<br>+ 6.5<br>+ 35<br>+ 174 | 110<br>62<br>80<br>155 | -<br>58.3<br>72.5<br>133 | -<br>106.3<br>110.3<br>116.5 |

### **LINEARITY**

Three patient serum samples were diluted with calibrator A. The results (in  $\mu$ g/L) are tabulated below:

| Sample                  | Observed<br>Result          | Expected<br>Result    | Recovery %              |
|-------------------------|-----------------------------|-----------------------|-------------------------|
| 1<br>1:2<br>1:5<br>1:10 | 13.5<br>6.9<br>3.4<br>1.6   | 6.8<br>3.4<br>1.4     | 101.5<br>100.0<br>114.3 |
| 2<br>1:2<br>1:5<br>1:10 | 38<br>20.9<br>8.2<br>4.2    | -<br>19<br>7.6<br>3.8 | 110.0<br>107.9<br>110.5 |
| 3<br>1:2<br>1:5<br>1:10 | 120<br>58.2<br>22.1<br>11.5 | -<br>60<br>24<br>12   | 97.0<br>92.1<br>95.8    |

### **HIGH DOSE HOOK EFFECT**

The Direct IGFBP-1 ELISA kit did not experience a high dose hook effect when it was tested up to an IGFBP-1 concentration of 200,000 µg/L.

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | N  | Mean (µg/L) | Abs. Range (μg/L) |
|--------|----|-------------|-------------------|
| Adults | 55 | 4.4         | 0.6–14.4          |







# Leptin S

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 20 µL of each calibrator, control and specimen sample.



Pipette 80 µL of the monoclonal antileptin-biotin conjugate into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 100  $\mu L$  of streptavidin-HRP conjugate into each well.



Incubate on a plate shaker for 30 minutes at room temperature.





Wash 3 times. Pipette 100  $\mu L$  of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of stopping solution.



Read the plate on a microplate reader at 450 nm.

**Human Leptin** is a 16 kDa, 146 amino acid residue, non-glycosylated polypeptide. Leptin is encoded by the OB gene. Its major source is the adipose tissue, and its circulating concentrations indirectly reflect body fat stores.

Plasma or serum concentrations of leptin are increased in obese humans and strongly correlate with the degree of adiposity as expressed by percentage of body fat or body mass index.

The recently discovered hormone leptin contributes to the regulation of energy balance by informing the brain of the amount of adipose tissue in the body. The brain may then make the appropriate adjustments in either energy intake or expenditure.

Many areas of leptin physiology remain to be investigated. The roles of leptin in metabolism, insulin sensitivity, as a potential therapeutic modality for weight loss as well as involvement in endocrine function are active areas of research. While the future for leptin as a therapeutic agent is not clear, its involvement in many areas of physiology undoubtedly makes this a new hormone which requires extensive study in the future to understand its physiology.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical twostep capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for leptin is immobilized onto the microplate and another monoclonal antibody specific for a different epitope of leptin is conjugated to biotin. During the first step, leptin present in the samples and standards is bound to the immobilized antibody and to the biotinylated antibody, thus forming a sandwich complex. Excess and unbound biotinylated antibody is removed by a washing step. In the second step, streptavidin-HRP is added, which binds specifically to any bound biotinylated antibody. Again, unbound streptavidin-HRP is removed by a washing step. Next, the enzyme substrate is added (TMB), forming a blue coloured product that is directly proportional to the amount of leptin present. The enzymatic reaction is terminated by the addition of the stopping solution, converting the blue colour to a yellow colour. The absorbance is measured on a microtiter plate reader at 450 nm. A set of standards is used to plot a standard curve from which the amount of leptin in patient samples and controls can be directly read.

### **SENSITIVITY**

The limit of detection (LoD) for Leptin is 0.50 ng/mL, as determined by use of a NCCLS protcol and with proportions of false positives ( $\alpha$ ) less than 5% and false negatives ( $\beta$ ) less than 5%; based on 82 blank determinations; LoB=0.42 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following substances were tested at 1000 ng/mL and exhibited no cross-reactivity: Mouse Leptin, TNF- $\alpha$ , IL-2, IL-3, IL-4, IL-5, IL-6, IL-8, IL-9, IL-10, IL-12, IL-16, GM-CSF, CSF and EGF.

### INTRA-ASSAY PRECISION

Four serum samples were assayed twenty times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 2.45  | 0.09 | 3.7  |
| 2      | 7.94  | 0.34 | 4.3  |
| 3      | 11.67 | 0.64 | 5.5  |
| 4      | 27.51 | 1.37 | 5.0  |

### INTER-ASSAY PRECISION

Four samples were assayed ten times over a period of ten days. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 2.71  | 0.16 | 5.9  |
| 2      | 8.24  | 0.48 | 5.8  |
| 3      | 12.01 | 0.82 | 6.8  |
| 4      | 24.98 | 1.45 | 5.8  |

### **COMPARATIVE STUDIES**

The DBC Leptin ELISA (DBC) was compared against a leading competitor's Leptin EIA kit (Kit  $\rm X$ ).

Thirty-eight serum samples ranging from 1.05–75.62 ng/mL were assayed with both kits, yielding the following results: Regression:

Kit X = 0.9644 (DBC) + 1.5489

r = 0.98

Kit X Mean: 21.13 DBC Mean: 20.30

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of leptin to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                    | Observed<br>Result               | Expected<br>Result           | Recovery %                  |
|---|----------------------------------|------------------------------|-----------------------------|
| 1 Unspiked<br>+ 3.06<br>+ 8.06<br>+ 23.06 | 3.89<br>6.28<br>10.98<br>25.43   | -<br>6.95<br>11.95<br>26.95  | 90.4<br>91.9<br>94.4        |
| 2 Unspiked<br>+ 1.06<br>+ 6.06<br>+ 21.06 | 7.89<br>8.82<br>15.03<br>30.32   | -<br>8.95<br>13.95<br>28.95  | -<br>98.5<br>107.7<br>104.7 |
| 3 Unspiked<br>+ 4.2<br>+ 12.8<br>+ 29.46  | 11.61<br>15.71<br>25.42<br>41.18 | -<br>15.81<br>24.41<br>41.07 | 99.4<br>104.1<br>100.3      |

### LINEARITY

Three patient serum samples were serially diluted with leptin assay buffer. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result             | Expected<br>Result         | Recovery %                  |
|------------------------|--------------------------------|----------------------------|-----------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 3.03<br>1.42<br>0.71<br>0.35   | -<br>1.52<br>0.76<br>0.38  | 93.4<br>93.4<br>92.1        |
| 2<br>1:2<br>1:4<br>1:8 | 11.27<br>5.93<br>3.05<br>1.35  | 5.64<br>2.82<br>1.41       | -<br>105.1<br>108.2<br>95.7 |
| 3<br>1:2<br>1:4<br>1:8 | 27.91<br>14.91<br>6.74<br>3.29 | -<br>13.96<br>6.98<br>3.49 | -<br>106.8<br>96.6<br>94.3  |

### EXPECTED VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group      | Mean (ng/mL) | Range (ng/mL) |
|------------|--------------|---------------|
| Lean Women | 7.4          | 3.7–11.1      |
| Lean Men   | 3.8          | 2.0–5.6       |

Leptin values are approximately 2.5 times higher in women than men per unit BMI.







# Luteinizing Hormone (hLH) REF CAN-LH-4040

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 100 μL of assay buffer into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 100 µL of conjugate working solution.



Incubate on a plate shaker for 30 minutes at room temperature.





Wash 3 times. Pipette 100 µL of TMB substrate.



Incubate on a plate shaker for 15–20 minutes at room temperature.



Pipette 50  $\mu$ L of stopping solution.



Read the plate on a microplate reader at 450 nm.

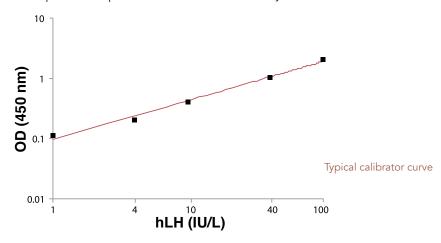
**Human luteinizing hormone (hLH)** is a glycoprotein synthesized by the anterior lobe of the pituitary gland. This hormone consists of two subunits:  $\alpha$  and  $\beta$ . The  $\alpha$  subunit of LH is similar to the  $\alpha$  subunit found in both the FSH and TSH glycoprotein hormones (which are also synthesized by the pituitary gland) as well as the  $\alpha$  subunit of hCG (produced by the placenta). However, the  $\beta$  subunit of each of these hormones are unique. Therefore, the specificity of these four hormones are due to the  $\beta$  peptide chains. It is to be noted that the  $\alpha$  chain by itself has no biological activity.

The hypothalamic decapeptide, namely the gonadotropin releasing hormone (GnRH), stimulates the release of LH. Both the LH and FSH hormones in men act on the testis, which have two functions: Leydig cells secrete androgens while sperm are formed by the seminiferous tubules. The secretion of testosterone and dihydrotestosterone by the Leydig cells is under the direct control of LH.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical two-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for LH is immobilized onto the microplate and another monoclonal antibody specific for a different region of LH is conjugated to horse radish peroxidase (HRP). LH from the sample and standards are allowed to bind to the plate, washed, and subsequently incubated with the HRP conjugate. After a second washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of LH in the sample.

A set of standards is used to plot a standard curve from which the amount of LH in patient samples and controls can be directly read.



### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct hLH ELISA kit is **0.2 IU/L**.

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct hLH ELISA kit was determined by measuring the apparent hLH value of the following compounds:

| Substance                                       | Concentration<br>(IU/L)                      | Apparent hLH Value<br>(IU/L)              |
|---|--|---|
| hCG<br>Calibrated against<br>WHO 1st IS 75/537  | 50,000<br>25,000<br>10,000<br>5,000<br>1,000 | 55<br>22<br>7.8<br>3.4<br>< 1.0           |
| hFSH<br>Calibrated against<br>WHO 1st IS 83/575 | 1000<br>500<br>100<br>50<br>20               | 13<br>6.2<br>1.7<br>1.5<br>1.2            |
| hTSH<br>Calibrated against<br>WHO 2nd IS 80/558 | 500<br>250<br>100<br>50<br>5                 | < 1.0<br>< 1.0<br>< 1.0<br>< 1.0<br>< 1.0 |

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in IU/L) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 4.84  | 0.22 | 4.5  |
| 2      | 16.58 | 0.44 | 2.7  |
| 3      | 53.28 | 1.53 | 2.9  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in IU/L) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 5.15  | 0.32 | 5.1  |
| 2      | 17.37 | 1.40 | 8.1  |
| 3      | 51.50 | 4.70 | 9.2  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of hLH to three patient serum samples. The results (in IU/L) are tabulated below:

| Sample     | Observed<br>Result | Expected<br>Result | Recovery % |
|------------|--------------------|--------------------|------------|
| 1 Unspiked | 0.00               | -                  | -          |
| + 4.9      | 5.06               | 4.90               | 103.3      |
| + 48.79    | 53.79              | 48.79              | 110.2      |
| 2 Unspiked | 2.12               | -                  | -          |
| + 3.9      | 5.76               | 6.02               | 95.7       |
| + 39.0     | 40.22              | 41.12              | 97.8       |
| 3 Unspiked | 5.81               | -                  | -          |
| + 3.9      | 9.10               | 9.71               | 93.7       |
| + 19.5     | 22.05              | 25.31              | 87.1       |

### **I INFARITY**

Three patient serum samples were diluted with calibrator A. The results (in IU/L) are tabulated below:

| Sample                 | Observed<br>Result              | Expected<br>Result          | Recovery %                  |
|------------------------|---------------------------------|-----------------------------|-----------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 9.28<br>5.02<br>2.48<br>1.16    | -<br>4.64<br>2.32<br>1.16   | 108.2<br>106.9<br>100.0     |
| 2<br>1:2<br>1:4<br>1:8 | 37.52<br>20.49<br>10.73<br>5.44 | -<br>18.76<br>9.38<br>4.69  | 109.2<br>114.4<br>116.0     |
| 3<br>1:2<br>1:4<br>1:8 | 42.33<br>20.56<br>11.20<br>5.74 | -<br>21.17<br>10.58<br>5.29 | -<br>97.1<br>105.9<br>108.5 |

### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | Range (IU/L)                                 |  |
|--|--|--|
| Males  | 1.5–9.3                                      |  |
| Females: Follicular Phase<br>Midcycle Peak<br>Luteal Phase<br>Postmenopausal | 1.9–12.5<br>8.7–76.3<br>0.5–16.9<br>5.0–52.3 |  |

### HIGH DOSE HOOK EFFECT

The Direct hLH ELISA kit did not experience a high dose hook effect when it was tested up to a hLH concentration of 20,000 IU/L.





### Plasma Renin Activity (PRA)

REF CAN-RA-4600

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 50 µL of each calibrator, control and pre-treated specimen sample.



Pipette 100 μL of Biotin Conjugate into each well.



Incubate on a microplate shaker for 60 minutes at room temperature.



Wash 5 times.



Pipette 150 µL of Streptavidin-HRP Conjugate Working Solution into each well.



Incubate on a microplate shaker for 30 minutes at room temperature.





Wash 5 times. Pipette 150 µL of TMB Substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of Stopping Solution.



Read the plate on a microplate reader at 450 nm.

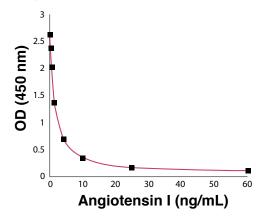
Measurement of PRA is important for the clinical evaluation of hypertensive patients. In particular, determination of plasma renin activity can help in the diagnosis of primary hyperaldosteronism (5–13% of hypertensive cases) and assist in the therapy and management of other forms of hypertension.

### PRINCIPLE OF THE TEST

Prior to testing plasma samples with the PRA ELISA, a specimen pre-treatment step is required. First, a protease inhibitor (PMSF) is added to the sample to prevent the degradation of angiotensin-I. Next, the generation buffer is added to bring the pH of the sample to approximately 6.0. The plasma sample is then pipetted into two aliquots. One aliquot is incubated at 0°C (ice bath) and the other is incubated at 37°C. Angiotensin-I will be generated by plasma renin in the fraction incubated at 37°C.

The PRA ELISA is a competitive immunoassay. In the first incubation step, competition occurs between angiotensin-I present in calibrators, controls, specimen samples and an angiotensin-I-biotin conjugate (biotin conjugate) for a limited number of antiangiotensin-I antibody binding sites on the microplate wells. During this incubation, protease inhibitors are present to prevent the degradation of angiotensin-I into smaller peptides.

In the second incubation step, streptavidin-HRP conjugate is added, which binds specifically to any bound biotin conjugate. Unbound streptavidin HRP conjugate is removed by a washing step. Next, the TMB substrate (enzyme substrate) is added which reacts with HRP to form a blue coloured product that is inversely proportional to the amount of angiotensin-I present. The enzymatic reaction is terminated by the addition of the stopping solution, converting the blue colour to a yellow colour. The absorbance is measured on a microplate reader at 450 nm. A set of calibrators is used to plot a calibrator curve from which the concentration of angiotensin-I in specimen samples and controls can be directly read.



The plasma renin activity concentration in the plasma sample is calculated from the angiotensin-l concentration in the 0°C and 37°C aliquots and the generation time used. The plasma renin activity results are expressed in terms of the mass of angiotensin-l generated per volume of human plasma per unit of time (ng/mL/h).

### **SENSITIVITY**

The analytical sensitivity study was performed according to the CLSI EP17-A2 guideline. The Limit of Background (LoB), Limit of Detection (LoD) and Limit of Quantitation (LoQ) for both Angiotensin-I and PRA are summarized in the table below:

| Parameter | Angiotensin-I (ng/mL) | PRA (ng/mL/h) |
|-----------|-----------------------|---------------|
| LoB       | 0.093                 | 0.024         |
| LoD       | 0.166                 | 0.059         |
| LoQ       | 0.166                 | 0.090         |

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with angiotensin-I cross-reacting at 100%:

| Compound        | % Cross-Reactivity |
|-----------------|--------------------|
| Angiotensin I   | 100                |
| Angiotensin II  | < 0.001            |
| Angiotensin III | < 0.001            |
| Angiotensin 1-5 | < 0.001            |
| Angiotensin 1-7 | < 0.001            |
| Angiotensin 1-9 | 0.0122             |
| Renin Substrate | 0.015              |

### INTERFERENCES

An interference study was performed according to the CLSI EP07-Ed3 guideline. Three human plasma samples were spiked with potentially interfering substances. No significant interference was detected up to the concentrations shown in the table below.

| Interferent                 | Test<br>Concentration |  |  |
|-----------------------------|-----------------------|--|--|
| Acetaminophen               | 30 μg/mL              |  |  |
| Acetylcysteine              | 15 mg/dL              |  |  |
| Acetylsalicylic Acid        | 3 mg/dL               |  |  |
| Ampicillin Na               | 7.5 mg/dL             |  |  |
| Bilirubin Conjugated        | 20 mg/dL              |  |  |
| Bilirubin Unconju-<br>gated | 40 mg/dL              |  |  |
| Biotin                      | 2.4 μg/mL             |  |  |
| Captopril                   | 1000 ng/mL            |  |  |
| Captopril disulfide         | 10 μg/mL              |  |  |
| Cathepsin B                 | 100 ng/mL             |  |  |
| Cathepsin D                 | 10 ng/mL              |  |  |
| Cefoxitin Na                | 300 mg/dL             |  |  |
| Cyclosporine                | 0.18 mg/dL            |  |  |
| Doxycycline HCl             | 1.8 mg/dL             |  |  |
| Enalaprilat dihydrate       | 200 ng/mL             |  |  |

| Interferent            | Test<br>Concentration |
|------------------------|-----------------------|
| Furosemide (Lasix)     | 50 μg/mL              |
| Haemoglobin            | 1.25 g/L              |
| HAMA                   | 1000 ng/mL            |
| Heparin                | 3300 U/L              |
| Human Serum<br>Albumin | 52 g/L                |
| Ibuprofen              | 21.9 mg/dL            |
| Insulin                | 150 μIU/mL            |
| Levodopa               | 0.75 mg/dL            |
| Methyldopa             | 2.25 mg/dL            |
| Metronidazole          | 12.3 mg/dL            |
| Nicardipine (Loxen)    | 200 ng/mL             |
| Phenylbutazone         | 32.1 mg/dL            |
| Rheumatoid Factor (RF) | 200 IU/mL             |
| Rifampicin             | 4.8 mg/dL             |
| Theophylline           | 25 µg/mL              |

### RECOVERY

Spiked samples were prepared by adding defined amounts of angiotensin-I to three EDTA plasma samples. The angiotensin-I results (in ng/mL) are tabulated below:

| Sample                            | Observed<br>Result           | Expected<br>Result   | Recovery %                 |
|-----------------------------------|------------------------------|----------------------|----------------------------|
| 1 Unspiked<br>+ 1<br>+ 15<br>+ 50 | 1.09<br>2.16<br>15.3<br>41.8 | 2.09<br>16.1<br>51.1 | -<br>103.3<br>95.0<br>81.8 |
| 2 Unspiked<br>+ 1<br>+ 15<br>+ 50 | 1.72<br>2.70<br>16.8<br>54.1 | 2.72<br>16.7<br>51.7 | 99.3<br>100.6<br>104.6     |
| 3 Unspiked<br>+ 1<br>+ 15<br>+ 50 | 1.01<br>1.76<br>12.7<br>41.7 | 2.01<br>16.0<br>51.0 | -<br>87.6<br>79.4<br>81.8  |

### LINEARITY

The linearity study was according to the CLSI EP06-Ed2 guideline using three human EDTA plasma samples.

Each plasma sample was pre-treated according to the Angiotensin-I Generation Procedure to produce a 0°C and 37°C aliquot. Each aliquot was diluted using calibrator A at several equidistant concentration levels and up to a 1:10 dilution. Samples were tested in quadruplicate, and the results compared to the predicted concentrations. The statistical analysis shows that the assay is sufficiently linear up to a 1:10 dilution when using calibrator A as the diluent. The results (in ng/mL/h) are tabulated below:

| Sample                  | Observed<br>Result           | Expected<br>Result        | Recovery %                 |
|-------------------------|------------------------------|---------------------------|----------------------------|
| 1<br>1:2<br>1:4<br>1:10 | 33.7<br>17.9<br>8.33<br>3.24 | 16.9<br>8.43<br>3.37      | -<br>105.9<br>98.8<br>96.1 |
| 2<br>1:2<br>1:4<br>1:10 | 7.11<br>3.33<br>1.59<br>0.60 | 3.56<br>1.78<br>0.71      | 93.5<br>89.3<br>84.5       |
| 3<br>1:2<br>1:4<br>1:10 | 1.66<br>0.68<br>0.33<br>0.13 | -<br>0.83<br>0.42<br>0.17 | -<br>81.9<br>78.6<br>76.5  |

### REFERENCE RANGES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values. Data from Literature reference.

| N   | PRA Mean<br>(ng/mL.h) | PRA Range (10 <sup>th</sup> -90 <sup>th</sup> percentile)<br>(ng/mL.h) |  |
|-----|-----------------------|--|--|
| 533 | 0.75                  | 0.06–4.69  |  |

Brossaud J, Corcuff JB. Pre-Analytical and Analytical Considerations for the Determination of Plasma Renin Activity. Clin Chim Acta. 2009; 410(1–2):90–2.





### Pregnenolone 5



REF CAN-PRE-4500

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50 μL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

**Pregnenolone (3β-hydroxypregn-5-en-20-one)** is the first steroid to be derived from cholesterol in the pathway of steroidogenesis, and it is the common precursor for all of the adrenal and gonadal steroids. Its production occurs in the mitochondrion by cleavage of the C-20 side chain of cholesterol by the P-450SCC enzyme. Once produced, pregnenolone may be utilized by two pathways of steroidogenesis. Pregnenolone may either be converted to 17-OH pregnenolone via the enzymatic action of  $17\alpha$ -hydroxylase or to progesterone via the enzymatic action of  $3\beta$ -hydroxysteroid dehydrogenase.

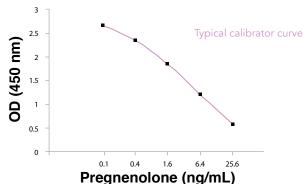
Elevated pregnenolone levels occur in forms of congenital adrenal hyperplasia (CAH), due to 3 $\beta$ -hydroxysteroid dehydrogenase deficiency or 17 $\alpha$ -hydroxylase deficiencies. Higher levels have also been reported in women with idiopathic hirsutism. Studies on pregnenolone levels in regard to sex and age differences indicate that maximum levels occur at approximately 17 and 16 years of age for women and men, while minimum levels occur at approximately 37 and 38 years of age for women and men, respectively. In general, women were found to have slightly higher values when compared to men.

Many areas of pregnenolone physiology remain to be investigated. Current research indicates that the determination of pregnenolone in serum may be useful for studying its metabolite, pregnenolone sulfate, which has been reported to have various effects in the mammalian brain and central nervous system.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzyme-labelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional

to the concentration of pregnenolone in the sample. A set of standards is used to plot a standard curve from which the concentration of pregnenolone in patient samples and controls can be directly read.



### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct Pregnenolone ELISA kit is **0.05 ng/mL**.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Pregnenolone ELISA kit with pregnenolone crossreacting at 100%.

| Steroid                  | % Cross-Reactivity |
|--------------------------|--------------------|
| Pregnenolone             | 100                |
| Progesterone             | 6.0                |
| Dehydroisoandrosterone   | 5.2                |
| $5\alpha$ -Androstandiol | 4.7                |
| Epiandrosterone          | 1.0                |
| Pregnenolone Sulfate     | 0.4                |
| Androstandione           | 0.3                |
| 5α-Androsterone          | 0.3                |
| DHEAS                    | 0.2                |
| Etiocholanolone          | 0.1                |

The following steroids were tested but cross-reacted at less than 0.1%: Adrenosterone, Aldosterone, Androstenedione, Cholesterol, Corticosterone,  $5\alpha$ -DHT,  $17\beta$ -Estradiol, Estriol and Testosterone.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.19 | 0.02 | 10.6 |
| 2      | 1.04 | 0.85 | 8.2  |
| 3      | 4.77 | 0.37 | 7.8  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.22 | 0.03 | 14.5 |
| 2      | 1.14 | 0.14 | 12.3 |
| 3      | 4.56 | 0.44 | 9.6  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of pregnenolone to four patient serum samples. The results (in ng/mL) are tabulated below:

| Sample     | Observed<br>Result | Expected<br>Result | Recovery % |
|------------|--------------------|--------------------|------------|
| 1 Unspiked | 0.37               | -                  | -          |
| + 4.14     | 5.31               | 4.51               | 117.7      |
| 2 Unspiked | 0.77               | -                  | -          |
| + 4.01     | 5.69               | 4.78               | 119.0      |
| 3 Unspiked | 0.85               | 4.83               | -          |
| + 3.98     | 5.18               |                    | 107.2      |
| 4 Unspiked | 1.47               | -                  | -          |
| + 3.78     | 6.31               | 5.25               | 120.2      |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result           | Expected<br>Result        | Recovery %                  |
|------------------------|------------------------------|---------------------------|-----------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 5.31<br>2.89<br>1.26<br>0.71 | 2.66<br>1.33<br>0.66      | -<br>108.6<br>94.7<br>107.6 |
| 2<br>1:2<br>1:4<br>1:8 | 6.51<br>2.75<br>1.54<br>0.80 | 3.26<br>1.63<br>0.81      | -<br>84.4<br>94.5<br>98.8   |
| 3<br>1:2<br>1:4<br>1:8 | 8.34<br>3.78<br>2.15<br>1.05 | -<br>4.17<br>2.09<br>1.04 | 90.6<br>102.9<br>101.0      |

### EXPECTED NORMAL VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group   | N  | Mean (ng/mL) | Abs. Range (ng/mL) |
|---------|----|--------------|--------------------|
| Males   | 30 | 0.50         | 0.1–3.4            |
| Females | 50 | 0.55         | 0.1–3.8            |





## Progesterone Saliva

REF CAN-P-310

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50  $\mu L$  of each calibrator, control and specimen sample.



Pipette 100 μL of conjugate working solution.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150  $\mu L$  of TMB substrate.



Incubate on a plate shaker for 10–20 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

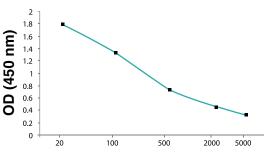
**Progesterone** is a C-21 female sex steroid hormone with a variety of physiological effects. In the follicular phase of the menstrual cycle, progesterone is produced in low levels. It increases to the LH peak and then sharply rises 3 to 4 days later to higher levels, remaining elevated through the 10<sup>th</sup> to 12<sup>th</sup> days after the LH peak. Then there is a sharp decline to the low levels of the follicular phase. It is responsible for the induction of the cyclic changes in the endometrium of the uterus allowing implantation and successful growth of the fertilized ovum and maintenance of pregnancy.

Progesterone measurements are useful in documenting ovulation and in the management of difficulties during the first trimester of pregnancy. Levels of progesterone may be useful in the evaluation of sterility due to luteal phase defects, prediction of impending abortion, and the diagnosis of ectopic pregnancy.

Drugs such as, oral contraceptives, superovulatory drugs, estrogen replacement therapy medication, and GnRH analogues may affect normal values of progesterone. The removal of ovarian function following surgical oophorectomy or chemotherapy may influence salivary progesterone values. The determination of salivary progesterone combines a highly sensitive technique and non-invasive sample collection that is of value in clinical and research studiess.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of progesterone in the sample.



A set of standards is used to plot a standard curve from which the amount of progesterone in patient samples and controls can be directly read.

Progesterone (pg/mL)

### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Progesterone Saliva ELISA kit is 20 pg/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Progesterone Saliva ELISA kit with progesterone cross-reacting at 100%.

| Steroid                            | % Cross-Reactivity |
|------------------------------------|--------------------|
| Progesterone                       | 100                |
| $11\alpha$ -OH-Progesterone        | 100                |
| Deoxycorticosterone                | 1.7                |
| 17-OH-Progesterone                 | 0.4                |
| $5\alpha$ -Androstane-3β, 17β-diol | 0.3                |
| Corticosterone                     | 0.3                |
| Pregnenolone                       | 0.2                |

The following steroids were tested but cross-reacted at less than 0.1%: Cortisol, Cortisone, Danazol, DHEAS, Estradiol, 5β-Pregnan-3α, 17α, 21 $\alpha$ -triol-20-one, 5 $\beta$ -Pregnan-3 $\alpha$ , 17-diol-20-one, Pregnan-3 $\alpha$ , 20 $\alpha$ -diol and Testosterone.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in pg/mL) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 32.93  | 4.39  | 13.3 |
| 2      | 78.73  | 4.63  | 5.9  |
| 3      | 302.67 | 22.30 | 7.37 |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in pg/mL) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 30.83  | 3.90  | 12.7 |
| 2      | 75.03  | 7.73  | 7.7  |
| 3      | 241.06 | 26.23 | 10.9 |

### RECOVERY

Spiked samples were prepared by adding defined amounts of progesterone to two patient saliva samples (1:1). The results (in pg/mL) are tabulated below:

| Sample                                  | Observed<br>Result                 | Expected<br>Result              | Recovery %                 |
|---|------------------------------------|---------------------------------|----------------------------|
| 1 Unspiked<br>+ 100<br>+ 500<br>+ 2000  | 4.38<br>58.93<br>240.57<br>851.70  | -<br>52.19<br>252.19<br>1002.19 | -<br>112.9<br>95.4<br>85.0 |
| 2 Unspiked<br>+ 100<br>+ 2000<br>+ 5000 | 7.49<br>46.27<br>894.58<br>2694.49 | 53.75<br>1003.75<br>2503.75     | 86.1<br>89.1<br>107.6      |

### LINEARITY

Three patient saliva samples were diluted with calibrator A. The results (in pg/mL) are tabulated below:

| Sample                 | Observed<br>Result                    | Expected<br>Result               | Recovery %           |
|------------------------|---------------------------------------|----------------------------------|----------------------|
| 1<br>1:2<br>1:4<br>1:8 | 1005.66<br>473.10<br>218.29<br>115.63 | 502.83<br>251.41<br>125.71       | 94.1<br>86.8<br>92.0 |
| 2<br>1:2<br>1:4<br>1:8 | 1462.5<br>700.48<br>327.69<br>172.12  | 731.25<br>365.62<br>182.81       | 95.8<br>89.6<br>94.1 |
| 3<br>1:2<br>1:4<br>1:8 | 2279.9<br>1061.0<br>497.67<br>239.59  | -<br>1139.95<br>569.98<br>284.99 | 93.1<br>87.3<br>84.1 |

### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | Range (pg/mL)            |
|--|--------------------------|
| Females<br>Follicular Phase<br>Luteal Phase<br>Postmenopausa | < 100<br>100–500<br>< 50 |







## Progesterone Serum

REF CAN-P-305

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25  $\mu$ L of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150  $\mu$ L of TMB substrate.



Incubate on a plate shaker for 10–20 minutes at room temperature.



Pipette 50  $\mu\text{L}$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

**Progesterone** is a C-21 female sex steroid hormone with a variety of physiological effects. In the follicular phase of the menstrual cycle, progesterone is produced in low levels. It increases to the LH peak and then sharply rises 3 to 4 days later to higher levels, remaining elevated through the 10<sup>th</sup> to 12<sup>th</sup> days after the LH peak. Then there is a sharp decline to the low levels of the follicular phase. It is responsible for the induction of the cyclic changes in the endometrium of the uterus allowing implantation and successful growth of the fertilized ovum and maintenance of pregnancy.

Progesterone measurements are used in documenting ovulation and in the management of difficulties during the first trimester of pregnancy. Levels of progesterone may be useful in the evaluation of sterility due to luteal phase defects, prediction of impending abortion, and the diagnosis of ectopic pregnancy.

Normal values of progesterone may be affected by drugs such as, oral contraceptives, superovulatory drugs, estrogen replacement therapy medication, and GnRH analogues. The removal of ovarian function following surgical oophorectomy or chemotherapy may influence serum progesterone values.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of progesterone in the sample. A set of standards is used to plot a standard curve from which the amount

**Eu 05**1.5

0

0.5

0

0.5

0

Progesterone (ng/mL)

of progesterone in patient samples and controls can be directly read.

### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct Progesterone ELISA kit is 0.1 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Progesterone ELISA kit with Progesterone crossreacting at 100%.

| Steroid                            | % Cross-Reactivity |
|------------------------------------|--------------------|
| Progesterone                       | 100                |
| $11\alpha$ -OH-Progesterone        | 100                |
| Deoxycorticosterone                | 1.7                |
| 17-OH-Progesterone                 | 0.4                |
| $5\alpha$ -Androstane-3β, 17β-diol | 0.3                |
| Corticosterone                     | 0.3                |
| Pregnenolone                       | 0.2                |

The following steroids were tested but cross-reacted at less than 0.1%: Cortisol, Cortisone, Danazol, DHEAS, Estradiol, 5β-Pregnan-3α, 17α, 21 $\alpha$ -triol-20-one, 5 $\beta$ -Pregnan-3 $\alpha$ , 17-diol-20-one, Pregnan-3 $\alpha$ , 20 $\alpha$ -diol and Testosterone.

### INTRA-ASSAY PRECISION

Two samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 1.89  | 0.20 | 10.6 |
| 2      | 14.24 | 1.45 | 10.2 |

### INTER-ASSAY PRECISION

Two samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 2.63  | 0.33 | 12.6 |
| 2      | 10.15 | 1.04 | 10.2 |

### RECOVERY

Spiked samples were prepared by adding defined amounts of progesterone to two patient serum samples (1:1). The results (in ng/mL) are tabulated

| Sample                                  | Observed<br>Result   | Expected<br>Result | Recovery %            |
|---|----------------------|--------------------|-----------------------|
| 1 Unspiked<br>+ 5.0<br>+ 20.0<br>+ 60.0 | 20<br>13<br>16<br>31 | 12.5<br>20<br>40   | -<br>104<br>80<br>78  |
| 2 Unspiked<br>+ 5.0<br>+ 20.0<br>+ 60.0 | 45<br>31<br>35<br>48 | 25<br>32.5<br>52.5 | -<br>124<br>108<br>91 |

### LINEARITY

Two patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                         | Observed<br>Result                | Expected<br>Result       | Recovery %                  |
|--------------------------------|-----------------------------------|--------------------------|-----------------------------|
| 1<br>1:2<br>1:4<br>1:8<br>1:16 | 10<br>5.3<br>2.16<br>1.38<br>0.59 | 5<br>2.5<br>1.25<br>0.63 | -<br>106<br>86<br>110<br>95 |
| 2<br>1:2<br>1:4<br>1:8<br>1:16 | 20<br>10<br>5<br>2.5<br>1.25      | 9.1<br>4.2<br>2.0<br>1.1 | 91<br>84<br>81<br>88        |

### COMPARATIVE STUDIES

The DBC Direct Progesterone ELISA kit (Kit A) was compared with a competitor's coated tube RIA kit (Kit B). The results (in ng/mL) are tabulated below:

| Group      | Kit A Mean | Kit B Mean |
|------------|------------|------------|
| 33 Samples | 3.05       | 2.76       |

### EXPECTED NORMAL VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group                 | Mean (ng/mL) | Abs. Range (ng/mL) |
|-----------------------|--------------|--------------------|
| Males                 | 0.53         | ND-1.35            |
| Females               | 8.37         | ND-70.0            |
| Postmenopausal Female | 0.46         | ND-4.0             |







# Prolactin (PRL)

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 µL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



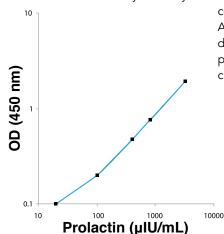
Read the plate on a microplate reader at 450 nm.

**Prolactin (PRL)** is a polypeptide hormone synthesized by the lactotropic cells of the anterior pituitary gland. Structurally, it is similar to two other polypeptide hormones namely, growth hormone and placental lactogen. PRL is a polypeptide containing 199 amino acids, while growth hormone and placental lactogen each have 191 amino acids. There is approximately 100 µg of prolactin in the human pituitary gland, which is a very small amount when compared to growth hormone, which is present at 8–10 mg.

The target organ of prolactin is the breast (mammary gland). Its main physiological action is not only to initiate but also to sustain lactation. The hypothalamus secretes dopamine, which has a direct effect of inhibition of the secretion of PRL. If dopamine is not available or absent the secretion of PRL is autonomous.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for prolactin is immobilized onto the microplate and another monoclonal antibody specific for a different region of prolactin is conjugated to horse radish peroxidase (HRP). Prolactin from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the



concentration of prolactin in the sample. A set of standards is used to plot a standard curve from which the amount of prolactin in patient samples and controls can be directly read.

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Prolactin ELISA kit is 10 µIU/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the DBC Prolactin ELISA kit was determined by measuring the apparent Prolactin values of the following compounds:

| Substance                        | Concentration<br>Range | Apparent PRL<br>Value (µIU/mL) |
|----------------------------------|------------------------|--------------------------------|
| hCG (WHO 75/537)                 | 100-2500 IU/L          | Not Detected                   |
| FSH (WHO 1 <sup>st</sup> 83/575) | 25-4000 IU/L           | Not Detected                   |
| hGH (WHO 80/505)                 | 10-1000 mg/L           | Not Detected                   |
| PL                               | 0.1-50 mg/L            | Not Detected                   |
| TSH (WHO 80/558)                 | 25-1000 mIU/L          | Not Detected                   |

The specificity towards other structural forms of prolactin, including macroprolactin has not been determined.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in µIU/mL) are tabulated below:

| Sample | Mean | SD  | CV % |
|--------|------|-----|------|
| 1      | 202  | 14  | 6.9  |
| 2      | 586  | 68  | 11.6 |
| 3      | 1320 | 136 | 10.3 |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in µIU/mL) are tabulated below:

| Sample | Mean | SD  | CV % |
|--------|------|-----|------|
| 1      | 237  | 18  | 7.6  |
| 2      | 589  | 85  | 14.4 |
| 3      | 1725 | 277 | 13.2 |

### RECOVERY

Spiked samples were prepared by adding defined amounts of prolactin to three patient serum samples. The results (in µIU/mL) are tabulated below:

| Sample                                | Observed<br>Result         | Expected<br>Result       | Recovery %                  |
|---------------------------------------|----------------------------|--------------------------|-----------------------------|
| 1 Unspiked<br>+ 62<br>+ 130<br>+ 542  | 55<br>95<br>172<br>508     | -<br>117<br>185<br>597   | 81.2<br>93.0<br>85.1        |
| 2 Unspiked<br>+ 49<br>+ 145<br>+ 775  | 59<br>127<br>258<br>792    | 108<br>204<br>834        | -<br>117.6<br>126.5<br>95.0 |
| 3 Unspiked<br>+ 145<br>+ 385<br>+ 775 | 707<br>807<br>1356<br>1868 | -<br>852<br>1092<br>1482 | 94.7<br>124.2<br>126.0      |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in µIU/mL) are tabulated below:

| Sample                 | Observed<br>Result         | Expected<br>Result     | Recovery %             |
|------------------------|----------------------------|------------------------|------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 292<br>124<br>87<br>41     | -<br>146<br>73<br>37   | 84.9<br>119.2<br>110.8 |
| 2<br>1:2<br>1:4<br>1:8 | 444<br>202<br>116<br>69    | 222<br>111<br>56       | 91.0<br>104.5<br>123.2 |
| 3<br>1:2<br>1:4<br>1:8 | 1965<br>1014<br>427<br>209 | -<br>983<br>491<br>246 | 103.2<br>87.0<br>85.0  |

### EXPECTED NORMAL VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group                     | Absolute Range (μIU/mL) |
|---------------------------|-------------------------|
| Males                     | 67–360                  |
| Females<br>Postmenopausal | 55–2500<br>< 400        |







# Free Prostate Specific Antigen REF CAN-FPSA-4400

### ASSAY PROCEDURE



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50  $\mu L$  of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150  $\mu$ L of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

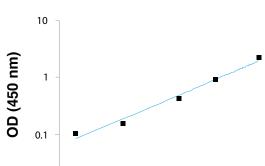
**Prostate specific antigen (PSA)** is a 3 3-kDa glycoprotein secreted by epithelial cells of the prostate gland. In human serum, PSA is primarily complexed with  $\alpha$ 1-antichymotrypsin, and to a lesser extent with other serum proteins. Only a small fraction of PSA is present as the free form (free PSA).

The expected normal level of PSA in male serum is lower than 4 ng/mL. A rise in the concentration of PSA indicates prostate pathology, including benign prostatic hyperplasia (BPH) and prostate cancer.

Free PSA (fPSA) has been studied in attempts to help distinguish BPH from untreated prostate cancer. These studies have shown that the ratio of free PSA/total PSA is lower in untreated prostate cancer than in patients with BPH.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for fPSA is immobilized onto the microplate and another monoclonal antibody specific for a different region of fPSA is conjugated to horse radish peroxidase (HRP). fPSA from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of fPSA in the sample. A set of standards is used to plot a



standard curve from which the amount of fPSA in patient samples and controls can be directly read.

Typical calibrator curve

fPSA (ng/mL)

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct fPSA ELISA kit is **0.05 ng/mL**.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.24 | 0.02 | 9.6  |
| 2      | 0.79 | 0.06 | 7.2  |
| 3      | 1.75 | 0.10 | 5.8  |

### **INTER-ASSAY PRECISION**

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.24 | 0.03 | 10.5 |
| 2      | 1.15 | 0.13 | 11.1 |
| 3      | 3.13 | 0.21 | 6.6  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of fPSA to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample     | Observed<br>Result | Expected<br>Result | Recovery % |
|------------|--------------------|--------------------|------------|
| 1 Unspiked | 1.74               | 2.03               | -          |
| + 0.63     | 2.37               |                    | 116.7      |
| 2 Unspiked | 1.74               | -                  | -          |
| + 1.19     | 3.30               | 2.93               | 112.6      |
| 3 Unspiked | 3.60               | -                  | -          |
| + 1.63     | 5.23               | 4.48               | 116.7      |

### LINEARITY

Two patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample | Observed<br>Result | Expected<br>Result | Recovery % |
|--------|--------------------|--------------------|------------|
| 1      | 1.22               | -                  | -          |
| 1:2    | 0.72               | 0.61               | 118.0      |
| 1:4    | 0.32               | 0.31               | 103.2      |
| 1:8    | 0.19               | 0.15               | 126.7      |
| 2      | 12.30              | -                  | -          |
| 1:2    | 7.04               | 6.15               | 114.5      |
| 1:4    | 3.58               | 3.08               | 116.2      |
| 1:8    | 1.56               | 1.54               | 101.3      |

### HIGH DOSE HOOK EFFECT

The Direct fPSA ELISA kit did not experience a high dose hook effect when it was tested up to a fPSA concentration of 200 ng/mL.

### **COMPARATIVE STUDIES**

The DBC Direct fPSA E LISA kit (y) was compared with a competitor's fPSA ELISA kit (x). The comparison of 16 serum samples yielded the following linear regression results:

$$y = 0.8406x + 0.7096$$
,  $r = 0.96$ 







### **Total Prostate Specific Antigen**

REF CAN-TPSA-4300

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 25 µL of each calibrator, control and specimen sample.



Pipette 100 μL of the assay buffer into



Incubate on a plate shaker for 1 hour at room temperature.





Wash 3 times. Pipette 100 µL of the conjugate working solution into each well.



Incubate on a plate shaker for 30 minutes at room temperature.





Wash 3 times. Pipette 100 µL of TMB substrate into each well.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of stopping solution into each well.



Read the plate on a microplate reader at 450 nm.

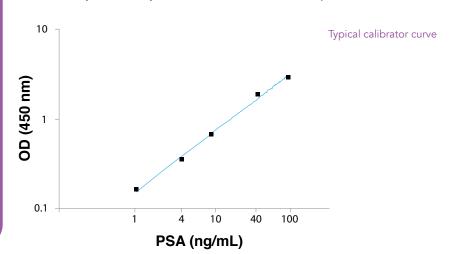
Prostate specific antigen (PSA) is a 3 3-kDa glycoprotein secreted by epithelial cells of the prostate gland. In human serum, PSA is primarily complexed with  $\alpha$ 1-antichymotrypsin, and to a lesser extent with other serum proteins. Only a small fraction of PSA is present as the free form (free PSA).

The expected normal level of PSA in male serum is lower than 4 ng/mL. A rise in the concentration of PSA indicates prostate pathology, including benign prostatic hyperplasia (BPH) and prostate cancer.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical two-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for total PSA is immobilized onto the microplate and another monoclonal antibody specific for a different region of PSA is conjugated to horse radish peroxidase (HRP). Total PSA from the sample and standards are allowed to bind to the plate, washed, and subsequently incubated with the HRP conjugate. After a second washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of total PSA in the sample.

A set of standards is used to plot a standard curve from which the amount of total PSA in patient samples and controls can be directly read.



### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct Total PSA ELISA kit is **0.1 ng/mL**.

### INTRA-ASSAY PRECISION

Two samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 5.59  | 0.02 | 6.1  |
| 2      | 22.89 | 0.06 | 4.6  |

### INTER-ASSAY PRECISION

Two samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.92 | 0.09 | 9.5  |
| 2      | 3.64 | 0.14 | 3.8  |

### RECOVERY

Spiked samples were prepared by adding defined amounts of PSA to three patient serum samples. The results (in ng/mL) are tabulated below:

| Sample                                     | Observed<br>Result               | Expected<br>Result          | Recovery %                  |
|--|----------------------------------|-----------------------------|-----------------------------|
| 1 Unspiked<br>+ 0.86<br>+ 9.43<br>+ 26.57  | 7.00<br>7.79<br>16.42<br>39.66   | 7.86<br>16.43<br>33.57      | -<br>99.1<br>99.9<br>118.1  |
| 2 Unspiked<br>+ 2.08<br>+ 10.65<br>+ 27.8  | 2.72<br>4.65<br>14.97<br>34.92   | -<br>4.80<br>13.37<br>30.52 | -<br>96.8<br>111.9<br>114.4 |
| 3 Unspiked<br>+ 7.35<br>+ 24.49<br>+ 32.15 | 14.26<br>20.32<br>39.85<br>47.49 | 21.61<br>38.75<br>46.41     | 94.0<br>102.8<br>102.3      |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result              | Expected<br>Result          | Recovery %                 |
|------------------------|---------------------------------|-----------------------------|----------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 39.66<br>18.33<br>8.93<br>4.56  | -<br>19.83<br>9.92<br>4.96  | 92.4<br>90.0<br>91.9       |
| 2<br>1:2<br>1:4<br>1:8 | 34.92<br>17.80<br>8.16<br>4.08  | -<br>17.46<br>8.73<br>4.36  | -<br>101.9<br>93.5<br>93.6 |
| 3<br>1:2<br>1:4<br>1:8 | 47.49<br>23.24<br>12.90<br>6.67 | -<br>23.75<br>11.87<br>5.94 | 97.9<br>108.7<br>112.3     |

### **COMPARATIVE STUDIES**

The DBC Direct Total PSA ELISA kit (y) was compared with a competitor's Total PSA ELISA kit (x). The comparison of 168 serum samples yielded the following linear regression results:

$$y = 0.7972x + 0.8551, r = 0.9837$$

### HIGH DOSE HOOK EFFECT

The Direct Total PSA ELISA kit did not experience a high dose hook effect when it was tested up to a PSA concentration of 1000 ng/mL.

### **EXPECTED NORMAL VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

Serum samples from a group (n = 96) of apparently healthy males and females aged from 3–70 years old were assayed with the DBC Direct Total PSA ELISA Kit. Results are as follows:

| Group                              | Range (ng/mL) |
|------------------------------------|---------------|
| Males and Females (3–70 years old) | All < 4.0     |





# Resistin &

REF CAN-RSN-4000

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Mix gently by inversion. Prepare working solutions.



Pipette 50 µL of each calibrator, control and specimen sample.



Pipette 100 μL of monoclonal antiresistin-biotin conjugate.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 100 μL of streptavidin-HRP conjugate.



Incubate on a plate shaker for 30 minutes at room temperature.





Wash 3 times. Pipette 150 µL of TMB substrate into each well.



Incubate on a plate shaker for 10–15 minutes at room temperature.





Pipette 50  $\mu L$  of stopping solution into each well. Mix by gently tapping on plate.



Read the plate on a microplate reader at 450 nm.

**Resistin** is a 12.5 kDa protein containing 108 amino acids. It is synthesised as a pre-peptide and its hydrophobic signal peptide is cleaved before secretion. Resistin circulates in human blood as a dimeric protein consisting of two 92 amino acid polypeptides that are linked by a disulfide bridge.

Resistin belongs to the resistin-like molecule (RELM) hormone family. The RELM family comprises RELM- $\alpha$ , RELM- $\beta$ , RELM- $\gamma$  and resistin. RELM- $\beta$  is related to resistin and is expressed in the colon. In rodents, resistin is produced by adipose tissue and is a significant regulator of glucose metabolism and insulin sensitivity. Hyperresistinemia in rodents causes insulin resistance and predisposition to type 2 diabetes. In humans, resistin is produced by the macrophages, which stimulates the macrophage secretion of pro-inflammatrory cytokines. Some studies have shown a correlation between increased serum resistin levels and atherosclerosis. Another study shows an increase of resistin levels in mice with atherosclerotic lesions. Many studies have tried to translate the mouse data to humans by answering the question whether levels of resistin are increased in human obesity, insulin resistance, and/or type 2 diabetes. Some groups failed to identify changes in resistin levels with obesity, insulin resistance, or type 2 diabetes while other studies that used diverse populations and different assays, have found significant relationships with one or more of these conditions.

Based on the above studies resistin may be a biomarker and a mediator of metabolic and inflammatory diseases. Many areas of resistin physiology remain to be investigated to determine if it can be used as a marker for energy metabolism and body weight regulation, metabolic syndrome, inflammation and atherosclerosis.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical twostep capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for resistin is immobilized onto the microplate and another monoclonal antibody specific for a different epitope of resistin is conjugated to biotin. During the first step, resistin present in the samples and standards is bound to the immobilized antibody and to the biotinylated antibody, thus forming a sandwich complex. Excess and unbound biotinylated antibody is removed by a washing step. In the second step, streptavidin-HRP is added, which binds specifically to any bound biotinylated antibody. Again, unbound streptavidin-HRP is removed by a washing step. Next, the enzyme substrate is added (TMB), forming a blue coloured product that is directly proportional to the amount of resistin present. The enzymatic reaction is terminated by the addition of the stopping solution, converting the blue colour to a yellow colour. The absorbance is measured on a microtiter plate reader at 450 nm. A set of standards is used to plot a standard curve from which the amount of resistin in patient samples and controls can be directly read.

### **SENSITIVITY**

The limit of detection (LoD) was determined from the analysis of 60 samples of the blank and calculated as follows:

LoD = 2xSD where SD is the standard deviation of the blank.

LoD = 0.004 ng/mL of Resistin.

### SPECIFICITY (CROSS-REACTIVITY)

The blank was spiked separately with 100 ng/mL of human leptin, human TNF- $\alpha$ , human IL-6, human FABP4, human FABP5, human RELM- $\beta$  or with 10 ng/mL of human C-peptide or 10  $\mu$ g/mL of human adiponectin. The signal obtained for each was compared to the signal of resistin at 15 ng/mL. % Cross-Reactivity = (Signal of substance tested / Signal of Resistin at 15 ng/mL) x100.

| Analyte     | Concentration (ng/mL) | % Cross-Reactivity |
|-------------|-----------------------|--------------------|
| Leptin      | 100                   | 0                  |
| TNF-α       | 100                   | 0.21               |
| IL-6        | 100                   | 0                  |
| C-peptide   | 10                    | 0                  |
| Adiponectin | 10000                 | 0                  |
| FABP4       | 100                   | 0                  |
| FABP5       | 100                   | 0                  |
| RELM-β      | 100                   | 0                  |

### INTRA-ASSAY PRECISION

Three samples were assayed 20 times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD    | CV% |
|--------|-------|-------|-----|
| 1      | 3.61  | 0.068 | 1.9 |
| 2      | 8.32  | 0.17  | 2.0 |
| 3      | 15.79 | 0.44  | 2.8 |

### INTER-ASSAY PRECISION

Three samples were assayed in 20 different tests in the span of 20 days. The results (in ng/mL) are tabulated below:

| Sample | Mean  | SD   | CV% |
|--------|-------|------|-----|
| 1      | 5.79  | 0.27 | 4.7 |
| 2      | 10.92 | 0.43 | 3.9 |
| 3      | 15.37 | 0.69 | 4.5 |

### **RECOVERY**

Three patient serum samples were spiked by adding defined amounts of resistin. The results (in ng/mL) are tabulated below:

| Sample   | Observed<br>Result               | Expected<br>Result      | Recovery %          |
|--|----------------------------------|-------------------------|---------------------|
| 1 Unspiked   | 6.36                             | -                       | -                   |
| + 2 ng/mL  | 7.25                             | 8.36                    | 87                  |
| + 5 ng/mL  | 9.70                             | 11.36                   | 85                  |
| + 10 ng/mL   | 14.42                            | 16.36                   | 88                  |
| 2 Unspiked   | 7.98                             | -                       | -                   |
| + 2 ng/mL  | 8.96                             | 9.98                    | 90                  |
| + 5 ng/mL  | 11.63                            | 12.98                   | 90                  |
| + 10 ng/mL   | 16.71                            | 17.98                   | 93                  |
| 3 Unspiked<br>+ 2 ng/mL<br>+ 5 ng/mL<br>+ 10 ng/mL | 10.36<br>10.71<br>13.69<br>19.02 | 12.36<br>15.36<br>20.36 | -<br>87<br>89<br>93 |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                        | Observed<br>Result            | Expected<br>Result   | Recovery %        |
|-------------------------------|-------------------------------|----------------------|-------------------|
| Sample 1<br>1:2<br>1:4<br>1:8 | 14.53<br>7.72<br>4.10<br>2.26 | 7.26<br>3.63<br>1.82 | 106<br>113<br>124 |
| Sample 2                      | 8.55                          | -                    | -                 |
| 1:2                           | 4.71                          | 4.27                 | 110               |
| 1:4                           | 2.55                          | 2.14                 | 119               |
| Sample 3                      | 6.57                          | -                    | -                 |
| 1:2                           | 3.6                           | 3.28                 | 110               |
| 1:4                           | 1.96                          | 1.64                 | 120               |

### **COMPARATIVE STUDIES**

The DBC Resistin ELISA kit (y) was compared with a leading competitor ELISA kit (x). The comparison of 40 serum samples yielded the following linear regression results: y = 0.9444x - 0.2202 with r = 0.93.

### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of reference values.

| Group  | n   | Mean<br>(ng/mL) | 95% Confidence<br>Range (ng/mL) |
|--------|-----|-----------------|---------------------------------|
| Male   | 120 | 4.28            | 1.53–8.95                       |
| Female | 120 | 4.87            | 1.59–10.83                      |







# Sex Hormone Binding Globulin (SHBG) REF CAN-SHBG-4010

### **ASSAY PROCEDURE**





Bring kit components to room temperature.
Prepare working solutions.



Pipette 20  $\mu L$  of each calibrator, control and specimen sample.



Pipette 200 μL of assay buffer into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 150 µL of conjugate working solution into each well.



Incubate on a plate shaker for 15 minutes at room temperature.





Wash 3 times. Pipette 150 µL of TMB substrate into each well.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu$ L of stopping solution into each well.



Read the plate on a microplate reader at 450 nm.

**Sex hormone binding globulin (SHBG)** is a glycoprotein composed of 373 amino acid residues and three carbohydrate side chains. SHBG has been known by many other names including Testosteroneestradiol Binding Globulin (TeBG), Sex steroid Binding Protein (sBP) and Sex Steroid Binding Globulin (SSBG).

One of the main properties of SHBG is its high affinity for steroids, especially the C18, C19 and  $17\alpha$ -hydroxyl groups. The binding of steroids to SHBG is temperature and pH dependent.

The three steroids that have a high avidity for SHBG are Dihydrotestosterone, Testosterone and Estradiol. Very small amounts of these steroids are free in biological fluid; the majority are bound to SHBG and albumin. These two fractions, that is, free and bound exist in a state of dynamic equilibrium. When the level of SHBG concentration changes, a remarkable change occurs in both albumin-bound hormone and also in the free fraction.

Throughout life SHBG increases until the eighties in both sexes. During the menstrual cycle SHBG does not seem to vary appreciably, however, according to some authors the concentration of SHBG is elevated in the luteal phase. During pregnancy the level of SHBG rises rapidly until about the 30th week of gestation.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical two-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for SHBG is immobilized onto the microplate and another monoclonal antibody specific for a different region of SHBG is conjugated to horse radish peroxidase (HRP). SHBG from the sample and standards are allowed to bind to the plate, washed, and subsequently incubated with the HRP conjugate. After a second washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter

O 0.1 3.3 12.5 55 160 295 SHBG (nmol/L)

plate reader. The intensity of the colour formed by the enzymatic reaction is directly proportional to the concentration of SHBG in the sample.

A set of standards is used to plot a standard curve from which the amount of SHBG in patient samples and controls can be directly read.

### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC SHBG ELISA kit is 0.1 nmol/L.

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the SHBG ELISA kit was determined by measuring the apparent SHBG value of samples spiked with high levels of Thyroxine Binding Globulin (TBG):

| Substance                        | Concentration<br>Range (mg/L) | Apparent SHBG<br>Value (nmol/L) |
|----------------------------------|-------------------------------|---------------------------------|
| Thyroxine Binding Globulin (TBG) | 10–500                        | Not Detected                    |

### INTRA-ASSAY PRECISION

Four samples were assayed ten times each on the same calibrator curve. The results (in nmol/L) are tabulated below:

| Sample | Mean | SD   | CV% |
|--------|------|------|-----|
| 1      | 4.5  | 0.39 | 8.6 |
| 2      | 16   | 0.68 | 4.3 |
| 3      | 57   | 1.70 | 3.0 |
| 4      | 158  | 8.4  | 5.3 |

### INTER-ASSAY PRECISION

Four samples were assayed ten times over a period of four weeks. The results (in nmol/L) are tabulated below:

| Sample | Mean | SD   | CV%  |
|--------|------|------|------|
| 1      | 3.8  | 0.44 | 11.6 |
| 2      | 19   | 1.60 | 8.4  |
| 3      | 63   | 5.50 | 8.7  |
| 4      | 194  | 14.0 | 7.2  |

### HIGH DOSE HOOK EFFECT

The SHBG ELISA kit did not experience a high dose hook effect when it was tested up to a SHBG concentration of 10,000 nmol/L.

### RECOVERY

Spiked samples were prepared by adding defined amounts of SHBG to three patient serum samples. The results (in nmol/L) are tabulated below:

| Sample                                 | Observed<br>Result       | Expected<br>Result           | Recovery %                  |
|--|--------------------------|------------------------------|-----------------------------|
| 1 Unspiked<br>+ 6.5<br>+ 28.5<br>+ 165 | 39<br>42<br>67<br>208    | -<br>45.5<br>67.5<br>204     | 92.3<br>99.3<br>102.0       |
| 2 Unspiked<br>+ 6.5<br>+ 28.5<br>+ 165 | 61<br>63<br>91<br>224    | -<br>67.5<br>89.5<br>226     | 93.3<br>101.7<br>99.1       |
| 3 Unspiked<br>+ 6.5<br>+ 28.5<br>+ 165 | 157<br>170<br>210<br>307 | -<br>163.5<br>185.5<br>322.0 | -<br>104.0<br>113.2<br>95.3 |

### LINEARITY

Three patient serum samples were diluted with assay buffer. The results (in nmol/L) are tabulated below:

| Sample                  | Observed<br>Result        | Expected<br>Result     | Recovery %                  |
|-------------------------|---------------------------|------------------------|-----------------------------|
| 1<br>1:2<br>1:5<br>1:10 | 58<br>29<br>12.4<br>5.6   | -<br>29<br>11.6<br>5.8 | -<br>100.3<br>106.9<br>96.6 |
| 2<br>1:2<br>1:5<br>1:10 | 85<br>42.5<br>19.9<br>9.2 | -<br>42.5<br>17<br>8.5 | 100.0<br>117.1<br>108.2     |
| 3<br>1:2<br>1:5<br>1:10 | 120<br>61.2<br>24<br>12.2 | -<br>60<br>24<br>12    | 102.0<br>100.0<br>101.7     |

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | N   | Mean (nmol/L) | Range (nmol/L) |
|--------|-----|---------------|----------------|
| Male   | 104 | 31            | 7–70           |
| Female | 44  | 50            | 15–120         |

Ordering Information:

REF CAN-SHBG-4010





# Testosterone Saliva REF CAN-TE-300

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 100  $\mu L$  of each calibrator, control and specimen sample.



Pipette 100  $\mu$ L of the testosterone-biotin conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash the wells 5 times.



Pipette 150 µL of the streptavidin-HRP conjugate working solution into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash the wells 5 times.





Pipette 150 µL of TMB substrate. Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution into each well.



Read the plate on a microplate reader at 450 nm.

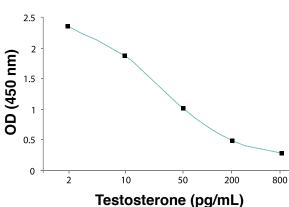
**Testosterone** is a C-19 steroid secreted from the testis and the adrenal cortex in men and from the adrenal cortex and ovary in women. Testosterone is also produced by peripheral tissues from androstenedione, which is of little physiological significance in men, however in women about half of circulating testosterone is derived from this origin. The action of testosterone is both androgenic or anabolic. Testosterone measurements are used mainly for clinical evaluation of hypogonadism in males and hyperandrogenic states in females.

Most of the circulating testosterone is bound to three proteins: sex hormone binding globulin (44–78%), albumin (20–54%) and cortisol binding globulin (small amount). Only about 2–3% of the total circulating testosterone remains unbound or in the free form. Only the free portion (or the non-SHBG bound fraction) of the circulating testosterone is thought to be available to tissues where it exerts its biological actions.

The salivary hormone assays are advocated for their noninvasive, easy sample collection method. Salivary testosterone is of great clinical value for it represents a filtered fraction of plasma testosterone and is independent of flow rate. Many studies have suggested that salivary testosterone correlates well with either free or non-SHBG bound testosterone.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a two-step competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and a biotin-labelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. In the second step, the streptavidin-horseradish peroxidase conjugate binds to any bound biotinylated testosterone. The washing and decanting procedures remove unbound materials. After the last washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the



concentration of testosterone in the sample. A set of standards is used to plot a standard curve from which the amount of testosterone in patient samples and controls can be directly read.

Typical calibrator curve

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Testosterone Saliva ELISA kit is **1.0 pg/mL**.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Testosterone ELISA kit with testosterone cross-reacting at 100%.

| Steroid         | % Cross-Reactivity |
|-----------------|--------------------|
| Testosterone    | 100                |
| 5α-DHT          | 5.2                |
| Androstenedione | 1.4                |
| Androstanediol  | 0.8                |
| Progesterone    | 0.5                |
| Androsterone    | 0.1                |

The following steroids were tested but cross-reacted at less than 0.1%: Aldosterone, Andrenosterone, Cholesterol, Corticosterone, Dehydroepiandrosterone, Dehydroepiandrosterone Sulfate, Epiandrosterone, 17 $\beta$ -Estradiol, Estriol and Pregnenolone.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in pg/mL) are tabulated below:

| Sample | Mean   | SD   | CV % |
|--------|--------|------|------|
| 1      | 14.05  | 1.00 | 7.1  |
| 2      | 38.19  | 1.30 | 3.4  |
| 3      | 122.81 | 8.19 | 6.7  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in pg/mL) are tabulated below:

| Sample | Mean   | SD   | CV % |
|--------|--------|------|------|
| 1      | 11.03  | 1.08 | 9.8  |
| 2      | 47.24  | 3.32 | 7.0  |
| 3      | 122.79 | 8.19 | 9.1  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of testosterone to 3 patient saliva samples. The results (in pg/mL) are tabulated below:

| Sample   | Observed<br>Result                | Expected<br>Result         | Recovery %            |
|--|-----------------------------------|----------------------------|-----------------------|
| 1 Unspiked<br>+ 50 (5:1)<br>+ 200 (5:1)<br>+ 800 (5:1) | 5.21<br>15.89<br>50.82<br>154.48  | -<br>14.2<br>44.2<br>164.2 | -<br>112<br>115<br>94 |
| 2 Unspiked<br>+ 50 (5:1)<br>+ 200 (5:1)<br>+ 800 (5:1) | 32.50<br>34.86<br>57.39<br>165.73 | 36.0<br>66.0<br>186.0      | -<br>97<br>87<br>89   |
| 3 Unspiked<br>+ 50 (5:1)<br>+ 200 (5:1)<br>+ 800 (5:1) | 52.57<br>53.67<br>85.77<br>179.00 | 52.06<br>82.06<br>202.06   | -<br>103<br>105<br>89 |

### LINEARITY

Three patient saliva samples were diluted with calibrator A. The results (in pg/mL) are tabulated below:

| Sample                 | Observed<br>Result                 | Expected<br>Result           | Recovery %             |
|------------------------|------------------------------------|------------------------------|------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 154.48<br>82.44<br>39.38<br>23.14  | -<br>77.24<br>38.62<br>19.31 | -<br>107<br>102<br>120 |
| 2<br>1:2<br>1:4<br>1:8 | 165.73<br>88.74<br>50.47<br>16.95  | 82.87<br>41.43<br>20.72      | 107<br>122<br>82       |
| 3<br>1:2<br>1:4<br>1:8 | 188.75<br>104.45<br>49.24<br>20.31 | 94.38<br>47.19<br>23.59      | -<br>111<br>104<br>86  |

### **EXPECTED NORMAL VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group   | N  | Range (pg/mL) |
|---------|----|---------------|
| Males   | 40 | 38–120        |
| Females | 41 | 5–32          |







### **Testosterone**

REF CAN-TE-250



### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50 µL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Incubate on a plate shaker for 1 hour at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50 µL of stopping solution.



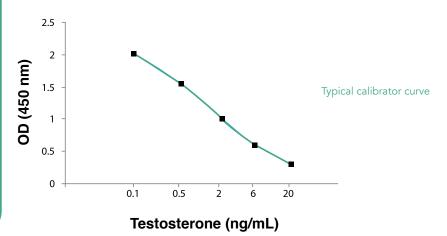
Read the plate on a microplate reader at 450 nm.

**Testosterone** is the most important male sex hormone, it is responsible for genital development, beard growth, muscle development and general male characteristics. The measurement of serum or plasma levels is an index of leydig cell function and high or low values correlate well with hypo- or hypergonadism.

In females small amounts of testosterone are produced by the adrenals and ovaries. High levels of testosterone in females indicates excessive androgen production and are found in progressive hirsutism and virilization, Cushing's syndrome and a deficiency in one or more of the specific enzymes required for normal steroid biosynthesis.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of testosterone in the sample. A set of standards is used to plot a standard curve from which the amount of testosterone in patient samples and controls can be directly read.



### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct Testosterone ELISA kit is 0.022 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Testosterone ELISA kit with testosterone cross-reacting at 100%.

| Steroid         | % Cross-Reactivity |
|-----------------|--------------------|
| Testosterone    | 100                |
| 5α-DHT          | 5.2                |
| Androstenedione | 1.4                |
| Androstanediol  | 0.8                |
| Progesterone    | 0.5                |
| Androsterone    | 0.1                |

The following steroids were tested but cross-reacted at less than 0.1%: Aldosterone, Andrenosterone, Cholesterol, Corticosterone, Dehydroepiandrosterone, Dehydroepiandrosterone Sulfate, Epiandrosterone, 17β-Estradiol, Estriol and Pregnenolone.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.75 | 0.07 | 9.6  |
| 2      | 0.77 | 0.06 | 7.7  |
| 3      | 1.37 | 0.08 | 6.6  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.76 | 0.05 | 6.1  |
| 2      | 3.29 | 0.28 | 8.5  |
| 3      | 4.11 | 0.30 | 7.3  |

### **COMPARATIVE STUDIES**

The DBC Direct Testosterone ELISA kit (x) was compared with a competitors Testosterone ELISA kit (y). The comparison of 40 serum samples yielded the following linear regression results: y = 1.4171x - 0.0941, r = 0.96

### RECOVERY

Spiked samples were prepared by adding defined amounts of testosterone to four patient serum samples. The results (in ng/mL) are tabulated below:

| Sample     | Observed<br>Result | Expected<br>Result | Recovery % |
|------------|--------------------|--------------------|------------|
| 1 Unspiked | 0.45               | -                  | -          |
| + 6.67     | 5.73               | 7.12               | 80.5       |
| 2 Unspiked | 0.67               | -                  | -          |
| + 6.67     | 8.08               | 7.34               | 110.1      |
| 3 Unspiked | 1.40               | -                  | -          |
| + 6.67     | 7.13               | 8.07               | 88.4       |
| 4 Unspiked | 2.01               | -                  | -          |
| + 6.67     | 8.42               | 8.68               | 97.0       |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result           | Expected<br>Result        | Recovery %            |
|------------------------|------------------------------|---------------------------|-----------------------|
| 1                      | 5.73                         | -                         | -                     |
| 1:2                    | 3.23                         | 2.86                      | 112.9                 |
| 1:4                    | 1.66                         | 1.43                      | 116.1                 |
| 1:8                    | 0.85                         | 0.72                      | 118.1                 |
| 2<br>1:2<br>1:4<br>1:8 | 8.08<br>4.01<br>2.02<br>0.96 | -<br>4.04<br>2.02<br>1.01 | 99.3<br>100.0<br>95.0 |
| 3                      | 8.42                         | -                         | -                     |
| 1:2                    | 3.75                         | 4.21                      | 89.1                  |
| 1:4                    | 2.01                         | 2.11                      | 95.3                  |
| 1:8                    | 1.03                         | 1.05                      | 98.1                  |

### EXPECTED NORMAL VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values. The results of an expected range study with apparently normal healthy subjects yielded the following results (all values are reported in ng/mL):

| Group                    | N  | Mean<br>(ng/mL) | Central 95%<br>(ng/mL) |
|--------------------------|----|-----------------|------------------------|
| Prepubertal infants      | 10 | 0.12            | 0.05-0.25              |
| Puberty and Males adults | 40 | 4.7             | 3.0–12.0               |
| Females                  | 40 | 0.5             | 0.2–1.0                |







### Testosterone

REF CAN-FTE-260

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Gently shake the plate for 10 seconds.



Incubate at 37°C for 1 hour.



Wash 3 times.



Pipette 150  $\mu$ L of TMB substrate.



Incubate at 37°C for 10–15 minutes.



Pipette 50  $\mu$ L of stopping solution into each well.



Read the plate on a microplate reader at 450 nm.

**Testosterone** is a C-19 steroid secreted from the testis and the adrenal cortex in men and from the adrenal cortex and ovaries in women. Testosterone is also produced by peripheral tissues from androstenedione, which is of little physiological significance in men; in women however, about half of the circulating testosterone is derived from this origin. Testosterone measurements are used mainly for clinical evaluation of hypogonadism in males and hyperandrogenic states in females.

Testosterone circulates in the blood bound to three proteins: **sex hormone binding globulin** (60–80%), **albumin** and **cortisol binding globulin**. Only about 1–2% of the total circulating testosterone remains unbound or free. Even though it is still under investigation, most researchers accept the free testosterone determination as a measure of the biologically active fraction.

Free testosterone determinations are recommended to overcome the influences caused by variations in transport proteins on the total testosterone concentration.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzyme-labelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of free testosterone in the sample. A set of standards is used to plot a standard curve from which the amount of free testosterone in patient samples and controls can be directly read.

The DBC free testosterone kit utilizes a highly specific rabbit anti-testosterone polyclonal antibody at a low binding capacity (Keq x concentration) to keep

minimum disturbances of the testosteroneprotein equilibrium. The other components
in the test system are also optimized in order
to not alter the original free testosterone
concentration.

Typical calibration curve

Free Testosterone (pg/mL)

### **SENSITIVITY**

The limit of detection (LoD) was determined from the analysis of 64 replicates of a low value sample and from the LoB.

 $LoD=LoB+1.645\sigma S,$  where  $\sigma S$  is the standard deviation of the low value sample.  $\sigma S$  was determined to be 0.0093 based on 64 measurements of a low value sample.

LoD = 0.0025 + (1.645\*0.0093) = 0.018 pg/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct Free Testosterone ELISA kit with testosterone cross-reacting at 100%.

| Steroid         | % Cross-Reactivity |  |
|-----------------|--------------------|--|
| Testosterone    | 100                |  |
| 5α-DHT          | 3.5                |  |
| Androstenedione | 0.17               |  |
| Progesterone    | 0.007              |  |
| Androsterone    | 0.075              |  |
| Aldosterone     | < 0.008            |  |
| Cholesterol     | < 0.0001           |  |
| Cortisone       | 0.0025             |  |
| DHEA            | 0.071              |  |
| DHEAS           | 0.0014             |  |
| 17β-Estradiol   | 0.15               |  |
| Estriol         | < 0.008            |  |
| Pregnenolone    | 0.028              |  |

### **COMPARATIVE STUDIES**

The DBC Direct Free Testosterone ELISA Kit (y) was compared with a competitors Free Testosterone Coated Tube RIA Kit (x). The comparison of 60 serum samples yielded the following linear regression results:

y (DBC) = 0.9362x (competitor) + 3.8794, r = 0.97

### **INTRA-ASSAY PRECISION**

Five samples were assayed 24 times each on the same calibrator curve. The results (in pg/mL) are tabulated below:

| Sample | Mean | CV% |
|--------|------|-----|
| 1      | 2.24 | 6.7 |
| 2      | 3.81 | 6.4 |
| 3      | 13.6 | 6.0 |
| 4      | 13.7 | 5.9 |
| 5      | 23.7 | 4.8 |

### INTER-ASSAY PRECISION

Three samples were assayed twenty times in duplicate over a period of greater than ten days. The results (in pg/mL) are tabulated below:

| Sample | Mean | CV%  |
|--------|------|------|
| 1      | 3.53 | 8.1  |
| 2      | 13.8 | 11.5 |
| 3      | 23.3 | 6.9  |

### EFFECT OF SEX HORMONE BINDING GLOBULIN

The purpose of this study was to investigate a possible interference caused by the binding of SHBG to the free testosterone-HRP conjugate. A charcoal-stripped human serum pool was spiked precisely with SHBG at concentrations ranging from 6.25–200  $\mu g/mL$  and was assayed with the DBC Free Testosterone ELISA Kit. Results tabulated below (in pg/mL):

| SHBG Added | OD 450 nm | Percent B/B₀ (%) |
|------------|-----------|------------------|
| 0          | 2.37      | 100.0            |
| 6.25       | 2.37      | 99.9             |
| 12.5       | 2.34      | 98.7             |
| 50         | 2.36      | 99.5             |
| 200        | 2.27      | 95.6             |

The results showed % binding values between 95-100% ( $B_0$  = unspiked serum) even at higher than normal SHBG levels. In conclusion, the results showed that there was no significant binding by SHBG on the free testosterone-HRP conjugate.

### **EXPECTED NORMAL VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values. The results of an expected range study with apparently normal healthy subjects yielded the following results (all values are reported in pg/mL):

| Cohort Group;<br>Gender/Age | N   | 95% Confidence<br>Range | Absolute Range |
|-----------------------------|-----|-------------------------|----------------|
| Genden/Age                  |     | nange                   |                |
| Males / < 13                | 44  | -                       | ND-1.6         |
| Males / 13–19               | 37  | -                       | ND-22.3        |
| Males / 20–39               | 120 | 9.1–32.2                | -              |
| Males / 40–59               | 120 | 5.7–30.7                | -              |
| Males / ≥ 60                | 120 | 5.9–27.0                | -              |
| Females / < 13              | 63  | _                       | ND-1.3         |
| Females / 13–19             | 17  | -                       | 0.2–2.0        |
| Females / 20–39             | 120 | 0.1–6.3                 | -              |
| Females 40–59               | 120 | 0.2–4.1                 | -              |
| Females / ≥ 60              | 60  | 0.5–3.9                 | -              |







### Thyroid Stimulating Hormone (TSH)



### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 50  $\mu L$  of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.



Incubate on a plate shaker for 90 minutes at room temperature.



Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a plate shaker for 10–15 minutes at room temperature.



Pipette 50  $\mu\text{L}$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

**Thyroid stimulating hormone (TSH)** is a glycoprotein hormone secreted by the anterior pituitary gland. TSH has two subunits, namely  $\alpha$  and  $\beta$ . The  $\alpha$  subunit of TSH is similar to the  $\alpha$  subunit found in the LH, FSH and hCG glycoprotein hormones. The  $\beta$  subunit however, is specific and differs from hormone to hormone.

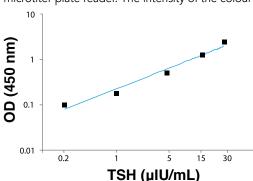
The thyroid hormones are secreted and produced by the thyroid gland. The production of thyroid hormones is under the regulation of TSH. Also, TSH acts as a stimulator of iodide transport and the gland itself is under the positive control of TSH. The concentrations of thyroid hormones control the secretion of TSH, therefore, a negative feedback exists. It is to be noted that the secretion of thyroid hormones are under the direct, positive effect of the sympathetic nervous system.

The major protein component of the thyroid gland is thyroglobulin, a glycoprotein of which the secretion in the blood stream is stimulated by TSH. Therefore, TSH plays an important role in the proper function and development of the thyroid gland.

It is recommended to assay both the glycoprotein hormone and the target organ hormones. For example, in primary hypothyroidism the serum level of thyroxine is low while the TSH level is high. In secondary hypothyroidism, both thyroxine and TSH are low. The TSH level is decreased in hyperthyroidism. Today, with all the sensitive assays available, if there were to be only one test to be prescribed for thyroid function, TSH would be the test. TSH determinations are also helpful to monitor patients who receive thyroxine replacement therapy.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows a typical one-step capture or 'sandwich' type assay. The assay makes use of two highly specific monoclonal antibodies: A monoclonal antibody specific for TSH is immobilized onto the microplate and another monoclonal antibody specific for a different region of TSH is conjugated to horse radish peroxidase (HRP). TSH from the sample and standards are allowed to bind simultaneously to the plate and to the HRP conjugate. The washing and decanting steps remove any unbound HRP conjugate. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed by the enzymatic reaction



is directly proportional to the concentration of TSH in the sample.

A set of standards is used to plot a standard curve from which the amount of TSH in patient samples and controls can be directly read.

### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) plus 2 SD. Therefore, the sensitivity of the DBC Direct TSH ELISA kit is 0.1 µIU/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The specificity of the Direct TSH ELISA kit was determined by measuring the apparent TSH values of the following compounds:

| Substance                                      | Concentration<br>Range | Apparent TSH<br>Value (µIU/mL) |
|--|------------------------|--------------------------------|
| hCG<br>Calibrated against<br>WHO 1st IS 75/537 | 10,000–50,000 IU/L     | < 0.15                         |
| hFSH<br>Calibrated against<br>WHO 1st 83/575   | 1000–4000 IU/L         | < 0.15                         |
| hLH<br>Calibrated against<br>WHO 2nd IS 80/552 | 100–500 IU/L           | < 0.15                         |

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in µIU/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.52 | 0.07 | 13.3 |
| 2      | 1.54 | 0.10 | 6.4  |
| 3      | 9.27 | 0.72 | 7.7  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in µIU/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 0.78  | 0.07 | 8.3  |
| 2      | 8.03  | 0.99 | 12.3 |
| 3      | 25.42 | 3.26 | 12.8 |

### **COMPARATIVE STUDY**

The DBC Direct TSH ELISA kit (Kit A) was compared with two other competitors ELISA kits (Kit B and Kit C). The results (in µIU/mL) are tabulated below:

| Group                       | N  | Kit A Mean | Kit B Mean | Kit C Mean |
|-----------------------------|----|------------|------------|------------|
| Random Males<br>and Females | 27 | 2.97       | 3.36       | 2.89       |

### RECOVERY

Spiked samples were prepared by adding defined amounts of TSH to three patient serum samples. The results (in µIU/mL) are tabulated

| Sample                                 | Observed<br>Result            | Expected<br>Result        | Recovery %                   |
|--|-------------------------------|---------------------------|------------------------------|
| 1 Unspiked<br>+ 0.25<br>+ 3.0<br>+ 7.5 | 1.92<br>2.31<br>5.12<br>10.26 | -<br>2.17<br>4.92<br>9.42 | -<br>106.5<br>104.1<br>108.9 |
| 2 Unspiked<br>+ 0.25<br>+ 3.0<br>+ 7.5 | 2.01<br>2.27<br>5.10<br>9.36  | -<br>2.26<br>5.01<br>9.51 | 100.4<br>101.8<br>98.4       |
| 3 Unspiked<br>+ 0.25<br>+ 3.0<br>+ 7.5 | 2.02<br>2.35<br>4.87<br>8.57  | 2.27<br>5.02<br>9.52      | -<br>103.5<br>97.0<br>90.0   |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in µIU/mL) are tabulated below:

| Sample                 | Observed<br>Result            | Expected<br>Result   | Recovery %                  |
|------------------------|-------------------------------|----------------------|-----------------------------|
| 1                      | 9.36                          | -                    | -                           |
| 1:2                    | 4.53                          | 4.68                 | 96.8                        |
| 1:4                    | 2.31                          | 2.34                 | 98.7                        |
| 1:8                    | 1.08                          | 1.17                 | 92.3                        |
| 2<br>1:2<br>1:4<br>1:8 | 10.89<br>5.65<br>2.96<br>1.32 | 5.45<br>2.72<br>1.36 | -<br>103.7<br>108.8<br>97.1 |
| 3                      | 11.85                         | -                    | -                           |
| 1:2                    | 6.03                          | 5.93                 | 101.7                       |
| 1:4                    | 2.43                          | 2.96                 | 82.1                        |
| 1:8                    | 1.18                          | 1.48                 | 79.7                        |

### EXPECTED NORMAL VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group        | Range (µIU/mL) |
|--------------|----------------|
| Normal       | 0.3–5          |
| Hyperthyroid | < 0.15         |
| Hypothyroid  | > 5.7          |







## Free Thyroxine (fT4)

REF CAN-FT4-4340

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 μL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.





Gently shake plate for 10 seconds. Incubate for 1 hour at 37°C.



Wash 3 times.



Pipette 150 μL of TMB substrate into each well.



Incubate for 10–15 minutes at 37°C.



Pipette 50  $\mu L$  of stopping solution.



Read the plate on a microplate reader at 450 nm.

**Thyroxine (T4)**, the principal thyroid hormone, circulates in blood almost completely bound to carrier proteins. However, only the free (unbound) fraction of thyroxine is considered to be biologically active. The main carriers of thyroxine are thyroxine-binding globulin (TBG), pre-albumin and albumin. The measurement of free thyroxine (fT4) levels correlate better with the clinical status than total thyroxine levels.

The DBC free T4 assay is a one step competitive ELISA system that is rapid and easy to perform compared to equilibrium dialysis and ultrafiltration methods, which are cumbersome and time-consuming. This system employs a highly specific mono-

clonal antibody and a non-analog tracer that was proved experimentally to have no significant binding to TBG and albumin.

In the euthyroid, normal population the free T4 concentration is 7–22 pg/mL. The level of free T4 is decreased in hypothyroidism while in thyrotoxic patients the level of free T4 is increased. This assay is used at times with other thyroid tests for in vitro diagnostic purposes and for assessing patients who are receiving thyroid treatments (follow-up).

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzyme-labelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of fT4 in the sample. A set of standards is used to plot a standard curve from which the amount of fT4 in patient samples and controls can be directly read.

The labelled T4 (conjugate) employed in this assay system has shown no binding properties towards thyroxine-binding globulin (TBG) and human serum albumin (HSA). The binding sites on the microplates are designed to be of a low binding-

2.5 094 1.5 0 0.5 0 1 100 100 fT4 (pg/mL) capacity in order not to disturb the equilibrium between T4 and its carrying proteins. The assay is carried out under normal physiological conditions of pH, temperature and ionic strength.

Typical calibrator curve

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct fT4 ELISA kit is **1.0 pg/mL**.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct fT4 ELISA kit with T4 cross-reacting at 100%.

| Compound                                    | % Cross-Reactivity |
|---|--------------------|
| L-Thyroxine                                 | 100                |
| D-Thyroxine                                 | 94                 |
| 3,3',5'-Triiodo-L-Thyronine<br>(Reverse T3) | 86                 |
| 3,3′,5-Triiodo-L-Thyronine (T3)             | 3.3                |
| 3,3',5'-Triiodo-D-Thyronine                 | 1.8                |
| 3,3',5'-Triiodothyropropionic acid          | 0.6                |

The following compounds were tested but cross-reacted at less than 0.04%: Acetylsalicylic acid, 3,5-Diiodo-L-Thyronine, 3,5-Diiodo-L-Tyrosine and 3-lodo-L-Tyrosine.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in pg/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 3.79  | 0.16 | 4.8  |
| 2      | 23.26 | 1.14 | 4.9  |
| 3      | 70.60 | 3.04 | 4.3  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in pg/mL) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 4.27  | 0.53 | 12.3 |
| 2      | 20.54 | 2.36 | 11.5 |
| 3      | 67.34 | 6.67 | 9.9  |

### EXPECTED NORMAL VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values. The following reference range (pg/mL) was established with 80 apparently healthy adults:

| Group                    | N  | Range (pg/mL) |
|--------------------------|----|---------------|
| Normal Euthyroid Samples | 80 | 7–22          |

### **EFFECT OF BILIRUBIN**

Bilirubin was added to a patient sample at concentrations of 50 and 100  $\mu$ g/mL and assayed with the DBC Direct fT4 ELISA kit. Results are tabulated below:

| Sample                | fT4 (pg/mL) |
|-----------------------|-------------|
| Unspiked              | 8.78        |
| + 50 µg/mL bilirubin  | 10.68       |
| + 100 µg/mL bilirubin | 9.72        |

### **EFFECT OF HUMAN SERUM ALBUMIN (HSA)**

Purified human serum albumin (HSA) was added to a patient sample at concentrations of 10, 20 and 40 mg/mL. Samples were assayed with the DBC Direct fT4 ELISA kit. Results are tabulated below:

| Sample     | fT4 (pg/mL) |
|------------|-------------|
| Unspiked   | 8.78        |
| + 10 mg/mL | 8.81        |
| + 20 mg/mL | 9.46        |
| + 40 mg/mL | 9.90        |

No binding of labelled fT4 to HSA was found at these concentrations.

### EFFECT OF THYROXINE-BINDING GLOBULIN (TBG)

The zero calibrator was spiked precisely with purified TBG at concentrations ranging from 25–200  $\mu$ g/mL and assayed with the DBC Direct fT4 ELISA kit. Results are tabulated below:

| Sample | TBG Added (μg/mL) | OD 450 nm |
|--------|-------------------|-----------|
| 1      | 0                 | 1.883     |
| 2      | 25                | 2.030     |
| 3      | 50                | 2.149     |
| 4      | 100               | 2.175     |
| 5      | 200               | 2.251     |

No significant binding of labelled fT4 to TBG was found at these concentrations.

### EFFECT OF NON-ESTERIFIED FATTY ACIDS

Oleic acid was added to a patient sample at concentrations of 0.5, 5 and 20 mmol/L and assayed with the DBC Direct fT4 ELISA kit. Results are tabulated below:

| Sample       | fT4 (pg/mL) |
|--------------|-------------|
| Unspiked     | 24.83       |
| + 0.5 mmol/L | 20.53       |
| + 5 mmol/L   | 26.06       |
| + 20 mmol/L  | 83.64       |

At high concentrations of oleic acid, the free T4 level was significantly increased. This is due to the well-known effect that non-esterified fatty acids can dissociate T4 from its carrier proteins.





### Thyroxine (T4)

**REF** CAN-T4-4240

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 20 μL of each calibrator, control and specimen sample.



Pipette 150 µL of conjugate working solution into each well.



Incubate on a plate shaker for 30 minutes at room temperature.



Wash 3 times.



Pipette 150  $\mu L$  of TMB substrate.



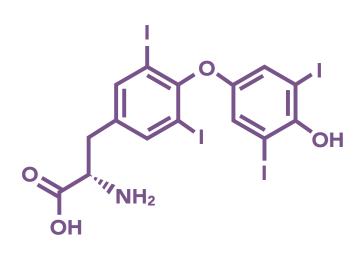
Incubate on a plate shaker for 15–20 minutes at room temperature.



Pipette 50  $\mu L$  of stopping solution.

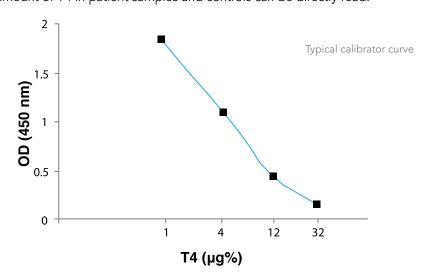


Read the plate on a microplate reader at 450 nm.



### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of T4 in the sample. A set of standards is used to plot a standard curve from which the amount of T4 in patient samples and controls can be directly read.



### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct T4 ELISA kit is  $0.6~\mu g\%$ .

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct T4 ELISA kit with T4 cross-reacting at 100%.

| Compound                                    | % Cross-Reactivity |
|---|--------------------|
| L-Thyroxine                                 | 100                |
| D-Thyroxine                                 | 94                 |
| 3,3',5'-Triiodo-L-Thyronine<br>(Reverse T3) | 86                 |
| 3,3',5-Triiodo-L-Thyronine (T3)             | 3.3                |
| 3,3',5'-Triiodo-D-Thyronine                 | 1.8                |
| 3,3',5'-Triiodothyropropionic acid          | 0.6                |

The following compounds were tested but cross-reacted at less than 0.04%: Acetylsalicylic acid, 3,5-Diiodo-L-Thyronine, 3,5-Diiodo-L-Tyrosine and 3-lodo-L-Tyrosine.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in  $\mu$ g%) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 2.48  | 0.23 | 9.2  |
| 2      | 8.58  | 0.60 | 6.9  |
| 3      | 20.46 | 1.33 | 6.4  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in  $\mu$ g%) are tabulated below:

| Sample | Mean  | SD   | CV % |
|--------|-------|------|------|
| 1      | 3.33  | 0.41 | 12.3 |
| 2      | 10.30 | 1.19 | 11.5 |
| 3      | 14.5  | 1.44 | 9.9  |

### **RECOVERY**

Spiked samples were prepared by adding defined amounts of T4 to three patient serum samples. The results (in  $\mu$ g%) are tabulated below:

| Sample                                    | Observed<br>Result              | Expected<br>Result         | Recovery %              |
|---|---------------------------------|----------------------------|-------------------------|
| 1 Unspiked<br>+ 2.91<br>+ 7.38<br>+ 13.70 | 2.03<br>4.64<br>9.28<br>17.93   | -<br>4.94<br>9.41<br>15.73 | 93.9<br>98.6<br>114.0   |
| 2 Unspiked<br>+ 2.91<br>+ 7.38<br>+ 13.70 | 9.43<br>13.17<br>19.56<br>25.81 | 12.32<br>16.81<br>23.13    | 106.9<br>116.4<br>111.6 |
| 3 Unspiked<br>+ 2.91<br>+ 7.38<br>+ 13.70 | 24.03<br>26.74<br>30.65<br>> 32 | 26.94<br>31.41<br>37.73    | 99.3<br>97.6            |

### **LINEARITY**

Two patient serum samples were diluted with calibrator A. The results (in  $\mu$ g%) are tabulated below:

| Sample                 | Observed<br>Result             | Expected<br>Result         | Recovery %                   |
|------------------------|--------------------------------|----------------------------|------------------------------|
| 1<br>1:2<br>1:4<br>1:8 | 22.50<br>11.74<br>5.70<br>2.71 | -<br>11.25<br>5.63<br>2.81 | 104.4<br>101.2<br>96.4       |
| 2<br>1:2<br>1:4<br>1:8 | 25.64<br>14.50<br>6.90<br>3.31 | -<br>12.82<br>6.41<br>3.21 | -<br>113.1<br>107.6<br>103.1 |

### EXPECTED VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group        | Range (µg%) |
|--------------|-------------|
| Euthyroid    | 4–12        |
| Hyperthyroid | > 12        |
| Hypothyroid  | < 4         |







### FreeTriiodothyronine

REF CAN-FT3-4230

### **ASSAY PROCEDURE**



Bring kit components to room temperature.



Prepare working solutions.



Pipette 25 µL of each calibrator, control and specimen sample.



Pipette 100 µL of conjugate working solution into each well.





Gently shake plate for 10 seconds. Incubate for 1 hour at 37°C.



Wash the wells 3 times.



Pipette 150 µL of TMB substrate into each well.



Incubate for 10-15 minutes at 37°C.



Pipette 50 µL of stopping solution inṫo each well.



Read the plate on a microplate reader at 450 nm.

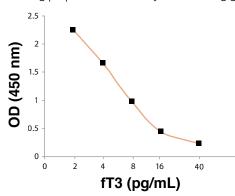
Triiodothyronine (T3) is a thyroid hormone found circulating in the bloodstream. T3 contains three iodine atoms and is produced largely through the extrathyroidal conversion of thyroxine (T4), the principal thyroid hormone with four iodine atoms. Most of the T3 that circulates in the blood is bound to carrier proteins such as TBG, pre-albumin and albumin. The free fraction of T3 (fT3), which represents only 0.25% of the total amount, is considered to be the physiological active fraction. Total T3 levels depend not only on thyroid status and the peripheral conversion of T4 to T3, but also on the concentration of thyroid hormone-binding proteins. Free T3 (fT3) on the other hand, is largely unaffected by variations in these carrier proteins which can occur under conditions such as pregnancy, estrogen therapy and the use of oral contraceptives. Therefore, free T3 typically reflects a patient's actual thyroid status more reliably than total T3.

Measurement of free T3 is generally recommended for patients with symptoms of hyperthyroidism as found in Graves' disease, toxic adenoma and toxic multinodular goiter.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzyme-labelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of fT3 in the sample. A set of standards is used to plot a standard curve from which the amount of fT3 in patient samples and controls can be directly read.

The labelled T3 (conjugate) employed in this assay system has shown no substantial binding properties towards thyroxinebinding globulin (TBG) or human serum albumin



(HSA). The binding sites on the microplates are designed to be of a low binding-capacity in order not to disturb the equilibrium between T3 and its carrying proteins. The assay is carried out under normal physiological conditions of pH, temperature and ionic strength.

Typical calibrator curve

### **SENSITIVITY**

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct fT3 ELISA kit is **0.3 pg/mL**.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct fT3 ELISA kit with T3 cross-reacting at 100%.

| Compound                   | % Cross-Reactivity |
|----------------------------|--------------------|
| L-Triiodothyronine         | 100                |
| D-Triiodothyronine         | 34                 |
| Triiodothyropropionic acid | 20                 |
| Diiodo-D-thyronine         | 0.5                |
| D-Thyroxine                | 0.3                |
| L-Thyroxine                | 0.9                |

The following compounds were tested but cross-reacted at less than 0.1%: Diiodotyrosine, Iodotyrosine, Phenytoin, Sodium Salicylate and r-Triiodothyronine.

### **INTRA-ASSAY PRECISION**

Three samples were assayed ten times each on the same calibrator curve. The results (in pg/mL) are tabulated below:

| Sample | Mean   | SD    | CV % |
|--------|--------|-------|------|
| 1      | 5.182  | 0.501 | 9.7  |
| 2      | 8.560  | 0.598 | 7.0  |
| 3      | 48.200 | 1.686 | 3.5  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in pg/mL) are tabulated below:

| Sample | Mean  | SD    | CV % |
|--------|-------|-------|------|
| 1      | 3.306 | 0.284 | 8.6  |
| 2      | 5.154 | 0.402 | 7.8  |
| 3      | 8.698 | 0.713 | 8.2  |

### **EXPECTED NORMAL VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values. The following reference range (pg/mL) was established with 44 apparently healthy adults:

| Group            | N  | Mean | Central 95% Range |
|------------------|----|------|-------------------|
| Euthyroid Adults | 44 | 3.7  | 2.2–5.3           |

### EFFECT OF THYROXINE BINDING GLOBULIN (TBG)

The purpose of this study was to investigate a possible interference caused by the binding of TBG to the fT3-HRP conjugate. The zero calibrator was spiked with purified TBG and assayed. The results are tabulated below:

| TBG (μg/mL added) | OD    | % B/B <sub>0</sub> |
|-------------------|-------|--------------------|
| 0                 | 1.255 | 100                |
| 12.5              | 1.229 | 98                 |
| 25                | 1.170 | 93                 |
| 50                | 1.137 | 91                 |
| 100               | 1.168 | 93                 |
| 200               | 1.174 | 94                 |
| 400               | 1.118 | 89                 |

The results show no binding of labelled T3 to TBG even at higher than normal levels. In conclusion, results showed that there was no significant influence by TBG in the DBC Direct Free T3 Direct ELISA Kit.

### **EFFECT OF HUMAN SERUM ALBUMIN (HSA)**

The purpose of this study was to investigate a possible interference of HSA on the assay procedure. The zero calibrator was spiked with purified HSA and assayed. The results are tabulated below:

| HSA (mg/mL added) | OD    | % B/B₀ |
|-------------------|-------|--------|
| 0                 | 1.255 | 100    |
| 3.125             | 1.228 | 98     |
| 6.25              | 1.331 | 100    |
| 12.5              | 1.245 | 99     |
| 25                | 1.197 | 95     |
| 50                | 1.217 | 97     |
| 100               | 1.063 | 85     |

The results show no significant binding of labelled T3 to HSA even at higher than normal levels.

### EFFECT OF NON-ESTERIFIED FATTY ACIDS (NEFA)

The purpose of this study was to investigate a possible interference of NEFA on the assay procedure. Two samples were spiked with oleic acid and assayed. The results are tabulated below:

| NEFA<br>(mmol/L added) | Sample 1<br>(pg/mL) | Sample 2<br>(pg/mL) |
|------------------------|---------------------|---------------------|
| 0                      | 4.4                 | 8.7                 |
| 0.5                    | 4.6                 | 7.5                 |
| 3.5                    | 4.6                 | 8.3                 |
| 25                     | 4.6                 | 10.9                |

The results show that NEFA may increase the free T3 values, only at higher than normal concentrations.





## Reverse Triiodothyronine

REF CAN-RT3-100

### **ASSAY PROCEDURE**





Bring kit components to room temperature. Prepare working wash buffer.



Pipette 25  $\mu$ L of each calibrator, control and specimen sample.



Pipette 100 μL of RT3-Biotin conjugate into each well.





Incubate on a microplate shaker for 1 hour at room temperature. Wash 3 times.



Pipette 150 μL of Streptavidin-HRP conjugate.





Incubate on a microplate shaker for 30 minutes at room temperature.
Wash 3 times.



Pipette 150 μL of TMB substrate.



Incubate on a microplate shaker for 10–20 minutes at room temperature.





Pipette 50 µL of stopping solution. Gently shake the microplate by hand for 10 seconds.



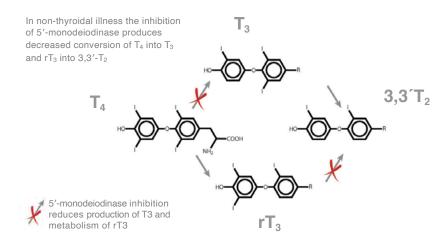
Read the plate on a microplate reader at 450 nm.

### 3,3',5'-Triiodo-L-thyronine also known as reverse triiodothyronine

or reverse T3 (rT3), differs from 3,3′,5-Triiodo-L-thyronine (T3) in the positions of the iodine atoms in the molecule. The majority of circulatory rT3 is synthesized by peripheral deiodination of thyroxine (T4).

Both T3 and rT3 bind to thyroid hormone receptors, but in contrast to T3, rT3 has not been found yet to stimulate receptor metabolic activity; it blocks receptor sites from T3 activation. The ratio of rT3 to T3 is a valuable biomarker of the metabolism and function of thyroid hormones because the process of 5' monodeiodination that converts T4 to T3 and rT3 to 3,3'-T2 is inhibited in a number of non-thyroidal conditions such as fasting, anorexia nervosa, malnutrition, diabetes mellitus, stress, severe trauma or infection, hemorrhagic shock, hepatic dysfunction, pulmonary diseases and others. This scenario is known as "Sick euthyroid" syndrome or "Low T3" syndrome.

An elevated ratio of rT3 over T3 is therefore indicative of "sick euthyroid" syndrome and helps to exclude a diagnosis of hypothyroidism, particularly in critically ill patients. The concentration of rT3 could be high in patients on the following medications: amiodarone, dexamethasone, propylthiouracil, ipodate, propranolol, and the anesthetic halothane. The concentration of rT3 could be low in patients on Dilantin, which decreases rT3 due to its displacement from thyroxine-binding globulin and therefore generates an excessive clearance of rT3.



### PRINCIPLE OF THE TEST

The DBC rT3 ELISA is a competitive enzyme immunoassay, where the antigen (rT3 present in calibrators, controls and patient samples) competes with a biotin-labelled antigen (rT3-Biotin conjugate) for a limited quantity of antibody which is coated on the microplate wells. After one hour incubation followed by the first washing, unbound materials are removed and a Streptavidin-HRP conjugate is added and incubated for 30 minutes. Following a second washing, the TMB substrate is added. The enzymatic reaction is terminated by addition of the stopping solution, upon which the color intensity is measured with a microplate reader. The color intensity is inversely proportional to the concentration of rT3 in the sample. The set of kit calibrators that are run simultaneously with the samples is used to plot a calibration curve and determine the concentration of rT3 in samples and controls.

### **SENSITIVITY**

The limit of detection (LoD) was determined from the analysis of at least 60 samples of the blank and a low value sample in two independent experiments and it was calculated as follows:

 $LoD=\mu B+1.645\sigma B+1.645\sigma S,$  where  $\sigma B$  and  $\sigma S$  are the standard deviation of the blank and low value sample and  $\mu B$  is the mean value of the blank.

The Limit of Detection (LoD) was determined to be 0.014 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with rT3 cross-reacting at 100%:

| Steroid | % Cross-Reactivity |
|---------|--------------------|
| rT3     | 100                |
| Т3      | 0                  |
| T4      | < 0.1              |
| T2      | 0                  |

### INTERFERENT SUBSTANCES

The following substances did not show significant interference with the assay: hemoglobin up to 2 g/L, free and conjugated bilirubin up to 200 mg/L, triglycerides up to 5.0 mg/mL and Biotin up to 2.4  $\mu$ g/mL.

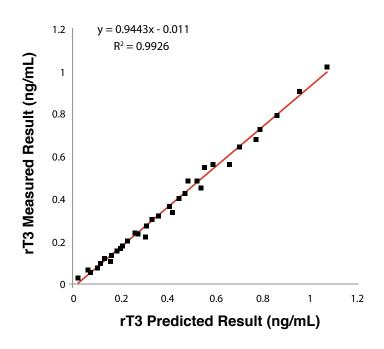
### **PRECISION**

The experimental protocol used a nested components-of-variance design with 2 testing days, two lots and five scientists per day, each scientist ran 2 tests (one test with each lot) per day, and two replicate measurements per run (a  $2 \times 5 \times 2 \times 2$  design) for each sample. The esults were analyzed with a two-way nested ANOVA and summarized in the table below.

| Sample | Mean<br>(ng/mL) | Within<br>Run SD | Within Run<br>CV (%) | Total SD | Total CV<br>(%) |
|--------|-----------------|------------------|----------------------|----------|-----------------|
| 1      | 0.233           | 0.01             | 3.6                  | 0.02     | 7.0             |
| 2      | 0.535           | 0.01             | 2.4                  | 0.05     | 9.5             |
| 3      | 1.174           | 0.06             | 4.9                  | 0.13     | 10.7            |
| 4      | 0.102           | 0.01             | 6.0                  | 0.01     | 10.4            |
| 5      | 0.082           | 0.00             | 5.8                  | 0.01     | 8.7             |
| 6      | 0.094           | 0.01             | 8.1                  | 0.01     | 11.5            |
| 7      | 0.257           | 0.01             | 4.3                  | 0.02     | 9.7             |
| 8      | 0.480           | 0.02             | 4.2                  | 0.04     | 9.2             |

### LINEARITY

The linearity study was performed with four human serum samples covering the range of the assay and following CLSI guideline EP6-A. The samples were diluted in calibrator A up to a 1:5 dilution, tested in duplicate, and the results compared to the predicted concentration. The statistical analysis shows that the assay is sufficiently linear.



### **COMPARATIVE STUDIES**

The DBC rT3 ELISA kit (y) was tested manually, as well as with automated technology. The comparison of 40 samples yielded the following linear regression results:

y = 0.8452x + 0.0195, r = 0.96

### REFERENCE VALUES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group  | N   | Median<br>(ng/mL) | 95% Range<br>(ng/mL) | Total Range<br>(ng/mL) |
|--------|-----|-------------------|----------------------|------------------------|
| Serum  | 120 | 0.15              | 0.098-0.218          | 0.069-0.262            |
| Plasma | 120 | 0.15              | 0.098-0.26           | 0.072-0.309            |







# **Triiodothyronir**

**REF** CAN-T3-4220

### **ASSAY PROCEDURE**



Bring kit components to room



Prepare working solutions.



Pipette 50 µL of each calibrator,



Pipette 100 µL of conjugate working solution into each well.





Wash 3 times.



Pipette 150  $\mu$ L of TMB substrate.



Incubate on a plate shaker for



Pipette 50 µL of stopping solution.



Read the plate on a microplate

Triiodothyronine (T3) and thyroxine (T4) are the two active thyroid hormones found in the blood stream. About 80% of T3 is produced by the deiodination of T4 in the peripheral tissue and the other 20% is produced directly from the thyroid gland. T3 is transported through the peripheral blood stream bound to serum proteins, namely thyroxine binding globulin, thyroid binding prealbumin and albumin. About 0.3% of the total T3 is unbound and is therefore considered the free fraction.

T3 has an influence on oxygen consumption and heat production in virtually all tissues. The hormone also plays a critical role in growth, development and sexual maturation of growing organisms.

T3 is one parameter used in the clinical diagnosis and differentiation of thyroid disease, particularly hyperthyroidism. In most hyperthyroid patients, both serum T3 and serum T4 levels are elevated. Serum T3 levels are a sensitive indicator of the impending hyperthyroid state often preceeding elevated T4 and free thyroxine index values. Serum T3 levels are clinically significant in both the diagnosis of thyroid disease and in the detection of T3-thyrotoxicosis. However, it has been demonstrated that T3 levels may be affected by a number of medications, acute and chronic stress, and a variety of acute and chronic nonthyrodial illnesses. It is therefore necessary to differentiate those results that are due to thyroid dysfunction from those related to non-thyrodal diseases.

### PRINCIPLE OF THE TEST

The principle of the following enzyme immunoassay test follows the typical competitive binding scenario. Competition occurs between an unlabelled antigen (present in standards, controls and patient samples) and an enzymelabelled antigen (conjugate) for a limited number of antibody binding sites on the microplate. The washing and decanting procedures remove unbound materials. After the washing step, the enzyme substrate is added. The enzymatic reaction is terminated by addition of the stopping solution. The absorbance is measured on a microtiter plate reader. The intensity of the colour formed is inversely proportional to the concentration of T3 in the sample. A set of stand-

ards is used to plot a standard curve from which the amount of T3 in patient samples and OD (450 nm) controls can be directly read. 0.2 T3 (ng/mL)

Typical calibrator curve

### SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DBC Direct T3 ELISA kit is 0.16 ng/mL.

### SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with the Direct T3 ELISA kit with T3 cross-reacting at 100%.

| Compound                   | % Cross-Reactivity |
|----------------------------|--------------------|
| L-Triiodothyronine         | 100                |
| D-Triiodothyronine         | 34                 |
| Triiodothyropropionic acid | 20                 |
| Diiodo-D-thyronine         | 0.5                |
| D-Thyroxine                | 0.2                |
| L-Thyroxine                | 0.1                |

The following compounds were tested but cross-reacted at less than 0.1%: Diiodotyrosine, Iodotyrosine, Phenytoin, Sodium Salicylate and r-Triiodothyronine.

### INTRA-ASSAY PRECISION

Three samples were assayed ten times each on the same calibrator curve. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.65 | 0.08 | 12.3 |
| 2      | 1.19 | 0.14 | 11.7 |
| 3      | 5.16 | 0.21 | 4.1  |

### INTER-ASSAY PRECISION

Three samples were assayed ten times over a period of four weeks. The results (in ng/mL) are tabulated below:

| Sample | Mean | SD   | CV % |
|--------|------|------|------|
| 1      | 0.64 | 0.07 | 10.4 |
| 2      | 1.24 | 0.12 | 9.7  |
| 3      | 4.86 | 0.44 | 9.0  |

### RECOVERY

Spiked samples were prepared by adding defined amounts of T3 to a serum pool. The results (in ng/mL) are tabulated below:

| Sample                                | Observed<br>Result       | Expected<br>Result | Recovery %                  |
|---------------------------------------|--------------------------|--------------------|-----------------------------|
| 1 Unspiked<br>+ 2.0<br>+ 3.3<br>+ 5.0 | 1.3<br>3.8<br>5.0<br>5.7 | 3.3<br>4.6<br>6.3  | -<br>115.1<br>108.7<br>90.5 |

### LINEARITY

Three patient serum samples were diluted with calibrator A. The results (in ng/mL) are tabulated below:

| Sample                 | Observed<br>Result           | Expected<br>Result   | Recovery %              |
|------------------------|------------------------------|----------------------|-------------------------|
| 1                      | 2.90                         | -                    | -                       |
| 1:2                    | 1.50                         | 1.45                 | 103.4                   |
| 1:4                    | 0.71                         | 0.73                 | 97.3                    |
| 1:8                    | 0.40                         | 0.36                 | 111.1                   |
| 2                      | 5.10                         | -                    | -                       |
| 1:2                    | 2.60                         | 2.55                 | 102.0                   |
| 1:4                    | 1.20                         | 1.28                 | 93.8                    |
| 1:8                    | 0.80                         | 0.64                 | 125.0                   |
| 3<br>1:2<br>1:4<br>1:8 | 8.00<br>4.45<br>2.30<br>1.00 | 4.00<br>2.00<br>1.00 | 112.3<br>115.0<br>100.0 |

### **EXPECTED VALUES**

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

| Group                               | Range (ng/mL) |  |
|-------------------------------------|---------------|--|
| Healthy Normal Males and<br>Females | 0.7–2.1       |  |







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